



PhysBuddy

PHYSICAL SCIENCES

MATRIC

STUDY PLAN TO ACE FINALS



DOWNLOAD



PRINT



FOLLOW

**FREE
DOWNLOAD**

ACE PHYSICS WITH PHYSBUDDY

physbuddy.com

[@physbuddy](https://www.instagram.com/physbuddy)





PHYSICAL SCIENCES STUDY GUIDES TO ACE THAT EXAM!

MATRIC 2025 14 DAY STUDY PLAN TO ACE THE FINALS

GOAL/AIM	<p><u>TO IMPROVE YOUR SYMBOL</u></p> <p>We at <i>PhysBuddy</i> believe that there is a <u>10-20% window of mark increase possibility between the trials and the finals</u></p> <p>Use your time wisely and give it your best shot!!!</p> <p>For leaners who scored 30-40% in the trials there is a great possibility of even a 30% increase in finals if you diligently follow this plan!</p>
STRATEGY	<p><u>PRACTICE AS MANY PAST PAPER QUESTIONS AS YOU CAN FOR EACH SECTION</u></p> <p><i>PhysBuddy</i> contains</p> <p>A VARIETY of DIFFERENT TYPES of questions FOR EACH SECTION specifically selected by us from past papers (National and Provincial) including step by step solutions.</p> <p><u>Complete both books and you are sure to ace it!!</u></p>
<u>TIME</u>	<p><u>Set aside 2 -4 hours a day for Physical Sciences.</u></p> <p>IN OCTOBER STUDY LEAVE</p> <ul style="list-style-type: none"> • If you are already achieving a B symbol, then 2 hrs daily is sufficient • Achieving less than 60% - work for 3-4 hours minimum daily
<u>DON'T HAVE Physbuddy?</u>	<p>Purchase from us (physbuddy@gmail.com) only while stocks last</p>

FAQ

Is it too late for me to buy and use Physbuddy?

ANSWER

NOT TOO LATE!

It is the best tool to get you prepared for the finals. You will use it EVERYDAY TO PREPARE FOR FINALS

Instead of looking for questions from past papers and guessing which ones are good practice.... Follow our guide!

We have hand -picked a wide variety in of questions from different provinces and years and included them in Physbuddy

NOTE!!

- Use the 14- day plan as a GUIDE
- You do not have to follow the same order
- Start with your weakest sections
- A blank grid is provided for you at the end to use to plan YOUR PERSONAL STUDYING



DO NOT COMPLETE THE QUESTIONS IN ORDER!!!

Do few from EACH QUESTION TYPE ON CHECKLIST

- If possible complete all the questions.
- If not, do as many as possible from each question type
- Make sure you understand what you are doing
- Those who have a copy of *PhysBuddy* from early in the year and have already completed most of the questions in *PhysBuddy* ... you should have achieved your A symbol in the trials.
- You should aim to complete both books as well as additional past papers and multiple-choice questions recommended by us.

Follow us on instagram
for tips and free online
support



PHYSICAL SCIENCES
STUDY GUIDES

SUMMARIES
PAST PAPER QUESTIONS
WORKED SOLUTIONS



physbuddy@gmail.com



@physbuddy YouTube



083 7187 007

VIDEO LESSONS

[Physbuddy.teachable.com](https://physbuddy.teachable.com)

