



# Table Talk for Boards

Essential Conversations | Monthly Board Training

**THIRD THURSDAYS, 6:15 PM ET, 90-MIN, MONTHLY**

# Table Talk for Boards | Essential Conversations

## Build the Board Your Mission Deserves

Inspired by *The Culturally Conscious Board*, this 12-month series helps boards grow in leadership, alignment, and impact. Designed for both new and seasoned members, it offers a focused space for real-time learning, reflection, and connection—grounded in the realities boards face today.

- ✓ 12 Monthly 90-Minute Virtual Board Essentials Sessions.
- ✓ Evergreen Board Skill Topics - Strategy, Succession, Reviews, Crisis.
- ✓ A Growing Peer Support Circle - Committed Board Professionals.
- ✓ Interactive & Applied Learning Environment.
- ✓ Curated Guest Experts, Case Studies & Thought Leader.
- ✓ “Conversation Starters” Series - Practical Board Development Tools.

**Offer - Full Year \$1200, Payment Plans Available**



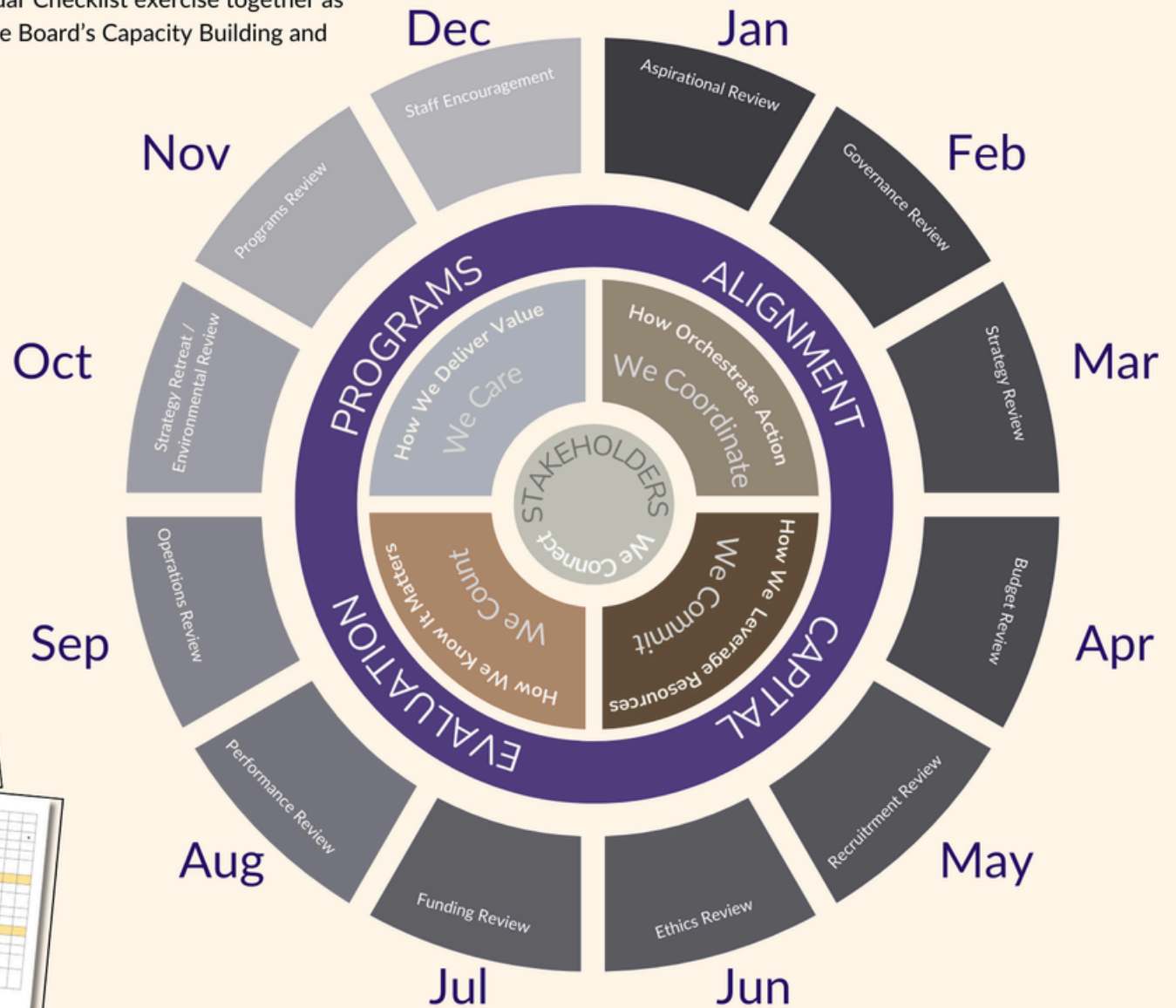
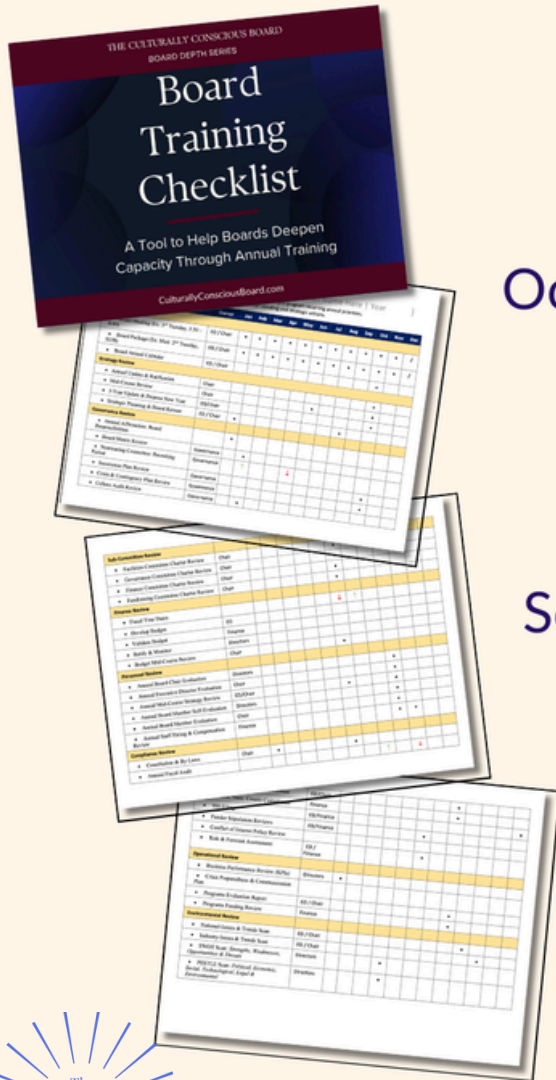
## Includes:

