

DISCUSSION GUIDE — LESSON 1

Prolegomena: How We Think Before What We Think

Main Focus:

Learning how to think biblically before deciding what to believe.

✓ Opening Question

What first caused you to question your faith (or someone else's faith)?

✓ Key Discussion Questions

1. Why do you think Paul places so much importance on *how* we think (Philippians 4:8; Romans 12:2)?
 2. How does a lack of critical thinking contribute to deconstruction?
 3. Which type of doubt do you relate to most:
 - Factual
 - Emotional
 - VolitionalWhy?
 4. Why is logic important for faith instead of being a threat to faith?
 5. How can having clear “filters” protect you from false ideas?
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✓ Personal Reflection Prompts

- What emotions, experiences, or questions most influenced your doubt?
 - Have I been reacting emotionally or thinking clearly?
 - In what areas have I allowed cultural opinions to shape me more than Scripture?
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✓ Scripture Tie-Ins

Use these passages as a group:

- Philippians 4:8
- Romans 12:2
- 2 Corinthians 10:5

Ask:

What do these verses reveal about the Christian responsibility to think well?

✔ Group Application

This week:

- Practice **daily thought evaluation**
- Write down one doubt or question
- Apply Scripture and logic to that question
- Pray together about clarity and renewal of the mind

Discussion Questions

1. When you hear the phrase “*biblical worldview*,” what comes to mind—and how would you explain it to a new believer?
2. Philippians 4:8 and Colossians 3:2 call us to direct our thinking. In what ways does your current thought life help or hurt a biblical worldview?
3. How has *deconstruction* shown up in people you know (or in your own story)? What usually seems to start that process?
4. Why is it important to define terms (truth, love, justice, sin, grace, etc.) *before* debating hard topics?
5. Where do you see culture using the same *words* as Christianity but with different *definitions*? How does that create confusion?
6. What’s one area of life where your assumptions might not be fully biblical—but you’ve never really examined them?
7. How could having a clear framework or “filter” for hard topics give you more confidence instead of fear when questions arise?
8. If you had to summarize this lesson in one sentence to a friend who is deconstructing, what would you tell them?