OCT/NOV 2025
R300 FOR 30 DAYS
ACCESS
over 100 videos

OR EXAM CRAM
VIDEO COURSE




MATRIC 2025 - 14 DAY PLAN TO ACE PHYSICAL SCIENCES

MON	TUES	WED	THURS	FRI	SAT	SUN
<p>AFTER TRIALS – REST COMPLETELY A FEW DAYS 5-6 DAYS CATCH UP ON SLEEP AND MAKE A LIST OF YOUR WEAK SECTIONS</p> <p><i>THIS PLAN IS FELXIBLE. ADJUST IT TO SUIT YOUR NEEDS</i></p>						
<ul style="list-style-type: none"> - The plan below allocates 1 day per topic due to the short time available before finals - Start with your weakest sections and take more than 1 day if needed as you may be strong in some topics 						
6 OCT <u>DAY 1</u> P2 <u>Electrochem</u> <u>Galvanic cell</u>	7 <u>DAY 2</u> P2 <u>Electrochem</u> <u>Electrolytic cell</u>	8 <u>DAY 3</u> P2 Rates Of Reaction	9 <u>DAY 4</u> P2 Acids And Bases	10 <u>DAY 5</u> P2 Organic Chem	11 <u>DAY 6</u> P2 Equilibrium	12 <u>DAY 7</u> P1 Electro Statics
13 <u>DAY 8</u> P1 <u>Circuits</u>	14 <u>DAY 9</u> P1 Newtons Laws	15 <u>DAY 10</u> P1 VPM	16 <u>DAY 11</u> P1 Doppler Momentum	17 <u>DAY 12</u> P1 Work Energy Power	18 <u>DAY 13</u> P1 Electro Magnetism	19 <u>DAY 14</u> P1 Photoelectric Effect
<p>Continue <u>daily with at least 1-2 hours of Physical Sciences EVERY DAY or every second day</u> right until your Physical Sciences Paper Practice the sections you feel you need more time with and the complete the questions you didn't yet complete in the PhysBuddy and then tackle full past papers. Also practice the multiple choice from your PhysBuddy MAKE SURE TO LEARN DEFINITIONS AS YOU GO ALONG!!</p>						

DAY	TOPIC	VIDEOS	PRACTICE
	Chemical Equilibrium KC	Video 1-9	PRACTICE AT <u>LEAST 2 OF EACH QUESTION TYPE</u> FROM THE PHYSBUDDY CHECKLIST PAGE 2
	Chemical Equilibrium LCP /graphs	Video 10-11	
	Photoelectric Effect	Video 1-3	
	Rates Of Reaction	Video 1-9	
	Electric Circuits	Video 1-10	
	Newtons Laws	Video 1-13	
	Organic Chem	Video 1-9	
	Organic Chem	Video 10-11	
	Review Day		
	Electrostatics	Video 1-6	
	Acids /bases	Video 1-10	
	Acids/bases	Video 11-13	
	Work Energy	Video 1-5	
	Power	Video 6-9	

DAY	TOPIC	VIDEOS	PRACTICE
	Doppler effect	Video 1-5	PRACTICE AT <u>LEAST 2 OF EACH QUESTION TYPE</u> FROM THE PHYSBUDDY CHECKLIST PAGE 2
	Momentum	Video 1-4	
	Review Day		
	Electrochem Galvanic Cell	Video 1-5	
	Electrochem Electrolytic Cell	Video 6-11	
	Electrodynamics	Video 1-7	
	Vertical Projectile	Video 1-6	
	Vertical Projectile	Video 7-9	
	Review day		
	Past papers/MCQ P1		
	Past papers/MCQ P2		

 @physbuddy

WATCH A VIDEO
 THEN PRACTICE A QUESTION
 WATCH ANOTHER VIDEO
 PRACTICE A QUESTION
 SO CONVENIENT! TUTOR IN YOUR POCKET

- Use the CHECKLIST in the PhysBuddy and make sure you do AT LEAST TWO OF EACH QUESTION TYPE
- Do as MANY OF THE QUESTIONS AS YOU CAN and tick as you go along
- Ensure that at the end of each day you are confident in that section

PHYSBUDDY GR12 PAPER 1 - CHECKLIST

NEWTONS LAWS	
1. Calculations $F_{net}=ma$ (ONE BODY SYSTEM)	
Force at an angle/ resolve components	25
Inclined plane	22,24
Vertical forces/object lifted vertically	23
Elevator question	44,45
2. Calculations $F_{net} = ma$ TWO BODY SYSTEMS/ PULLEYS	
1. Object hanging vertically and the other object on horizontal surface	28,35,36,37,38
2. One object on inclined plane and another object on horizontal surface/hanging vertically	38
3. Both objects on inclined plane	29
4. Two objects hanging	30,31
5. Force at an angle	26,27,30,31,3233,34,36,39
6. Pulleys in equilibrium	32
7. With equations of motion	40
8. More challenging	41,42
3. Newtons Gravitational Law	
Basic calculation	24,25,32,34
More Challenging	41,42,43