- 12-Month access to *Table Talk for Boards: Essential Conversations*.
- Access to Digital Conversation Starters Series - Fillable Tools
- Quarterly Guest Deep Dives with Practitioners & Experts
- Member-Exclusive Discussion Guides
- With Paid Membership, Bring One Member, Bring the Board (Per Required, Registrations)
- Coaching & Consulting Package Discounts, Upon Request
- BONUS: Buy One, Give One Access Fund Options for Under-Resourced Non-Profits.



# WORKSHEET | BOARD ANNUAL TRAINING CALENDAR

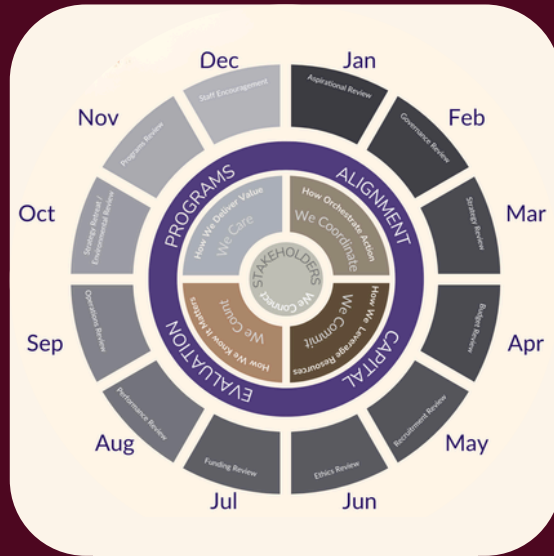
Instructions | Complete the Annual Calendar Checklist exercise together as a board. Create an Annual Calendar for the Board's Capacity Building and Strategic Oversight.



