

CHECKLISTS FOR LESSONS

Use these in-car to keep yourself on track.

Instructor Checklist – Lesson Planning

- ✓ Goal agreed with pupil
- ✓ Lesson matched ability and experience
- ✓ Clear structure – introduction, practice, review
 - ✓ Route supported learning, not stress
 - ✓ Plan adapted when needed
 - ✓ Progress built logically
- ✓ Clear link to previous and future learning

Instructor Checklist – Risk Management

- ✓ Risks discussed before situations
- ✓ Pupil encouraged to predict hazards
 - ✓ Calm prompts used early
- ✓ Clear instructions at the right time
- ✓ Correct interventions when necessary
 - ✓ Debrief after risky moments
- ✓ Responsibility shared appropriately

Instructor Checklist – Teaching & Learning

- ✓ Questions encouraged thinking
- ✓ Feedback was specific and fair
- ✓ Instructions were calm and simple
- ✓ Mistakes handled constructively
 - ✓ Practice was purposeful
 - ✓ Pupil involved in decisions
- ✓ Strong end-of-lesson summary