MOMENTUM	
1. Law of conservation of momentum	
Objects separate before and after	53,55
Objects stick together after	62
Objects separate after	55,63
Block/bullet with equations of motion	56,60,61
Release of spring	59
2. Impulse and net force	53,54,56
3. Elastic and inelastic collision	55,62
4. Graphs	57,58,60,61
5. Experiment type questions	59,64
6. More challenging	64,65



**TICK OFF AS YOU COMPLETE
EACH QUESTION TYPE**

**THE COMPLETE CHECKLIST IS
IN YOUR PHYSBUDDY**

At this stage you should be practicing past paper questions

(Use our selection in *PhysBuddy*)

If you are having trouble understanding the basic concepts and can't do past paper questions

Take advantage of


PHYSBUDDY VIDEO LESSONS

[Physbuddy.teachable.com](https://www.physbuddy.com)

OCT/NOV 2025

R300 FOR 30 DAYS ACCESS

over 100 videos

 @physbuddy



RECOMMENDED QUESTIONS FOR TRIAL PREP 2025

1	Newtons Laws & Newtons Gravitational Law	45,48,50,52 ,54,56,57,58,59,60,61,62,63,64 53 ,55
2	Vertical Projectile Motion	113,114,116 ,118,119,122,123,124,125,126 129,130,131,133,134,135,136
3	Momentum	77,78,80,81,82,83,85,86,87,88,89
4	Work energy Power Energy with momentum	148,149,150,152,154,156,157,158,159,160,161, 162 ,163 164,165,166,167,168,169,170,171,172,173,174, 175,177, 178,179,180
5	Doppler Effect	187,188,189,190,191,192,193,194,196, 197,198,199,200
6	Electrostatics	215,216,217,218,219,220,221,222,223,224 225,226,227,228,229,230,232,233,234,235, 236,239
7	Electric circuits	290,291,292,294,295,298, 299,300,301,302,303,304,305,306,307, 308,309,311,312
8	Motors/Generators	255,257,259,260,261,262,264,265,266 268,269
9	Photoelectric Effect And Emission/Absorption	324,327,328,329,330,333,334,335,336 337,338,339,340,341

Do ONE SECTION at a time

- ✓ Read the *PhysBuddy* summary (short and to the point!)
- ✓ Work through the examples
- ✓ Read summaries & learn definitions
- ✓ **Practice recommended questions**
– as many different types as possible
- ✓ Do one question at a time and make sure you understand how to answer.

This list of recommended questions will expose you to a wide variety of questions types that can be tested in the exam. You do not have to do all.



RECOMMENDED QUESTIONS FOR TRIAL PREP 2025

PAPER 2 -CHEMISTRY		PhysBuddy Page numbers
1	<u>Organic chem</u> Naming/drawing/identify Intermolecular forces Reaction types	37,41,44,45 46,48 50,51,,52,53,54,57,58,59,60 62,63,64,65,61,68,75,76,78,79,80
2	Rates of Reaction	100,102,103,105,106,108,109,111,113 115,116,118,120,121,123,125,128,130,133,134 136.138,139,140
3	Chemical Equilibrium Equilibrium Graphs	170,171,174,175,177,178,180,182,183,185, 186,187.188 189, 191,192,193,197, 168,169,173,176,190,191,194195,199, 200,201,202
4	Acids and Bases Simpler More complex	225,226,230, 228Q8,231,232,234,25,236, 238,246,253,254 233,237,241,242,244,247,249,251,252,255,256
5	Galvanic Cell	289,298,288,290,292,295,296,297.300,302,303, 304,305, 307,308,310,311,312
6	Electrolytic Cell	283,284,285,286,287,291,293,294,299,301 306,309.313,314

Do ONE SECTION at a time

- ✓ Read the *PhysBuddy* summary (short and to the point!)
- ✓ Work through the examples
- ✓ Read summaries & learn definitions
- ✓ **Practice recommended questions – as many different types as possible**
- ✓ Do one question at a time and make sure you understand how to answer.