See Board "Conversation Starters Series" at [culturallyconsciousboard.com](http://culturallyconsciousboard.com)

# What Are the Essential Conversations?

A 12-month board training builds consistency, strategic focus and a culture of high trust. Attend on your own or bring the entire board. Sessions provide time for board members to get on the same page.



12 High Impact  
Conversation  
Starters, Designed  
to Strengthen Your  
Board Practice  
Each Month.

## Month

## Essential Conversation Topic

January | Aspirational Review

February | Governance Review

March | Strategic Review

April | Budget & Financial Review

May | Recruitment Review

June | Ethics / Compliance Review

July | Funding Review

August | Performance Review

September | Operations Review

October | Environmental Review / Strategy Retreat

November | Programs Review

December | Staff Encouragement

# An Annual Training Calendar | How's It Work?

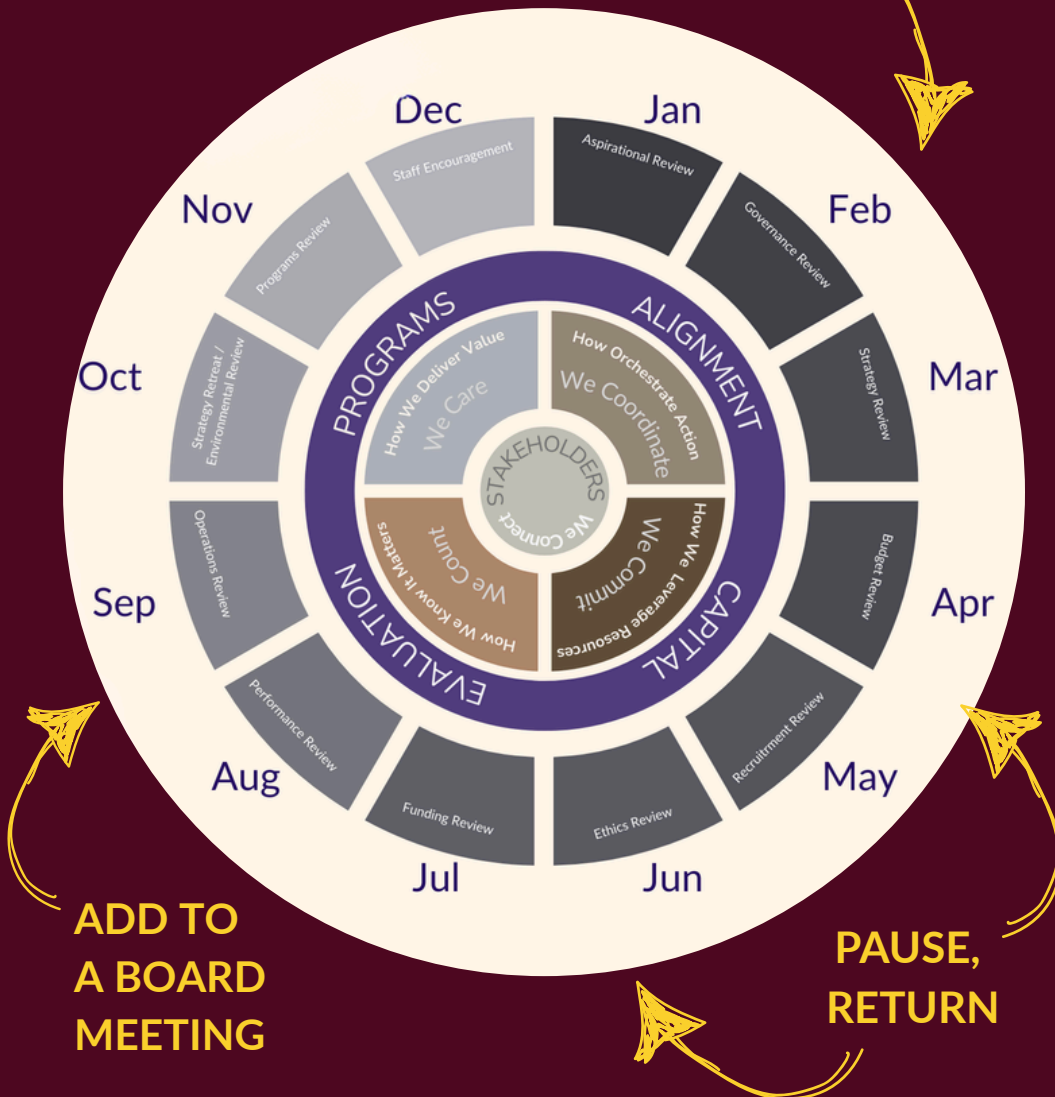
Making Board Depth a Working Capacity to Deepen Your Organization's Mission Impact.

