

Transcription and Summary: Fourth Grade: Early Settlers and Human Deeds: Lesson One

Overview

This document is a transcription and summary of a lesson from the Earthschooling curriculum, focusing on heroes, particularly from North America. The lesson is designed for fourth-grade students and emphasizes the importance of understanding human deeds and the geography of different regions.

Lesson Structure

- **Introduction:** The lesson begins with a warm welcome from Ms. Lahnemann, who introduces the theme of heroes and the structure of the class, which includes morning verses and poems.
- **Focus on Geography:** Each lesson will explore different regions and the heroes associated with them, starting with the Great Basin region.

Hero of the Lesson: Nyanuki

- **Background:** Nyanuki, an 11-year-old girl from the Shoshone tribe, is introduced as the hero of the lesson. Her story is one of courage and survival, as she undertakes a perilous journey after being captured by enemy tribes.

- **Journey:** Nyanuki's journey involves escaping captivity, navigating through dangerous landscapes, and using her knowledge of the land to survive. She faces numerous challenges, including encounters with wild animals and harsh weather conditions.
- **Courage and Fortitude:** Throughout her journey, Nyanuki demonstrates remarkable bravery and resourcefulness, ultimately returning to her people after traveling over 1,000 miles.

Educational Components

- **Geography and Vocabulary:** The lesson incorporates geography by discussing the Great Basin and its significance to the Shoshone people. Vocabulary words such as "basin," "desert," "habitat," "semi-nomadic," and "fortitude" are introduced and defined.
- **Nouns and Naming Words:** Students are encouraged to explore naming words (nouns) and their importance in language, drawing parallels to the names of places and people in the story.

Activities

- **Map Creation:** Students will create a regional map to visualize the areas discussed in the lesson.
- **Homework Assignments:** Students are tasked with listing nouns and defining vocabulary words related to the lesson.

Conclusion

The lesson concludes with a reflection on Nyanuki's story and the qualities that make her a hero. Students are encouraged to think about their own definitions of heroism and the importance of courage in their lives. The class ends with a closing verse, reinforcing the themes of strength and gratitude.

Next Steps

In the following classes, students will review Nyanuki's story and continue exploring other heroes from different regions, enhancing their understanding of human deeds and the diverse cultures of North America.

1

00:00:03.900 --> 00:00:09.170

Hello and welcome to your first lesson with Earth Schooling in Heroes.

2

00:00:10.060 --> 00:00:14.550

My name is Ms. Lahnemann and I'm happy to begin this journey.

3

00:00:14.880 --> 00:00:21.430

We'll be looking at heroes from around the world, but especially in present -day

4

00:00:21.440 --> 00:00:22.290

North America.

5

00:00:23.740 --> 00:00:26.050

And each class will begin with a morning

6

00:00:26.060 --> 00:00:29.570

verse and a poem and we'll end each class with a verse.

7

00:00:29.580 --> 00:00:33.830

And I ask for the verse that you're standing straight and strong, ready to

8

00:00:33.840 --> 00:00:35.770

begin the day's lesson.

9

00:00:36.320 --> 00:00:39.910

If you'd like, you can reach up and bring

10

00:00:39.920 --> 00:00:42.490

the warmth of the sun into your heart.

11

00:00:43.580 --> 00:00:46.730

The sun, with loving light, makes bright

12

00:00:46.740 --> 00:00:47.870

for me each day.

13

00:00:48.180 --> 00:00:50.870

The soul, with spirit power, gives

14

00:00:50.880 --> 00:00:52.590

strength unto my limbs.

15

00:00:53.220 --> 00:00:57.050

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In sunlight shining clear, I reverence, O

16
00:00:57.060 --> 00:01:03.990
Creator, the strength of humankind, which
thou so graciously has planted in my

17
00:01:04.000 --> 00:01:09.630
soul, that I, with all my might, may love
to work and learn.

18
00:01:10.280 --> 00:01:15.710
From thee come light and strength, to
thee rise love and thanks.

19
00:01:16.580 --> 00:01:20.930
Good day, fourth grade, or whatever grade
you might be in.

20
00:01:21.420 --> 00:01:25.830
This group of lessons is really special.

21
00:01:25.840 --> 00:01:27.990
We're going to be looking at heroes.

22
00:01:28.680 --> 00:01:34.450
And a hero is someone that does something
courageous for their people or for others.

23
00:01:35.040 --> 00:01:41.710
And we'll look mostly at what is now
called North America, and then we'll

24
00:01:41.720 --> 00:01:43.890
travel a little bit outside of North America.

25
00:01:45.480 --> 00:01:47.810
And I would like to start, oh, I forgot,

26
00:01:48.100 --> 00:01:49.070
we have another poem.

27
00:01:49.780 --> 00:01:51.810
So in fourth grade, you'll also be

28
00:01:51.820 --> 00:01:53.450
learning about geography.

29
00:01:53.460 --> 00:01:55.530
And in this group of lessons, we'll

30
00:01:55.540 --> 00:01:58.710
include a little geography with the hero.

31
00:01:59.520 --> 00:02:01.410
And so we're going to be starting with

32
00:02:01.420 --> 00:02:03.090
the poem about the four directions.

33
00:02:03.880 --> 00:02:06.590
And where you're standing right now, see

34
00:02:06.600 --> 00:02:13.210
if you can point to the east, where the
sun rises each day.

35

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00:02:14.940 --> 00:02:16.670

So my east is that direction.

36

00:02:17.380 --> 00:02:21.190

And then directly across, the sun travels

37

00:02:21.200 --> 00:02:23.750

its path, is the west.

38

00:02:24.600 --> 00:02:27.050

And then we have the north and the south.

39

00:02:27.160 --> 00:02:31.750

So we're going to start going east, south, west, and north in a circle.

40

00:02:32.200 --> 00:02:35.410

And if you'd like, you can turn to face each of the directions.

