

Transcription and Summary: Third Grade: Form Drawing Block with Waldorf Teacher Mellie: Lesson One

Overview

This document is a transcription and summary of a Living Lessons Video for a third-grade form drawing class led by Waldorf Teacher Mellie. It outlines the structure and content of the first lesson, emphasizing the importance of form drawing in developing artistic and motor skills.

Lesson Structure

- **Introduction:** The lesson begins with a welcome from Miss Lahnemann, who introduces the format of the 12 classes, which will include verses, running forms, mirroring forms, and quadrants.
- **Opening Verse:** Each class starts and ends with a verse to set the tone for the lesson.

Content of the Lesson

1. **Story Introduction:** A short story about two gnomes competing in various activities introduces the day's form, which resembles waves created by wind.
2. **Movement and Form Exploration:**
 - Students are encouraged to visualize and physically enact the wave forms

using their arms and bodies.

- The lesson includes practicing the forms with fingers and eventually drawing them on paper.
3. **Cursive Connection:** The lesson highlights how the forms relate to cursive writing, showing how the shapes can help in learning letters.
 4. **Drawing Practice:**
 - Students are instructed to use two colors to draw the forms, emphasizing the importance of finding the center of the paper and maintaining consistent size.
 - Various methods of practicing the forms are suggested, including using chalk on driveways or practicing with fingers before drawing.
 5. **Closing Activities:**
 - The lesson concludes with a final verse, reinforcing the skills learned and the joy of form drawing.

Conclusion

The first lesson of the form drawing block is designed to engage students through storytelling, physical movement, and artistic expression. It aims to build foundational skills in drawing and cursive writing while fostering creativity and concentration.

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1
00:00:03.390 --> 00:00:10.280
Hello, and welcome to your first lesson
in form drawing with Earth Schooling for

2
00:00:10.290 --> 00:00:11.300
3rd grade.

3
00:00:12.010 --> 00:00:14.800
My name is Miss Lahnemann, if you don't

4
00:00:14.810 --> 00:00:22.000
know me already, and I'm really happy to
be here for our 12 classes of form
drawing.

5
00:00:23.130 --> 00:00:29.240
And each class will start with a verse,
and will end with a verse, and we're

6
00:00:29.250 --> 00:00:34.080
going to start with some running forms,
and we'll be doing some mirroring forms,

7
00:00:34.170 --> 00:00:39.860
and some quadrants, and I hope that it's
something new for you, and the forms will

8
00:00:39.870 --> 00:00:44.240
get more complicated as the lessons
continue.

9
00:00:44.890 --> 00:00:47.640
So first, we'll start with our verse, and

10
00:00:47.650 --> 00:00:56.100
you can stand straight and strong, your
feet like a trunk of a tree, and you can

11
00:00:56.110 --> 00:00:56.600
join me.

12
00:00:57.250 --> 00:01:03.780
Sun and moon and stars above weave
within

13
00:01:03.790 --> 00:01:05.280
the heavens blue.

14
00:01:06.090 --> 00:01:10.820
May I on earth a pattern leave in words

15
00:01:10.830 --> 00:01:13.420
and deeds as true.

16
00:01:14.470 --> 00:01:15.320
Good day.

17
00:01:15.850 --> 00:01:22.720
Well today, I have a short story to
introduce our first form, and it's about

18
00:01:22.730 --> 00:01:26.800
two little gnomes, and these two gnomes
were always competing with each other.

19
00:01:26.930 --> 00:01:31.360

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They would run races, they would see who could mine the gems the fastest, they

20

00:01:31.370 --> 00:01:35.460
would see who could jump the farthest, and it was a windy day, and they had been

21

00:01:35.470 --> 00:01:37.440
both working on their sailboats.

22

00:01:38.070 --> 00:01:40.380
And their sailboats had a leaf for the

23

00:01:40.390 --> 00:01:45.420
sail, and they said, let's see who can get from one side of the pond to the other.

24

00:01:46.350 --> 00:01:51.680
So they got on their boats, and the wind blew them, but the wind was so strong

25

00:01:51.690 --> 00:01:59.580
that the water went up in these crests, just like waves that you might see on an ocean.

26

00:02:00.530 --> 00:02:06.940
And the first gnome was in the lead, and the second was just always right behind

27

00:02:06.950 --> 00:02:09.780
his friend, and he was always looking at his friend and saying, I'm coming, I'm

28

00:02:09.790 --> 00:02:16.520
coming, but he never was able to pass him, and that, my friends, is what our

29

00:02:16.530 --> 00:02:18.640
form is going to look like

.

