

EQUIPMENT LIST

LESSON 2 - WHAT CAN YOU DO?

Checklist

- Beanbags ☐
- Cones ☐
- Quoits ☐
- Variety of Balls ☐
- Assessment (P) ☐
- Poster (P) ☐

Warm Up

Beanbags
Variety of Balls
Quoits

Star Movement

Poster
(Printable)
Balls

Bouncing a Ball

Variety of Round Balls

Cool Down

Assessment Sheet
(Printable)