41

00:02:36.280 --> 00:02:38.910

I will stand facing forward so that you can really hear me.

42

00:02:39.680 --> 00:02:43.470

So we're going to start honoring the east.

43

00:02:44.360 --> 00:02:48.150

To the east, I face each day to greet the

44

00:02:48.160 --> 00:02:50.070

sun and sunlight's rays.

45

00:02:50.940 --> 00:02:54.990

To the south, I seek to go where plants

46

00:02:55.000 --> 00:02:57.390

and animals roam and grow.

47

00:02:58.340 --> 00:03:02.750

To the west, I turn and find space and

48

00:03:02.760 --> 00:03:04.910

beauty undefined.

49

00:03:05.860 --> 00:03:08.570

Now the north where cold winds blow,

50

00:03:08.940 --> 00:03:12.550

bringing freezing ice and snow.

51

00:03:13.440 --> 00:03:16.710

North, south, east, west.

52

00:03:17.180 --> 00:03:20.630

Back to the point that I know best.

53

00:03:24.070 --> 00:03:26.920

Let's start with a little introduction

54

00:03:26.930 --> 00:03:29.240

and the story of our first hero.

55

00:03:30.770 --> 00:03:33.200

Welcome to the fourth grade heroes block.

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56

00:03:33.210 --> 00:03:37.660

We're going to learn about heroes from across the globe, starting in present day

57

00:03:37.670 --> 00:03:42.980

North America, at a time before the states had been formed and named.

58

00:03:44.190 --> 00:03:49.840

Some heroes lived many years ago before trains, cars, or planes, when

59

00:03:49.850 --> 00:03:54.060

transportation was either on foot or by boat or horse.

60

00:03:54.990 --> 00:03:57.220

But some live in present times.

61

00:03:59.030 --> 00:04:01.080

This in the past was a time when

62

00:04:01.090 --> 00:04:06.100

indigenous people, the first peoples, lived in this vast land we now call the

63

00:04:06.110 --> 00:04:07.320

United States of America.

64

00:04:08.370 --> 00:04:10.880

This land has many diverse and unique

65

00:04:10.890 --> 00:04:12.120

habitats and regions.

66

00:04:13.330 --> 00:04:16.520

As you may remember, the tools, food,

67

00:04:16.630 --> 00:04:21.500

homes, and lifestyles of humans really is formed by the land and what the land has

68

00:04:21.510 --> 00:04:22.000

to offer.

69

00:04:22.970 --> 00:04:25.440

Within these regions and still today are

70

00:04:25.450 --> 00:04:31.580

varying nations or tribes of people that have learned how to survive and thrive

71

00:04:31.590 --> 00:04:32.220

with the land.

72

00:04:32.910 --> 00:04:35.420

We're going to focus on a hero, a person

73

00:04:35.430 --> 00:04:38.080

who is admired for their courage and achievements.

74

00:04:38.930 --> 00:04:40.860

And we're going to look at each region

75

00:04:40.870 --> 00:04:43.260

and learn about the geography and habitat.

76

00:04:44.590 --> 00:04:47.200

The first hero that we will hear about

77

00:04:47.210 --> 00:04:49.320

lived in the Great Basin region.

78

00:04:49.330 --> 00:04:52.880

A young girl at the age of 11 who

79

00:04:52.890 --> 00:04:59.280

performed a great feat and became known as Nyanuki, which means the girl who ran.

80

00:05:00.450 --> 00:05:05.200

Her story has been told for centuries around campfires, which is why I can tell

81

00:05:05.210 --> 00:05:06.480

it to you today.

82

00:05:08.370 --> 00:05:10.920

Her family and tribe were semi -nomadic.

83

00:05:11.790 --> 00:05:15.480

They would leave the safety of their mountain dwellings and venture out into

84

00:05:15.490 --> 00:05:18.240

the plains each year to hunt the buffalo.

85

00:05:19.190 --> 00:05:21.680

Their survival depended on the great

86

00:05:21.690 --> 00:05:25.480

buffalo for food, clothing, and tools.

87

00:05:26.610 --> 00:05:27.640

It was springtime.

88

00:05:28.070 --> 00:05:33.680

Her tribe was on the hunt, walking miles each day, then setting up camp for the night.

89

00:05:35.030 --> 00:05:38.960

Nyanuki, at a young age, had learned many important tasks.

90

00:05:39.870 --> 00:05:44.240

She knew how to forage for roots and berries, roast the tasty roots, and

91

00:05:44.250 --> 00:05:46.880

stretch hides to make moccasins and clothing.

92

00:05:47.690 --> 00:05:49.980

She also lended a hand to her mother.

93

00:05:51.190 --> 00:05:55.660

Her best friend, Sakaja Wea, and her often worked together and would go down

94

00:05:55.670 --> 00:05:57.700

to the river to bathe and collect water.

95 00:05:58.810 --> 00:06:01.380 She knew the buffalo hunt was key to her	by on his horse shouting, The enemy is coming!
96 00:06:01.390 --> 00:06:04.760 family's survival, yet it also included danger.	105 00:06:35.310 --> 00:06:36.200 The enemy is coming!
97 00:06:05.650 --> 00:06:07.980 For her people, the Shoshone owned	106 00:06:37.090 --> 00:06:38.700 Both girls quickly hid.
98 00:06:07.990 --> 00:06:14.460 horses, a highly prized animal for enemy tribes, and they were constantly on the	107 00:06:39.310 --> 00:06:43.940 Nyanuki covered herself with the grass and reeds and lay as still as a stone,
99 00:06:14.470 --> 00:06:16.160 watch for an attack.	108 00:06:44.530 --> 00:06:45.300 hardly breathing.
100 00:06:17.150 --> 00:06:18.940 They were getting closer to the buffalo	109 00:06:46.390 --> 00:06:48.720 She thought she was safe, when all of a
101 00:06:18.950 --> 00:06:20.760 each day and tensions were high.	110 00:06:48.730 --> 00:06:52.660 sudden a scouting dog sniffed following her trail and let out a loud bark.
102 00:06:21.710 --> 00:06:24.720 One day, Nya and Sakaja Wea went down to	111 00:06:53.570 --> 00:06:58.460 All of a sudden she was lifted by her hair and forced with her friend by the
103 00:06:24.730 --> 00:06:30.440 the river as usual to soak their tired feet and collect water when all of a	112 00:06:58.470 --> 00:07:02.960 enemies to walk alongside an enemy horseman bound at the wrist.
104 00:06:30.450 --> 00:06:35.160 sudden a warrior scout swiftly galloped	113 00:07:03.930 --> 00:07:09.340 She saw her friend ahead and counted six