30

00:02:18.650 --> 00:02:22.380
So we're going to, when we explore forms, we're going to do them in many different

31

00:02:22.450 --> 00:02:25.320
ways, but we'll always have some movement.

32

00:02:25.330 --> 00:02:28.700
And so I'd like you, I'm going to show

33

00:02:28.710 --> 00:02:36.860
you the form, so you can see this, I'm going to show you just what it is, and

34

00:02:36.870 --> 00:02:46.830
then we'll do it with our arms, is if you can imagine these waves, evenly

35

00:02:47.060 --> 00:03:08.810
spaced, blown by the wind, and the friend trailing behind, but never quite passing

36

00:03:08.820 --> 00:03:19.250
or catching up, so we're going to do that movement.

37
00:03:19.260 --> 00:03:22.490
If you, you may be learning cursive, or

38
00:03:22.500 --> 00:03:28.910
you may have learned it, and this is one of the letters that you will learn, and

39
00:03:28.920 --> 00:03:32.430
it will help you, it's the beginning of many letters, that formation.

40
00:03:32.440 --> 00:03:44.770
So let's first, with our, the hand that you write with, we're going to do the waves.

41
00:03:44.780 --> 00:03:51.430
You're going up, about to fall over, but then you come back, and I'm going to

42
00:03:51.440 --> 00:03:57.330
actually face this way, so that it will be easier for me to be going in this direction.

43
00:03:57.340 --> 00:04:00.990
So here we go, we're going to make, we're going to make for some really big, so you

44
00:04:01.000 --> 00:04:04.970
might only see me make two before my arm goes off, we're going to make, we'll act

45

00:04:04.980 --> 00:04:10.210
like we're just in a big ocean, and the wind really blew us up, but we come back

46
00:04:10.220 --> 00:04:18.090
before the wave crashes over.

47
00:04:18.480 --> 00:04:20.710
Great, let's do that one more time, as

48
00:04:20.720 --> 00:04:27.710
big as you can, you can even get up on your tippy toes to really get that wave,

49
00:04:27.720 --> 00:04:28.910
and off it goes.

50
00:04:28.920 --> 00:04:31.530
And now I'm going to be able to do many,

51
00:04:31.540 --> 00:04:36.650
just with my pointer finger, I'm going to be able to do many waves,

52
00:04:36.660 --> 00:04:38.790
and I'm, I'm watching actually, I want you to

53
00:04:38.800 --> 00:04:45.690
watch your finger, and I want you to see the silver trail that your finger is

54
00:04:46.300 --> 00:04:49.290
leaving, or maybe you want to dip your

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finger in your favorite color, put a

55

00:04:49.300 --> 00:05:02.980

little paint on it, let's do it again

.

56

00:05:02.990 --> 00:05:06.900

Okay, now we're going to do it two more times, and this time I want you, in your

57

00:05:06.990 --> 00:05:10.800

mind's eye, to see after you've drawn one, where it is, and try to do the

58

00:05:10.830 --> 00:05:16.260

second one, in between where you left your beautiful paint in the air.

59

00:05:16.270 --> 00:05:22.940

So let's do the first one, see if you can see where it is, it's going straight

60

00:05:22.950 --> 00:05:29.980

across, they're the same size, okay, get a different color of paint, and put these

61

00:05:30.110 --> 00:05:38.140

in between, if you can remember where those were, it's really nice that we can

62

00:05:38.570 --> 00:05:43.680

draw without, with just our mind, our imagination.

63

00:05:43.690 --> 00:05:45.820

Those are the two gnomes racing, and now

64

00:05:45.830 --> 00:05:50.560

we're going to do it one more time, but with both arms, and your whole body going

65

00:05:50.570 --> 00:05:57.580

up, but coming back down, and going up again, coming back down, coming up again.

66

00:05:57.590 --> 00:06:03.240

There are so many ways that we can explore drawing the forms.

