

PLUCKY'S

**DAY OF BIG
DREAMING**
2026

NAME: _____



Looking Back: Reflecting on 2025



If 2025 was a metaphor, what would it have been?

Did you have a **word of the year**? How did that go?

What were the **highest of highs** in 2025?

What were some of the **lowest of lows** in 2025?

What **went as planned** in 2025?

What **surprised you** in 2025?

What **comforted you** in 2025?

Anything else you want to remember?

The numbers are all square, your 2025 reflection is complete!

10 (Possibly) Irrelevant Questions

It's important to touch base with all parts of yourself before you plan 2026. Spend a few minutes remembering who you are.

1. You have the power to bring someone back from the dead for 1 year. Who do you pick?
2. Early mornings or late nights?
3. What's your favorite season?
4. For one month, you cannot access one of your senses (sight, hearing, smell, taste, and touch). Which do you choose?
5. What's the most annoying thing on your to-do list today?
6. You wander into a thrift store and you cannot believe it because the ONE THING you've always wanted is on the shelf. What is it?
7. Magically, a new floor has been added to your living space (not an attic). What do you do with the space?
8. It's Halloween and you decide to give out the WORST candy. What's on the list?
9. What bores you?
10. A new planet is discovered and you get to name it. What will you choose?

2026 Relationships

As you move into the new year, describe your relationship with each topic below. What comes to mind? Are these relationships where you want them to be?

My family and friends

My body

My work

My spiritual self
(purpose/values)

Word of the Year 2026

Given who you are, where you are, the skills and experiences you've had and the year that's shaping up, it's time to pick a word for next year. This word will anchor you when decisions arise and empower you to take the right risks. There are no wrong answers!

My 2026 Word of the Year will be:



Why are you ready for this word?

What might the outcomes be if you honored this word every day?

How will you keep this word front-of-mind?

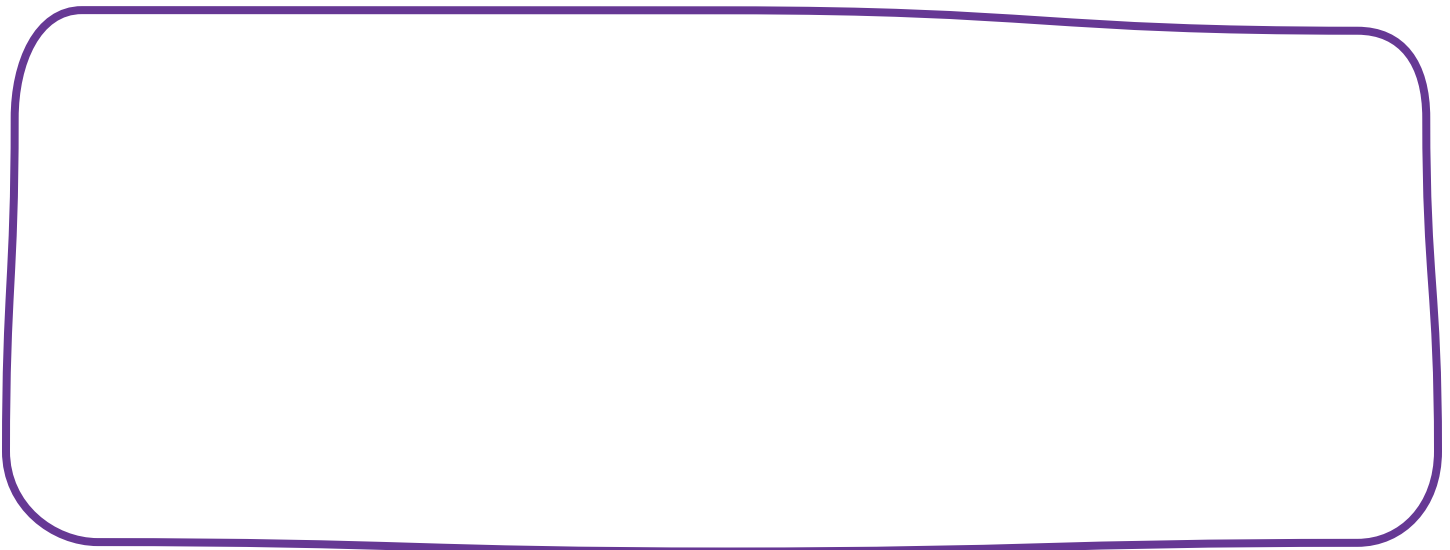
2026: Ready, Set, Serendipity

The Surface Area of Serendipity...

...is the surface area you've laid out for yourself to increase the odds of opportunities or encounters with interesting, value-adding people and for serendipitous or 'lucky' events to happen.

- Matthew Barton

Take a minute to remember some of the most serendipitous things that have ever happened to/for you:



What do you notice about these examples?

Are there any patterns? Rhythms? Locations? Times or places when serendipity would NEVER happen?



Now, let's focus on next year. What do you want in 2026?

Be specific with words or pictures and take inspiration from your notes.

Given these wants, what specific shots will you need to take in 2026?

Include deadlines, details, or other relevant information.

- _____

- _____

- _____

- _____

- _____

2026 will be a year of planned and unplanned events. Now that you've outlined specific goals, let's make some space for all things surprising...

Your Surface Area of Serendipity

Put pages 10 and 11 together to complete your surface area of serendipity!

What are you open to this year?

What could you amplify/empower/explore in the name of serendipity?

Set up 2026's Inputs

The edge is in the inputs. The person who consumes from better sources, gets better thoughts. The person who asks better questions, gets better answers. The person who builds better habits, gets better results. It's not the outcomes. It's the inputs.

- James Clear

To create your ideal 2026, what inputs will you pursue?

Make a list, a plan or a brainstorm:

2026 Calendar

Take a few minutes to look ahead. Consider what's coming—vacations, exciting life events, concerts, conferences, weather and when to travel. Then plan your ideal calendar... of course, some of it may not come true. But planning it is naming what you want and naming what you want is LEGIT.

Optional: pull a Tarot card for guidance for each month (I suggest limiting this to major arcana).

January 2026

February 2026

March 2026

April 2026

May 2026

June 2026

July 2026

August 2026

September 2026

October 2026

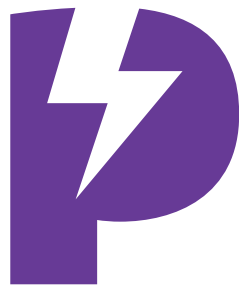
November 2026

December 2026



Happy New Year!

And with that, **MAY IT ALL BE SO!** You've named your dreams, prepared your plans and called in some serious forms of magic. Now let's see what happens! Enjoy the rest of your day and remember that *investing in yourself is always worth it.*



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