other women and nine children, all captured.	122 00:07:50.750 --> 00:07:53.560 She looked to the left and saw the snaking river.
114 00:07:10.490 --> 00:07:15.760 They were separated from each other so that they could not plan an escape and	123 00:07:54.370 --> 00:07:57.880 She took note of any landmark that would help her find her people.
115 00:07:15.770 --> 00:07:21.120 thus began the long endless journey away from her people, the ones she loved.	124 00:07:59.030 --> 00:08:03.020 After 41 nights they arrived at a village of longhouses.
116 00:07:22.290 --> 00:07:26.140 Nyanuki looked around and vowed that one day she would escape and return home.	125 00:08:03.830 --> 00:08:08.240 There was much shouting and excitement as she realized they would walk no longer.
117 00:07:27.330 --> 00:07:30.340 Each day they walked miles, her feet sore and hurt.	126 00:08:09.170 --> 00:08:11.180 She had arrived at the enemy camp.
118 00:07:30.890 --> 00:07:35.600 They walked over the prickly pear cactus, but each evening the prisoners were	127 00:08:12.150 --> 00:08:14.320 They gave Nyanuki to an elder woman that
119 00:07:35.610 --> 00:07:39.200 allowed to soak their feet and eat some dried buffalo meat and berries.	128 00:08:14.330 --> 00:08:16.060 put her to work night and day.
120 00:07:40.210 --> 00:07:44.960 They also had to collect the firewood, gather water and scrape hides for the enemies.	129 00:08:17.490 --> 00:08:19.960 Nyanuki worked hard and never let on to
121 00:07:46.350 --> 00:07:50.120 Nya was exhausted, but she watched the landscape unfold before her.	130 00:08:19.970 --> 00:08:21.400 the elder her inner thoughts.
	131 00:08:22.710 --> 00:08:24.320

She was planning escape.

132

00:08:24.970 --> 00:08:29.900

She knew that she would need to survive the long journey home and she knew what

133

00:08:29.910 --> 00:08:30.540

she would need.

134

00:08:30.910 --> 00:08:33.900

A knife, buffalo hide for moccasins and a

135

00:08:33.910 --> 00:08:35.660

blanket, and lastly food.

136

00:08:36.590 --> 00:08:39.300

Slowly, without anyone knowing, she began

137

00:08:39.310 --> 00:08:45.240

to gather these items, storing them away by burying them along her path to gather water.

138

00:08:46.450 --> 00:08:48.940

One day she came upon great luck.

139

00:08:49.330 --> 00:08:51.360

As she was taking a bath in the stream,

140

00:08:51.530 --> 00:08:53.480

her toe struck something sharp.

141

00:08:53.490 --> 00:08:55.980

She lifted out her toe, which was bloody,

142

00:08:56.110 --> 00:08:57.580

and looked down to find a knife.

143

00:08:58.370 --> 00:09:00.280

Wow, what luck, she thought.

144

00:09:01.170 --> 00:09:02.520

Who had left this here?

145

00:09:03.110 --> 00:09:04.640

She had now gathered everything she

146

00:09:04.650 --> 00:09:07.500

needed and waited for the perfect chance to escape.

147

00:09:08.130 --> 00:09:09.460

It came one evening.

148

00:09:10.150 --> 00:09:12.480

What she needed was rain, a rain that

149

00:09:12.490 --> 00:09:16.720

would last long enough that her scent could not be picked up again by the

150

00:09:16.730 --> 00:09:17.540

scouting dogs.

151

00:09:18.450 --> 00:09:20.440

One evening she heard the pattering on

152

00:09:20.450 --> 00:09:20.940

her roof.

153

00:09:20.950 --> 00:09:23.680

All were sleeping in the village and so,

154

00:09:24.290 --> 00:09:25.760

quietly, she slipped out.

155

00:09:26.310 --> 00:09:28.020

She went to where she had buried her

156

00:09:28.030 --> 00:09:30.320

supplies and gathered them and ran.

157

00:09:31.070 --> 00:09:32.280

She ran all night.

158

00:09:32.650 --> 00:09:35.300

She ran until her legs felt they could carry her no more.

159

00:09:35.770 --> 00:09:41.200

But she continued running, her legs burning, until at last the sun began to rise.

160

00:09:42.030 --> 00:09:44.560

She found an outcropping of rock and laid down.

161

00:09:45.230 --> 00:09:47.060

She dared not travel during the day.

162

00:09:47.070 --> 00:09:51.040

The rain continued and she had a feeling of hope rise in her chest.

163

00:09:51.630 --> 00:09:53.300

I will make it home, she thought.

164

00:09:54.130 --> 00:09:56.460

Each night she ran until she felt she was

165

00:09:56.470 --> 00:09:59.760

far enough from her captives that she could travel by day.

166

00:10:00.330 --> 00:10:04.920

She was always on the lookout for other enemies, poor weather, and the great

167

00:10:04.930 --> 00:10:05.640

grizzly bear.

168

00:10:06.350 --> 00:10:08.440

She ate the berry's roots and meat and

169

00:10:08.450 --> 00:10:10.360

soaked her feet whenever she could.