BELIEVE IN YOURSELF

DO YOUR BEST



PhysBuddy

PHYSICAL SCIENCES

DIFFERENT TYPES OF EXAM QUESTIONS

'THE PHYSBUDDY CHECKLIST'

NEWTONS LAWS

Calculations ????? = ????

(CALCULATIONS WITH ONE OBJECT)

Force at an angle/ resolve component	34
Inclined plane	32,33
Vertical forces/object lifted vertically	32
Elevator question	52,53

CALCULATIONS WITH TWO BODY SYSTEMS/ PULLEYS

1. Both objects on horizontal surface	36,42(EC)
2. Object hanging vertically and the other object on horizontal surface	35,37,39,40,44,45,48
3. One object on inclined plane and another object on horizontal surface/hanging vertically	46
4. Both objects on inclined plane	38
5. Two objects hanging	40,41(Gr11),42 (GP),50
6. Force at an angle	35,36,39,40,44,47
7. Two objects stacked	53,54
8. Pulleys in Equilibrium	41 (KZN)

NEWTONS GRAVITATIONAL LAW

Basic calculation	34,43,52
More Challenging	49,50,51

PAGE NUMBERS IN PHYSBUDDY

physbuddy.com

@physbuddy



PhysBuddy

PHYSICAL SCIENCES

GR10,11,12 STUDY GUIDES

FAQ

IS IT TOO LATE TO PURCHASE PHYSBUDDY STUDY GUIDES?

DEFINITELY NOT TOO LATE!

Instead of practicing random questions, practice from our hand selected variety of question types

Use the Step by Step Worked Examples and Memos to learn exams strategy

YOU WILL BE USING PHYSBUDDY EVERY DAY TO PREPARE FOR FINAL EXAMS IN NOVEMBER

@physbuddy

physbuddy.com

MATRIC VIDEOS



PHYSICAL SCIENCES

- ✓ EXAM STRATEGY
- ✓ PAST PAPER QUESTIONS
- ✓ STEP BY STEP

PHYSICS P1

1. NEWTONS LAWS
2. VERTICAL PROJECTILE MOTION
3. MOMENTUM
4. WORK ENERGY POWER
5. DOPPLER EFFECT
6. ELECTROSTATICS
7. ELECTRIC CIRCUITS
8. ELECTRODYNAMICS
9. PHOTOELECTRIC EFFECT

CHEMISTRY P2

1. ORGANIC CHEMISTRY
2. RATES OF REACTION
3. CHEMICAL EQUILIBRIUM
4. ACIDS AND BASES
5. ELECTROCHEMISTRY

OVER 100 VIDEOS

R300

30 DAY ACCESS

**OVER 18 YEARS
TEACHING EXPERIENCE**

sign up → physbuddy.teachable.com



@physbuddy

physbuddy.com

MATRIC FINALS STUDY TIPS



PHYSICAL SCIENCES

TIME

Set aside 2-3 hours DAILY for Physical Sciences
Best time for high concentration is early mornings

MAKE SURE TO

- Use a book and not loose paper
 - Write in pen
 - Check your layout, units and conversions
 - Use the memo to mark each question and to see where you went wrong
 - RE-DO the same question if necessary
- Understand what you are doing_ instead of racing through questions

WHAT TO DO

- Do ONE SECTION at a time
- Read summaries from Physbuddy & learn definitions
 - Use the PhysBuddy checklist and make sure to practice EACH TYPE OF QUESTION

IMPORTANT!!

When practicing questions take time to think and work through the question without referring to the memo
The memo should only be used to mark and correct your work.



MON	TUES	WED	THURS	FRI	SAT	SUN

**BE POSITIVE
STAY FOCUSED
DO YOUR BEST!!
YOU CAN DO THIS**



PhysBuddy