



Top 10 Attention Grabbers of All Time | Show Notes

Thank you for taking a few minutes out of your day for *Training on the Go*.

Have you ever been working with a group of kids and knew you were losing their attention? In this practical video, you will learn some simple and effective tips for recapturing the attention of your young audience.

01 Attention Grabbers

Here are some ways to get a group's attention for something important!

If you can hear me..."

This one is great because there are no initial instructions needed. Just start with the phrase, "If you can hear me..." and then end with a command (e.g., touch your toes, clap once, etc.).

Clap a Rhythm

Clap a simple rhythm and have the class copy it.

Eyeballs Click

Call out, "Eyeballs!" Have the students respond with "Click!"

"One, two, three, eyes on me"

Another call and response. Call out, "One, two, three, eyes on me!" Have the students respond with, "One, two, eyes on you!"

Look at the...

Say a series of "Look at the ____!" and fill in the blank with something in the room (e.g., the ceiling, floor, clock) and end with "Look at me/the next teacher!"

Waterfall

Call out, "Waterfall!" Have the children bring their hands down from above their heads into their laps while saying, "Shhhhhhh." This one is great for younger students.

Catch a Bubble

Tell the class to catch an (imaginary) bubble and put it in their mouth, and then catch another bubble and put it in their lap. This should result in closed mouths and hands to themselves. Also good for younger students.

02 Attention Keepers

Here are some ways to keep the group engaged right where you want them!

Simon Says

The classic game where you give commands to the group. Those prefaced with the phrase "Simon says" are to be followed, but all other commands must be ignored.

Do this, not that

Have the class mimic each command that follows the statement “Do this” and ignore each command that follows the statement “Do that.”

What I say, not what I do (Touch your Head)

You tell the group what to do while performing the action. Every once in a while you say one thing and do another (e.g., “Touch your head” while you touch your shoulders). Those who did what you did are out of the game.

Note: Keep the rounds short or have immediate consequences for the ones who get out. Otherwise, they might get bored and cause trouble.



“I have no greater joy than to hear that my children walk in truth.” -The Apostle John



03 Attention is Valuable

The attention of anyone is valuable and should be treated with honor and respect. While we can't force anyone to listen to us, we can earn their attention by doing our best. Having these attention tools available will help keep things under control while still engaging the kids.

Ask Yourself | Reflection Questions

- What's a favorite attention tool you've used or seen used in the past?
- Which of the attention tools mentioned were familiar to you? Which were new?
- What will be your go-to attention grabber and attention keeper going forward?