170

00:10:11.130 --> 00:10:13.540

She always kept the snaking river in

171

00:10:13.550 --> 00:10:16.580

sight and had several close encounters

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with death.

172

00:10:17.630 --> 00:10:20.460

One of those days she encountered a grizzly bear.

173

00:10:20.950 --> 00:10:25.140

It ran after her and she climbed the nearest tree, scraping her legs and arms

174

00:10:25.150 --> 00:10:30.060

and held on to the trunk for the entire night until the light of day.

175

00:10:31.050 --> 00:10:34.880

When she descended in the morning, her body was numb and wobbly.

176

00:10:35.430 --> 00:10:39.200

But the bear was gone and slowly she began her journey again.

177

00:10:40.050 --> 00:10:45.720

Nayanuki encountered enemy tribes, wild animals, snow storms, and sickness on her journey.

178

00:10:46.190 --> 00:10:49.740

Yet her courage, knowledge, and fortitude kept her alive.

179

00:10:50.370 --> 00:10:54.660

When her food ran out, she made snares, remembering how her tribe had done so.

180

00:10:55.150 --> 00:10:59.040

When her moccasins were worn out, she had the fortune to come across the dead

181

00:10:59.050 --> 00:11:01.400

buffalo and made three pairs.

182

00:11:01.910 --> 00:11:03.580

She would need her blanket and didn't

183

00:11:03.590 --> 00:11:05.100

want to turn it into moccasins.

184

00:11:05.110 --> 00:11:07.460

She gathered roots and berries, hunted,

185

00:11:07.670 --> 00:11:09.300

and built a shelter in a snowstorm.

186

00:11:09.890 --> 00:11:12.780

Many times Nayanuki could have given up,

187

00:11:13.150 --> 00:11:15.700

but she was determined to join her people.

188

00:11:16.770 --> 00:11:19.820

At last, as the night had turned frigid

189

00:11:19.830 --> 00:11:24.380

and snow covered the land, she arrived at the point of three waterfalls.

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190
00:11:25.010 --> 00:11:27.720
This place she had visited many times as a child.

191
00:11:28.390 --> 00:11:29.760
She knew she was getting closer.

192
00:11:29.770 --> 00:11:31.960
She could hardly contain her excitement,

193
00:11:32.510 --> 00:11:35.120
but she knew she had to stay alert and smart.

194
00:11:35.750 --> 00:11:37.840
The snow was deep and enemies could still

195
00:11:37.850 --> 00:11:38.880
be on the prowl.

196
00:11:39.810 --> 00:11:42.520
One day, she saw tracks in the snow and

197
00:11:42.530 --> 00:11:43.800
began to follow the path.

198
00:11:44.430 --> 00:11:46.260
The horses had cleared a wide trail

199
00:11:46.270 --> 00:11:47.240
through the snowdrifts.

200

00:11:47.850 --> 00:11:49.320
She hoped to catch up with the travelers

201
00:11:49.330 --> 00:11:53.660
and went by the light of the moon until she eventually had to rest on the side of

202
00:11:53.670 --> 00:11:54.060
the trail.

203
00:11:54.790 --> 00:11:56.660
The next morning, she looked down the

204
00:11:56.670 --> 00:12:00.680
ridge and saw a camp below her that was packing and preparing to leave.

205
00:12:01.350 --> 00:12:02.300
She looked closer.

206
00:12:03.030 --> 00:12:05.340
Yes, they were her people, the Shoshone.

207
00:12:05.670 --> 00:12:07.140
They were dressed like her people.

208
00:12:07.510 --> 00:12:09.120
She couldn't believe her eyes.

209
00:12:09.610 --> 00:12:10.960
Yes, she thought, I am home.

210
00:12:11.730 --> 00:12:13.400

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Though tired, she began to run.

00:12:34.290 --> 00:12:36.620

The people gathered around in disbelief.

211

00:12:14.130 --> 00:12:17.360

And halfway down the mountain, a brave on horseback appeared.

221

00:12:37.090 --> 00:12:40.460

Was she a spirit or truly her, the

212

00:12:18.010 --> 00:12:21.280

The young warrior, Nayanuki, could hardly believe their eyes.

222

00:12:40.470 --> 00:12:41.260

captured daughter?

213

00:12:21.870 --> 00:12:23.460

The brave was Sakajouya's brother.

223

00:12:41.950 --> 00:12:43.860

Her mother came from the back of the

214

00:12:23.830 --> 00:12:24.920

He could not understand.

224

00:12:43.870 --> 00:12:46.340

crowd and knew at once this was really her daughter.

215

00:12:24.930 --> 00:12:25.520

You?

225

00:12:46.990 --> 00:12:51.560

They hugged and cried for joy, tears flowing freely.

216

00:12:26.050 --> 00:12:27.180

He asked, how?

226

00:12:52.350 --> 00:12:55.300

Once things quieted down, there were many questions.

217

00:12:27.410 --> 00:12:27.700

Where?

227

00:12:56.110 --> 00:12:58.280

Nayanuki answered and told them of her journey.

218

00:12:28.190 --> 00:12:30.140

They both danced and embraced each other.

228

00:12:59.070 --> 00:13:02.740

Little did she know, she traversed 1,000 miles.

219

00:12:30.630 --> 00:12:33.600

He placed her on the horse and they rode into the camp.

229

00:13:03.530 --> 00:13:06.640

An 11-year-old in the wild, all on her own.