67

00:06:03.250 --> 00:06:09.280

Today, I'm going to erase this, and we're going to do it before we put it on paper,

68

00:06:09.290 --> 00:06:16.890

we're going to do it on a chalkboard, and I will send materials list, because we'll

69

00:06:16.900 --> 00:06:21.750

be doing our forms in different ways, sometimes with chalk, and chalkboard,

70

00:06:21.760 --> 00:06:26.470

sometimes with the paintbrush, and paint, sometimes with play -doh, or clay, or

71

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00:06:26.480 --> 00:06:32.630

wax, whatever kind of clay -like substance you have, and then we will be

81

00:07:11.040 --> 00:07:12.290

I'm going to show you up here, because it

72

00:06:32.640 --> 00:06:38.450

putting them in either a bound book, or if you have big blank sheets of paper,

82

00:07:12.300 --> 00:07:23.000

will just be a little easier for you to see, and I'd like you to have two colors,

73

00:06:38.460 --> 00:06:44.170

that is fine too, and you can use, I'm using a book, because we have 12 forms,

83

00:07:23.150 --> 00:07:24.500

and first, let's do it with our fingers.

74

00:06:44.180 --> 00:06:45.730

so you need 12 pages.

84

00:07:24.510 --> 00:07:25.640

So, we're going to find, just like we're

75

00:06:45.740 --> 00:06:48.750

So, if you have a book already from third

85

00:07:25.650 --> 00:07:30.180

going to do on our page, the middle of our chalkboard.

76

00:06:48.760 --> 00:06:53.310

grade, or a book that you've done another lesson in, that you know that you have

86

00:07:30.190 --> 00:07:34.880

So, just so you know, you can orient yourself onto your chalkboard, and then

77

00:06:53.320 --> 00:06:59.470

blank pages in, you could continue in there to save the paper, so that's what

87

00:07:34.890 --> 00:07:40.280

we're going to find that middle, that's where we're going to start, it's going to

78

00:06:59.480 --> 00:07:03.110

I'm going to do.

88

00:07:40.290 --> 00:07:50.220

be a little above.

79

00:07:03.120 --> 00:07:07.450

So, let's have a chalkboard, and you're

89

00:07:50.230 --> 00:07:52.520

Great, now let's do the one that's in between.

80

00:07:07.460 --> 00:07:11.030

going to be on your table flat like this.

90

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00:07:52.530 --> 00:08:02.730

You can remember where that one was, you can really see mine.

91

00:08:03.060 --> 00:08:09.350

Uh -huh, and now with our chalk, and what can tend to happen is they can get

92

00:08:09.360 --> 00:08:16.310

smaller, they can get bigger, and we're just really trying to have the same size,

93

00:08:16.320 --> 00:08:27.090

which is going to really help you with cursive writing as well, and we just try

94

00:08:28.460 --> 00:08:29.130

our best.

95

00:08:29.140 --> 00:08:32.490

So, now my nummy friend is going to come

96

00:08:32.500 --> 00:08:36.310

just between there, and you can kind of see, oh, it's going to be tight.

97

00:08:36.320 --> 00:08:51.260

Let's see if I can squeeze a second set in there.

98

00:08:51.270 --> 00:08:56.300

So, those are woven, just in third grade,

you might learn some weaving, kind of

99

00:08:56.310 --> 00:09:05.180

woven pattern that also contains some cursive, a precursor to cursive.

100

00:09:05.190 --> 00:09:11.500

Great, so if you have a new book, you can write form drawing.

101

00:09:11.510 --> 00:09:19.360

I'm going to put it on the page before mine, in my most beautiful cursive.

102

00:09:19.370 --> 00:09:23.280

If you don't know cursive, then you can write it in print.

103

00:09:23.290 --> 00:09:31.470

Get a nice dark color, and I'll do a capital F.

104

00:09:31.480 --> 00:09:41.410

Look, this is looking like a letter, the form that we were just practicing.

105

00:09:43.100 --> 00:09:43.590

Fancy D.

106

00:09:43.600 --> 00:09:45.270

Let's see if there's another letter.

107

00:09:45.280 --> 00:09:59.770

Oh, I started, so this letter O was

similar to that, the A and the G.

108

00:09:59.780 --> 00:10:03.210

We kind of started and they went back, but they came back around.

109

00:10:03.220 --> 00:10:09.450

So, if you are learning cursive, you can really use your forms to help you.

110

00:10:09.580 --> 00:10:14.690

And now, on our first page, with the binding to the top, we're going to, with,

111

00:10:14.800 --> 00:10:19.230

excuse me, stick crayons and draw our form.

112

00:10:19.240 --> 00:10:23.030

And you can use two colors that you prefer.

113

00:10:23.040 --> 00:10:26.410

I'm going to use blue and green because I'm thinking of the water that they're

114

00:10:26.420 --> 00:10:30.830

on, and those are colors that I see.

