

Kundalini Bodywork Online

Protection Perspectives 4, 5, 6, & 7

(perspectives 1, 2 & 3 recapped)

Perspective 1 = Everything is karma, when things attack you, learn to love them, and then nothing can hurt you (this may take several lifetimes).

Perspective 2 = Healing is cleaning. Healing is holistic. Focus on holistic health: diet; exercise; nature; fresh air; keeping a positive mind, and living in a beautiful environment, and you will be protected from most things.

Perspective 3 = Sovereignty. When we work from a non-dual state, we can easily pick up the illnesses of clients, so we must learn to develop energetic boundaries and develop energetic sovereignty when working. We may also accidentally pour our life force into someone else or take theirs, or someone may take ours when we are unconscious of how such events work, thus developing energetic boundaries and developing energetic sovereignty, and learning to know when such events are happening is essential. This is a main theme in the 'energy 101' videos. Smoking sage is a physical act that supports us to acknowledge, honour, and come back to our own separation while working. It also cleanses any negative etheric energy before it has time to settle into our body and affect the physical.

Perspective 4 = Align with universal law. Spirituality is dangerous, only in recent years has spirituality become a Western mainstream fashion. Since the time of burning witches and before, spirituality has often been seen as negative, and in the Muslim faith it still mostly is. Astral entities and beings with personal agendas, beings that do not aim to merge with God/oneness, but to stay separate for eternity (which can be a negative expression of tantric hedonism, and a positive argument for satanism - while in general

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hedonism is positive and satanism negative) will generally not have the best interest for your soul in their heart (while the essence of humanity is of 'one-heart'), thus spiritual protection is needed when we open our consciousness up to a spiritual world.

In this whole training we highlight the dangerous of activation practices and spirituality in general. We bring awareness to some, or many, of the dangerous - and how mal practice may happen, because awareness allows us to explore spirituality in a more aware and conscious way: finding the lessons our soul is here to learn (which come through polarity). This training is rooted in developing our freewill and sovereignty, with a deeper understanding of what surrender is, and what surrender means. We focus on understanding universal law and aligning ourselves to universal law, to better develop the rightful use of freewill. This allows us to work with and manifest within reality, not from individualisation and separation but from surrender and unity: freewill makes us selfless (this in-itself is a paradox).

As we already have belief systems and exist in various matrixes of this mental realm: as reality is a mental concept with both physical laws and universal laws (while the astral world is etheric with universal laws) thus the matrixes we live in (the realities) change with our subconscious beliefs as much as our conscious beliefs. We all experience reality differently, while our physical reality is experienced only slightly differently, our astral reality may be experienced with great differences. As we learn to change our mind and change our belief system (by aligning ourselves to universal law) we create a reality that needs far less spiritual and astral protection. Once we create

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more consciousness to the astral world, while developing more freewill and sovereignty in alignment to universal law, then these beings can not siphon our energy without our consent, as we are not unconscious to them, providing that we are healing the traumas in our body, mind, and nervous system, so no longer being a vibrational match to them. To work with reality in this way we must not only understand the paradox that is creating reality but to be a positive manifestation and embodiment of the paradox and universal law (de-armouring as it is taught in Kundalini Bodywork is teaching us to embody fundamental aspects of universal law).

Creating and having a grounded and embodied sense of how reality works is one of the greatest forms of protection. The more truth we can embody, the more power truth has, BUT in this, we can not stray too far from the collective consciousness of humanity, as we are of one consciousness and of one heart: the physical matrix must appear to be the same for everyone, although it is not.

In Kundalini Bodywork, we first learn to self-activate and raise energy up, (Gaia energy, emotional energy, our own spiritual store of energy (kundalini)) with our own sovereignty, not just down through the top of the crown. Down through the top of the crown is what happens in most modern Western kundalini activation practice as well as traditional shaktipat, as this is a process of surrender, but when you surrender to a facilitator or energy that is impure, or with negative intentions, it may have a positive or negative effect. Facilitators may be unaware of astral entities that are attached to them, and these may feel good at the time, potentially with ill effects later, which is the

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case for some people who receive purely surrender-based activations, while most who receive such powerful activations overall receive lasting positive benefits, as there are also many astral beings and entities who are predominately positive. In Kundalini Bodywork our focus is on the 8th dimension of consciousness when working top down, to purely to connect to energies such as Christ consciousness which Jesus was and is an embodiment of.

In addition to bottom-up and top-down activations, activations also happen through the chakra system, and these can be positive or negative. In Kundalini Bodywork we learn to create energetic sovereignty and boundaries, and the ability to transmute such negative energies, but primarily before, or, at the start of each session, we are doing the needed self-development, trauma transformation, and healing work. Grounding, working with breath, with pain, with the nervous system, making the body healthy and understanding our psychology and emotions, understanding that our emotions are a form of energy that can dictate our life negatively unless we have the discernment to listen to our emotions and the freewill to act on their positive expressions in relation to the whole: so from a place of selflessness.

Perspective 5 = Divinity. We will explore this perspective in the level 2 part of the training. In essence, this is a practical way to move beyond positivity and negativity while dissolving what has been created in the past, dissolving karma. BUT logically, this creates more karma and opens up a whole new debate about the need for negative karma. Unless you are completely

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enlightened, you can never truly dissolve karma, but you can work with divinity.

Perspective 6 = Unconsciousness. Go back to sleep, believe in nothing but the big bang. Be an atheist. Remove magic from life. Let capitalism act as the lord and science the priest. Wait to die and see if anything happens. Being an atheist and completely believing in science would give you quite a lot of protection from witchcraft. They burnt witches for a reason.

The person who has never invested time, energy, or thought into an occult world is more protected from it, than somebody whose invested a lot of time and belief into it!

A spiritual path is not for everybody, and an atheist path is chosen by many. One could be a spiritual atheist, or a spiritual occultist, meaning they do not believe in a God or God's but still understand and invest in the spiritual and energetic world that affects this one (although this is quite a dangerous path in relation to energetic and spiritual protection, and to do this one needs a very strong mind and strong will).

Perspective 7 = Surrender to Jesus. If your life path is not to be a conscious creator of reality and to use your freewill to shape existence for the good of all, you can surrender to Jesus and ask for his protection. This may or may not mean living by the laws of christianity, which is a matrix, this is not good, and it is not bad. Unfortunately, you may need to struggle against a host of other religous matrixes, who also believe they have a singular and

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ultimate truth that is not oneness. Be it Jew's, Muslims, or Hindu's, all religions offer a form of spiritual protection, but from my perspective they come with a price. Jesus to me (without the church) feels neutral, but you should choose for yourself.