220

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- 230
00:13:07.310 --> 00:13:12.480
The chief ordered the people to pack and move camp as bad weather was on its way.
- 231
00:13:24.000 --> 00:13:28.010
After several days of travel, they reached their winter camps.
- 232
00:13:28.020 --> 00:13:32.890
The buffalo hunt had been good and now they had a feast and listened to Nayanuki
- 233
00:13:32.900 --> 00:13:34.470
share her amazing story.
- 234
00:13:35.420 --> 00:13:37.730
She became a legend to the Shoshoni
- 235
00:13:37.740 --> 00:13:44.550
people and that night was given the honorific name, Nayanuki, the girl who ran.
- 236
00:13:49.550 --> 00:13:55.680
So our hero, Nayanuki, we're going to start with a little book work.
- 237
00:13:59.090 --> 00:14:06.270
This is a map and we're going to put this in our book.
- 238
00:14:06.720 --> 00:14:08.110
I'll show you an example.
- 239
00:14:10.880 --> 00:14:12.750
So depending on the size.
- 240
00:14:17.610 --> 00:14:24.460
But the first page of your book, I want us to put in your name and a title.
- 241
00:14:25.030 --> 00:14:27.260
It's going to be a table of contents.
- 242
00:14:27.930 --> 00:14:29.660
So after we've done all our work, we can
- 243
00:14:29.670 --> 00:14:32.940
number it and then it's kind of like a book you'll be able to find.
- 244
00:14:37.570 --> 00:14:39.520
So this is your first page.
- 245
00:14:39.710 --> 00:14:41.960
You could also use loose paper and bind
- 246
00:14:41.970 --> 00:14:44.840
it later or tie it, we'll let you decide.
- 247
00:14:46.970 --> 00:14:49.740
And we're going to write across here, heroes.
- 248
00:14:50.870 --> 00:15:03.810
If you learned cursive last year, I'd recommend that you use heroes upon the

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249 00:15:03.820 --> 00:15:19.000 earth and your name.	259 00:16:23.200 --> 00:16:27.350 And we'll be looking at each of these regions and a hero from each one.
250 00:15:21.930 --> 00:15:28.320 And we'll leave this blank to return to.	260 00:16:27.440 --> 00:16:32.450 So we started today, Nyanuki, it was from the Great Basin region.
251 00:15:29.490 --> 00:15:37.540 And then the next page we'll turn and having the binding up towards the top,	261 00:16:32.780 --> 00:16:33.750 So we'll fill that in.
252 00:15:39.410 --> 00:15:41.000 we're going to work on our map.	262 00:16:33.940 --> 00:16:35.590 But first let's draw our map.
253 00:15:49.100 --> 00:15:50.750 We're going to leave a space, this is	263 00:16:37.950 --> 00:16:40.460 So we're going to be using this area.
254 00:15:50.760 --> 00:15:51.910 where the title is.	264 00:16:43.580 --> 00:16:45.490 First I'm going to draw this line that
255 00:15:52.480 --> 00:15:53.610 And we're going to have the map here.	265 00:16:45.500 --> 00:16:47.590 goes straight.
256 00:15:53.700 --> 00:15:55.250 So let's put the title first.	266 00:16:51.370 --> 00:16:53.260 We have a dip down over here.
257 00:15:56.760 --> 00:15:59.210 Native American Regional Map.	267 00:16:55.350 --> 00:17:03.690 These coasts have shores, so the water really transforms it.
258 00:16:17.500 --> 00:16:22.830 And what we're doing with this map is, you'll notice it's not states, it's regions.	268 00:17:05.540 --> 00:17:05.770 Okay.

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269
00:17:06.320 --> 00:17:07.290
This side.

270
00:17:07.700 --> 00:17:09.170
This comes down.

271
00:17:32.170 --> 00:17:32.960
Rocky Shore.

272
00:17:54.400 --> 00:17:57.010
Maybe you've been to one of these states
and it's familiar to you.

273
00:17:58.380 --> 00:18:02.330
Make sure this is what I have more time
to work on.

274
00:18:03.600 --> 00:18:04.930
Give you a moment.

275
00:18:06.520 --> 00:18:08.170
And then we're going to break it up into

276
00:18:08.180 --> 00:18:09.050
the regions.

277
00:18:10.100 --> 00:18:15.110
So starting over here, make one skinny

278
00:18:15.120 --> 00:18:15.990
line down.

279

00:18:16.760 --> 00:18:17.830
Come across.

280
00:18:19.120 --> 00:18:20.410
And here's another.

281
00:18:44.770 --> 00:18:48.440
This is a freehand map, so it's a little

282
00:18:48.450 --> 00:18:52.040
different than if you're doing something
to scale or practicing with grids.

283
00:18:52.250 --> 00:18:55.740
So it's not going to be perfect when
you're drawing freehand.

284
00:18:56.810 --> 00:18:57.240
Great.

285
00:18:57.610 --> 00:18:58.560
Now we have our map.

286
00:18:59.470 --> 00:19:06.460
And I'd like us to fill in the first area
that we're going to be studying, which is

287
00:19:06.470 --> 00:19:09.840
here, the Great Basin, in the western part.

288
00:19:17.640 --> 00:19:19.110
And basin, it's actually going to be one

289

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00:19:19.120 --> 00:19:20.730
of our vocabulary words.

290
00:19:22.600 --> 00:19:26.050
The area has this diverse kind of bowl

291
00:19:26.060 --> 00:19:29.330
-shaped flat area, then mountains and plains.

292
00:19:30.700 --> 00:19:34.870
And the Shoshone that lived and still

293
00:19:34.880 --> 00:19:38.070
live in this area were semi -nomadic.

294
00:19:38.680 --> 00:19:41.130
So they, which means that part of the

295
00:19:41.140 --> 00:19:45.010
year they would be in one place, and then they migrated depending on their food source.

296
00:19:45.100 --> 00:19:49.670
So when the buffalo hunt came, then they would go and set up camp and move along

297
00:19:49.680 --> 00:19:53.390
and then go back to their winter camp where they stayed, kind of hunkered down

298
00:19:53.400 --> 00:19:56.210

to brace for the winter with their stored food.

