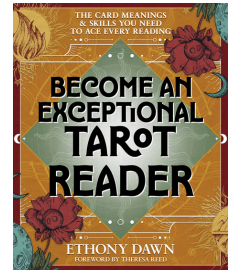


Exercise Two

Stop, Drop, And Tarot

Page 11



This exercise is meant to help you jump into working with the cards right away, no matter your skill level, and will also come back into play later.

Select one of the three-card tarot spreads from the four offered below. Then, take your tarot deck, shuffle it, lay out your three cards, and give yourself a reading.

Write down the cards that came up in your reading and your interpretation. Give yourself the gift of just going off what you feel and see in the cards instead of rushing to look up the “correct.” interpretations in this book. Then, look at the three-card reading as a whole and write anything that comes to mind about the overall theme or energy of the reading.



1. Past



1. Show



1. Stop



1. Where am I?



2. Present



2. Know



2. Start



2. Where am I going?



3. Future



3. Grow



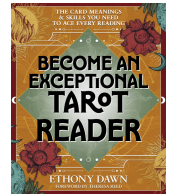
3. Continue



3. How am I going to get there?

Three-Card Tarot Spreads

Exercise Two **Stop, Drop, And Tarot**



My Reading

Date: _____

Tarot Deck Used: _____

My Question: _____

Three Card Spread Chosen: _____



1. _____

2. _____

3. _____

What do I immediately feel and see in the cards?

What do I see when I look at the three-card reading as a whole?