115

00:10:30.840 --> 00:10:35.030

Okay, I'm going to find my middle, and I

116

00:10:35.040 --> 00:10:39.170

would recommend for form drawing that you

do it standing.

117

00:10:39.180 --> 00:10:42.610

So, your paper would be here.

118

00:10:42.620 --> 00:10:50.590

You're standing up, you're finding the

119

00:10:50.600 --> 00:10:52.750

middle, and drawing it across.

120

00:10:52.760 --> 00:10:54.590

And if you have really big paper like

121

00:10:54.600 --> 00:10:59.650

this paper you can purchase, this is a nice size for forms as well if you don't

122

00:10:59.660 --> 00:11:05.350

have a morning lesson book or if you prefer really to have a big paper.

123

00:11:05.360 --> 00:11:08.870

And I'm talking a lot today because this is our first class.

124

00:11:08.880 --> 00:11:12.670

Anytime you have a new form, you can practice it as many ways as you want.

125

00:11:12.680 --> 00:11:18.810

So, you might want to go outside with

chalk on your driveway, or you might want

126
00:11:18.820 --> 00:11:22.190
to do it with your foot on the ground.

127
00:11:22.200 --> 00:11:24.010
And you could do a few times before you

128
00:11:24.020 --> 00:11:28.090
put it in your book.

129
00:11:28.100 --> 00:11:29.690
This is our form for today.

130
00:11:29.700 --> 00:11:31.490
So, I'm going to go ahead and put it in
my book.

131
00:11:32.260 --> 00:11:32.650
I'm ready.

132
00:11:32.660 --> 00:11:37.130
I'm going to make a line.

133
00:11:37.140 --> 00:11:55.740
I'm going to start with the green.

134
00:11:55.750 --> 00:12:00.800
So sorry about being so far.

135
00:12:00.810 --> 00:12:06.460
And I'm going to go, before I put my
friend who's following that gnome, I'm

136
00:12:06.470 --> 00:12:10.560
going to do it with my finger just to see
how it feels to get

137
00:12:10.570 --> 00:12:13.440
right
in between there

138
00:12:13.450 --> 00:12:13.980
.

139
00:12:14.070 --> 00:12:30.600
Going straight across, and I'm going to

140
00:12:30.610 --> 00:12:31.020
end there.

141
00:12:31.030 --> 00:12:34.500
And that is our form for today.

142
00:12:34.510 --> 00:12:40.540
If you would like, you could do it
another row and you could make it even
smaller.

143
00:12:40.550 --> 00:12:44.540
Home drawing takes a lot of
concentration, so you might be tired from

144
00:12:44.650 --> 00:12:54.360
it for now, but I'll show you how you
could do a really...

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145
00:12:54.370 --> 00:13:01.770
I just love to give lots of options
because I know that you're home or

146
00:13:01.780 --> 00:13:18.630
somewhere where you might like to try
things different ways.

147
00:13:18.640 --> 00:13:20.890
And isn't that pretty?

148
00:13:20.900 --> 00:13:24.770
If you felt like really challenging

149
00:13:24.780 --> 00:13:37.400
yourself, you could try to do the mirror
form of it, which looks very hard, but

150
00:13:38.590 --> 00:13:39.260
I've seen it.

151
00:13:39.270 --> 00:13:41.380
I would maybe do that on a scrap paper,

152
00:13:41.390 --> 00:13:48.150
so that could be a challenge.

153
00:13:48.160 --> 00:13:48.370
Great.

154
00:13:48.380 --> 00:13:53.850
That was our first form.

155
00:13:53.860 --> 00:13:57.690
Come closer, and we'll end with a verse.

156
00:13:57.700 --> 00:14:00.110
And I hope that you have enjoyed our
first class.

157
00:14:00.120 --> 00:14:02.470
It's been great to get back to form
drawing.

158
00:14:02.480 --> 00:14:04.730
I really love form drawing and all the

159
00:14:04.740 --> 00:14:07.970
skills that it teaches us.

160
00:14:07.980 --> 00:14:09.970
Our work for now has ended.

161
00:14:09.980 --> 00:14:15.030
What we have learned will rest when we
have done our very best.

162
00:14:15.040 --> 00:14:20.930
Truth, love, and strength will grow, and
we shall bless all those we know.

163
00:14:20.940 --> 00:14:21.170
Goodbye and thank you.