299
00:19:57.760 --> 00:19:58.890
This is the Great Basin.

300
00:19:59.620 --> 00:20:06.070
And then just for aesthetics, for beautiful, for the beautiful art that we

301
00:20:06.080 --> 00:20:09.610
like to do in Waldorf education, I'm going to show you this technique.

302
00:20:09.620 --> 00:20:13.870
You might have done it before, but if it's something new, you want to have an

303
00:20:13.880 --> 00:20:16.170
empty pencil sharpener.

304
00:20:16.980 --> 00:20:18.190
And I'm going to do purple.

305
00:20:20.120 --> 00:20:23.270
And what you're going to do is you're going to just sharpen your pencil.

306
00:20:27.930 --> 00:20:30.780
And then we're using these shavings.

307
00:20:32.330 --> 00:20:34.840
Just come and tilt this back a little.

308

00:20:51.570 --> 00:20:55.160

And so working on a flat, I'm working like this just to show you, but you'll be

309

00:20:55.170 --> 00:20:57.720

on a flat surface when you're doing your book work and writing.

310

00:20:58.170 --> 00:21:03.940

You can take these shavings and swirl them around.

311

00:21:06.870 --> 00:21:11.520

Makes a very nice kind of, a little bit watercolor -y technique.

312

00:21:14.630 --> 00:21:19.340

I'll let you choose the colors that you would like to work with.

313

00:21:24.280 --> 00:21:26.950

Different colored pencils will yield different results.

314

00:21:27.160 --> 00:21:29.730

This is a woodless pencil, colored pencil.

315

00:21:29.900 --> 00:21:32.530

I really like these for this because I'll

316

00:21:32.540 --> 00:21:35.130

show you the difference between my wooded ones and the woodless.

317

00:21:42.010 --> 00:21:43.660

We're going to go around the map.

318

00:21:44.190 --> 00:21:46.240

So this is my woodless one.

319

00:21:46.250 --> 00:21:48.220

So this is all colored pencil.

320

00:21:48.770 --> 00:21:51.420

And then I'll go on to my wooded one.

321

00:21:51.870 --> 00:21:54.140

See, this is wood with just a tip.

322

00:21:56.590 --> 00:21:58.320

And you'll, when you're ready for another

323

00:21:58.330 --> 00:21:59.920

color, you'll empty that out.

324

00:22:01.010 --> 00:22:02.400

Use some shavings.

325

00:22:02.490 --> 00:22:03.620

We'll try it with the wooded one.

326

00:22:09.520 --> 00:22:11.490

And so you'll see that these, the wood

327

00:22:11.500 --> 00:22:15.370

part you don't really need, but it's all these orange shavings.

00:22:55.250 --> 00:22:55.880
on writing.

328
00:22:16.100 --> 00:22:17.030
The colored pencil part.

338
00:23:04.710 --> 00:23:05.040
Great.

329
00:22:17.040 --> 00:22:22.260
And you'll just start to fill these in.

339
00:23:05.550 --> 00:23:13.740
So the Shoshone, which in their own language, are called people, Nahua.

330
00:22:23.870 --> 00:22:26.420
And then you can, of course they can overlap.

340
00:23:14.510 --> 00:23:19.220
So just when we're talking about indigenous people, the first peoples,

331
00:22:27.430 --> 00:22:29.480
You can have darker areas or lighter

341
00:23:19.810 --> 00:23:24.880
often their names were given to people that didn't speak their language.

332
00:22:29.490 --> 00:22:33.100
areas, depending on how many shavings you use.

342
00:23:25.770 --> 00:23:29.140
They could be French speaking or Spanish, and so they might have been given the

333
00:22:43.610 --> 00:22:45.220
So you're going to do that until your

343
00:23:29.150 --> 00:23:29.960
name Shoshone.

334
00:22:45.230 --> 00:22:47.940
whole map is filled with color.

344
00:23:30.290 --> 00:23:32.360
But often they had their own name.

335
00:22:48.250 --> 00:22:49.980
So that is the second page in your book.

345
00:23:32.930 --> 00:23:34.080
That's just something to think about.

336
00:22:50.250 --> 00:22:55.240
And we'll be doing drawings, we're going to work on playing one class, and working

346
00:23:34.730 --> 00:23:37.260
And same with the land.

337

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347
00:23:37.330 --> 00:23:41.080
The land, we now have these states, but
the land was very different than as far

348
00:23:41.090 --> 00:23:44.560
as territory and who owned what.

349
00:23:45.850 --> 00:23:46.960
I was going to say something else about

350
00:23:46.970 --> 00:23:48.760
that, and I lost it.

351
00:23:49.650 --> 00:23:53.120
In this area of the Great Basin, they

352
00:23:53.130 --> 00:23:55.080
hunted buffalo, but also deer.

353
00:23:56.510 --> 00:23:59.100
They fished, and you'll hear about

354
00:23:59.110 --> 00:24:03.120
Nyanuki, how she was able to catch some
fish using a trap.

355
00:24:04.110 --> 00:24:08.280
And then they dug roots and foraged for
berries.

356
00:24:08.830 --> 00:24:10.920
And then were able to store the buffalo

357
00:24:10.930 --> 00:24:12.980
meat by drying it out for the wintertime.

358
00:24:13.390 --> 00:24:14.840
Same with the berries and the nuts.

359
00:24:18.090 --> 00:24:21.360
And so talking about, oh now I remember,
talking about this naming of giving

360
00:24:21.370 --> 00:24:27.460
something a name, is we're going to
review in the next few classes the four

361
00:24:27.470 --> 00:24:31.980
parts of speech that you may have learned
last year in third grade.

362
00:24:33.070 --> 00:24:36.420
And we're going to look first today at
the naming words.

363
00:24:36.590 --> 00:24:42.160
So just like the Shoshone were giving a
name, and Nyanuki was giving a name, the

364
00:24:42.170 --> 00:24:48.520
girl who ran, I want you to look around
where you are and see what you can name.

