



Course Title

The Functional Medicine Advanced Gut Health Course

Course Description

This course is designed to teach nurse practitioners about functional medicine so they can integrate it into their practice or for those who already have a solid understanding of functional medicine but would like more advanced education on gut health. By evaluating the patient's gastrointestinal well-being, the astute nurse practitioner can then identify the root cause of a variety of bothersome symptoms and diseases the patient can be experiencing and then treat that root cause to bring the patient back into optimal health.

Course Outcomes

By the conclusion of this module, the student should be able to:

- Discuss why gut health is considered the foundation to a healthy mind and body.
- Understand all the concepts you need to know about celiac disease.
- Understand how parasites can affect the gut health and how to evaluate and treat them.

Contact hours awarded: 5 total hours with 1 hour designated as pharmacology hours

Release date: 6/8/23

Expiration date: 6/8/26

The Elite Nurse Practitioner is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.





Course Disclosure

Commercial Support

None

It is the policy of The Elite Nurse Practitioner to ensure that commercial support is not accepted in regard to the content of our courses.

Disclosure Statement

All those participating in the planning and production of continuing professional development activities administered by The Elite Nurse Practitioner are expected to disclose to the audience any support or relationship(s) with outside commercial interests. During the planning stages of the continuing education activity, participants advised that this activity must be free from commercial bias. It is our policy to identify and resolve conflicts of interest for all individuals participating in this activity and those who are in a position to control content of this course activity. All individuals involved in this course activity have disclosed that they have no relevant financial relationships pertaining to this course activity.

The following course participants have stated that they have no significant financial relationship(s) or conflicts of interest pertaining to this course.

- Justin Allan, FNP
- Amberly Wagner-Connolly RN, BSN, MSN, DNP, Program Director
- Keri Douglas, FNP, CFMP

Students of The Elite Nurse Practitioner Courses must pay the associated course fee to obtain the educational credit. To receive credit for this education activity, students must:

1. Read the course material in its entirety, including the additional resources section of the course.
2. Complete the pre-course quiz.
3. Complete the post-course quiz.
4. Complete the mandatory course evaluation after you finish this educational activity.

Once the above requirements have been fulfilled, the Certificate of Completion can be downloaded and printed to show you have completed the course requirements, and thus have earned the associated continuing educational credits.

Contact Information

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