365
00:24:48.810 --> 00:24:50.600
So many things have a name.

366

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00:24:50.930 --> 00:24:53.520
So for example, here's a flower.

367
00:24:53.530 --> 00:24:55.540
A table.

368
00:24:56.570 --> 00:24:57.460
A window.

369
00:24:58.010 --> 00:25:02.240
And just take a moment to see how many names, how many things there are.

370
00:25:02.590 --> 00:25:06.820
Because nouns are a person, place, or thing.

371
00:25:07.510 --> 00:25:08.880
Just take one moment.

372
00:25:14.780 --> 00:25:20.510
And for your homework, I want everyone to have a composition book or it could also

373
00:25:20.520 --> 00:25:23.910
be a blank, another blank morning lesson book.

374
00:25:23.980 --> 00:25:25.210
Something where you're going to put

375
00:25:25.220 --> 00:25:28.330
vocabulary words, any homework that I give you.

376
00:25:28.840 --> 00:25:32.870
And so for your homework, I want you to list a group of naming words, which are

377
00:25:32.880 --> 00:25:35.870
called nouns.

378
00:25:36.760 --> 00:25:40.830
So at the top of a blank piece of paper

379
00:25:40.840 --> 00:25:42.790
in your book, you'll write nouns.

380
00:25:46.250 --> 00:25:47.420
I'll show you an example.

381
00:25:48.470 --> 00:25:50.260
You can use a pencil or a colored pencil.

382
00:25:53.530 --> 00:25:55.240
And I just want you to list them.

383
00:25:55.330 --> 00:25:59.460
There are proper nouns, which would be a name, and we're going to just list the

384
00:25:59.470 --> 00:26:00.360
non -proper ones.

385
00:26:00.370 --> 00:26:02.520
So for example, house.

386

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00:26:02.790 --> 00:26:03.920
The house that you live in.

387
00:26:04.570 --> 00:26:05.100
A car.

388
00:26:05.750 --> 00:26:06.360
There's so many things.

389
00:26:06.430 --> 00:26:08.020
You could say, I'm going to make a challenge.

390
00:26:08.130 --> 00:26:11.060
I'm just going to look at this part of my room.

391
00:26:11.390 --> 00:26:12.240
Maybe it's your desk.

392
00:26:12.530 --> 00:26:13.580
And name all the things there.

393
00:26:13.850 --> 00:26:15.260
Or I'm going to go outside.

394
00:26:15.510 --> 00:26:16.980
It's going to be a nature noun.

395
00:26:17.410 --> 00:26:19.120
And I'm going to list all the things in

396
00:26:19.130 --> 00:26:20.900

my backyard or somewhere at the beach.

397
00:26:21.250 --> 00:26:22.940
So you can also give it a little bit of a

398
00:26:22.950 --> 00:26:26.300
context of what nouns you're going to be looking at.

399
00:26:27.270 --> 00:26:30.600
And then we'll work with that in the next class.

400
00:26:31.530 --> 00:26:33.000
So nouns are naming.

401
00:26:37.370 --> 00:26:40.760
And those words are different depending on what language you speak.

402
00:26:41.290 --> 00:26:43.380
So there's so many words in the world.

403
00:26:43.490 --> 00:26:44.760
If you think about it, think about how

404
00:26:44.770 --> 00:26:50.080
many nouns I just know by looking at this table and how many languages there are.

405
00:26:50.450 --> 00:26:55.200
And languages that we don't even know that might exist in a far -off region.

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406
00:26:56.410 --> 00:26:58.340
So language is really quite fun.

407
00:26:59.570 --> 00:27:01.100
And then the next thing is we're going

408
00:27:01.110 --> 00:27:04.240
to, I want you to do some vocabulary homework.

409
00:27:04.490 --> 00:27:06.640
So in this book, I encourage you, if

410
00:27:06.650 --> 00:27:11.100
you're reading something outside of class or that has to do with class, and you

411
00:27:11.110 --> 00:27:16.060
come across a word that you're not quite sure what it means, that you will look it

412
00:27:16.070 --> 00:27:17.260
up in a dictionary.

413
00:27:20.850 --> 00:27:22.900
And if this is new for you, I'm going to

414
00:27:22.910 --> 00:27:23.980
go over it really quickly.

415
00:27:23.990 --> 00:27:26.440
The first word that I have in my

416
00:27:26.450 --> 00:27:34.840
dictionary that I'm writing my list is basin.

417
00:27:40.140 --> 00:27:42.050
B -A -S -I -N.

418
00:27:42.920 --> 00:27:46.530
And so the first letter is where we will start. B.

419
00:27:47.900 --> 00:27:49.870
And then I find the B section.

420
00:27:51.580 --> 00:27:52.270
There's the B.

421
00:27:53.540 --> 00:27:57.970
And then there's so many words that start with the letter B, so I go to the second

422
00:27:57.980 --> 00:28:01.630
letter, which is A. So now I'm going to look at the B -A words.

423
00:28:02.060 --> 00:28:04.110
Still, very many B -A words.

424
00:28:04.220 --> 00:28:08.190
So I go to the third letter, S. B -A -S.

425
00:28:09.480 --> 00:28:15.930
Okay, I'm getting closer to finding my word, but there's still quite a few B -A

- 426
00:28:15.940 --> 00:28:16.510
-S words.
- 427
00:28:17.000 --> 00:28:19.390
So then I'm going to go to the next one,
- 428
00:28:19.660 --> 00:28:23.350
which is I. B -A -S -I.
- 429
00:28:24.240 --> 00:28:25.850
And lastly, I'm going to have to use
- 430
00:28:25.860 --> 00:28:30.310
every single letter when you're looking
up a word, N. Basin.
- 431
00:28:31.900 --> 00:28:35.550
An area of land drained by a river system.
- 432
00:28:36.180 --> 00:28:38.350
And so then you will write the definition
- 433
00:28:38.360 --> 00:28:40.230
next to your word.
- 434
00:28:41.240 --> 00:28:43.450
And I would like to recommend you can
- 435
00:28:43.460 --> 00:28:46.830
write exactly what the dictionary says,
or you could phrase it in your own words.
- 436
00:28:47.100 --> 00:28:48.010
You can paraphrase.
- 437
00:28:48.420 --> 00:28:49.690
Whatever will help you.
- 438
00:28:49.860 --> 00:28:52.650
This is for you to help you remember what
the word means.
- 439
00:28:53.660 --> 00:28:56.390
So I'm going to give you the list.
- 440
00:28:56.400 --> 00:28:58.750
If you could get out a book and a piece
- 441
00:28:58.760 --> 00:29:01.410
of paper, there are five words.
- 442
00:29:02.360 --> 00:29:06.110
And I gave mine a title, Great Basin,
- 443
00:29:06.180 --> 00:29:08.450
which we just wrote in your book.
- 444
00:29:08.960 --> 00:29:10.890
The first word is basin.
- 445
00:29:11.400 --> 00:29:13.640
B -A -S -I -N.
- 446
00:29:15.900 --> 00:29:18.850

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The second word is desert.

447

00:29:19.640 --> 00:29:22.490

D -E -S -E -R -T.

448

00:29:23.800 --> 00:29:25.810

And I'm going to give you a little fun thing.

449

00:29:25.820 --> 00:29:29.990

Dessert has two S's because it's sweet stuff.

450

00:29:30.100 --> 00:29:30.670

That helped me remember.

451

00:29:30.820 --> 00:29:34.570

So anytime there's a trick that will help you remember, the desert only has one S,

452

00:29:34.680 --> 00:29:36.850

but dessert has two for sweet stuff.

453

00:29:37.720 --> 00:29:39.330

Next word, habitat.

454

00:29:40.000 --> 00:29:43.430

H -A -B -I -T -A -T.

455

00:29:47.880 --> 00:29:48.990

Semi -nomadic.

456

00:29:49.860 --> 00:29:56.990

S -E -M -I dash N -O -M -A -D -I -C.

457

00:29:59.140 --> 00:30:02.330

And the last word is fortitude.

458

00:30:03.700 --> 00:30:11.810

F -O -R -T -I -T -U -D -E. Fortitude.

459

00:30:12.520 --> 00:30:14.270

And so for your homework, after you've

460

00:30:14.280 --> 00:30:18.150

written your nouns, we're going to fill in what these words mean.

461

00:30:19.220 --> 00:30:22.330

And if you know, you do not need to look up in the dictionary.

462

00:30:23.220 --> 00:30:30.010

So that's the two things that I'd like you to do for your homework.

463

00:30:31.340 --> 00:30:31.930

Excellent.

464

00:30:32.840 --> 00:30:36.750

So next class, we will be looking at,

465

00:30:37.020 --> 00:30:42.370

we'll be reviewing our story about Nayanuki.

466

00:30:43.280 --> 00:30:46.430

And the rhythm of the class is that, now

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467
00:30:46.440 --> 00:30:50.850
that we have this first one done, is that
the second class will always be a review

468
00:30:50.860 --> 00:30:52.210
of the story from before.

469
00:30:52.220 --> 00:30:55.030
And any book work or composition work,

470
00:30:55.240 --> 00:30:57.470
and then a new portion of language arts.

471
00:30:57.540 --> 00:31:01.250
So we started with parts of speech, and

472
00:31:01.260 --> 00:31:03.070
then we'll hear a new story.

473
00:31:03.540 --> 00:31:05.690
So each class will be a combination of

474
00:31:05.700 --> 00:31:10.490
the story from before, and then the new
material that in the next class we will

475
00:31:10.500 --> 00:31:11.130
work with.

476
00:31:11.660 --> 00:31:12.910
So I look forward, we're going to move

477
00:31:12.920 --> 00:31:16.450
around these regions.

478
00:31:16.480 --> 00:31:19.390
We started here in the Great Basin, and

479
00:31:19.400 --> 00:31:24.650
you'll find out next class where we're
off to on our adventure.

480
00:31:26.680 --> 00:31:27.290
Great.

481
00:31:28.060 --> 00:31:29.430
And so you're going to, I'll send a

482
00:31:29.440 --> 00:31:35.850
supply list and also a suggested book
list, which is not, is not needed, but

483
00:31:35.860 --> 00:31:40.430
there's some supplementary texts that
might be fun to read along with this

484
00:31:40.440 --> 00:31:41.790
block or even after.

485
00:31:42.460 --> 00:31:43.790
Some great references.

486
00:31:45.520 --> 00:31:52.050
So I look forward to this journey ahead

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of looking at these heroic people like
Nayanuki.

496

00:32:26.200 --> 00:32:31.690

Truth, love, and strength will grow, and
we shall bless all those we know.

487

00:31:52.600 --> 00:31:53.250

How brave.

497

00:32:32.620 --> 00:32:34.470

Goodbye and thank you, fourth grade.

488

00:31:53.360 --> 00:31:54.870

I wonder how old you are.

489

00:31:55.420 --> 00:32:00.350

She was 11 and she was able to travel a
thousand miles by herself.

490

00:32:01.060 --> 00:32:05.530

So now each class we're going to end with
a verse.

491

00:32:09.760 --> 00:32:11.690

We're going to stand tall.

492

00:32:11.700 --> 00:32:14.230

And next class I have a fun hand movement

493

00:32:14.240 --> 00:32:17.030

game, so we'll add that into our morning
ritual.

494

00:32:18.740 --> 00:32:20.590

Our work for now has ended.

495

00:32:21.100 --> 00:32:25.550

What we have learned will rest when we
have done our very best.