Join at Any Time

## JUST-IN-TIME TRAINING, START ANYTIME

What's an Annual Training Calendar? A training calendar is a structured schedule designed to deepen the capacity of participants, such as board members and non-profit managers. It acts as a strategic tool to help members manage their responsibilities more effectively. Key features include:

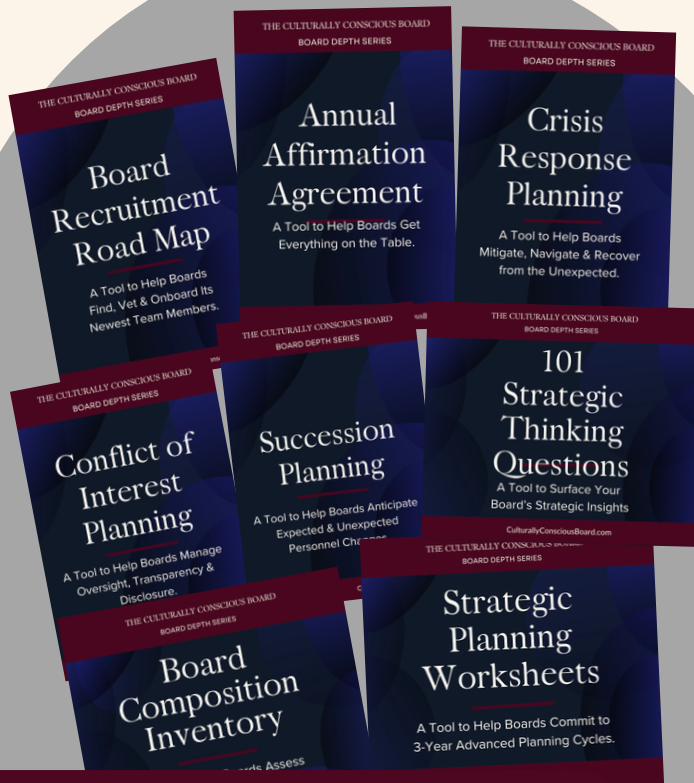
- **Structured Learning:** Offers a planned approach for continuous skill development.
- **Efficiency:** Enables boards to work smarter by providing a clear learning path.
- **Timeless Topics:** Includes subjects that remain relevant throughout the year.
- **Flexibility:** Allows participants to join and progress at their own pace.
- **Continuous Improvement:** Members can repeat the cycle annually to reinforce knowledge and stay informed about new developments.



ADD TO  
A BOARD  
MEETING

PAUSE,  
RETURN

# DEEPER BOARDS. ONE CONVERSATION AT A TIME.



## Frequently Asked Questions

### Who is Table Talk for?

Board members, board chairs, executive directors - anyone tasked with board development, orientation or culture shift.

### Can individual members join?

Yes. Individuals can join and bring tools back to their boards. Whole boards can register together.

### What's the format of each session?

Live 90-minute Zoom sessions include facilitated exercises, tools, resource sharing, and time for Q&A or peer exchange.

### Do I need to read the book to benefit?

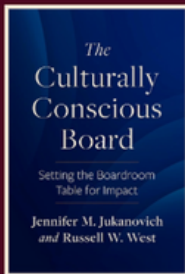
Not at all – but the bundle includes it to support the deeper reflection the series encourages.

### Can I sponsor or refer another board?

Yes! Ask us about our BOGO – Buy One, Give One sponsorship model.

### Want a preview or speaker for your board?

Bring us to your next retreat or board meeting. We offer keynote talks, strategic planning facilitation, and custom support.



## Conversation Starters Series

Board Depth Resources



- [team@culturallyconsciousboard.com](mailto:team@culturallyconsciousboard.com)
- [CulturallyConsciousBoard.com/tabletalk](https://CulturallyConsciousBoard.com/tabletalk)
- [RussellWest.Info](https://RussellWest.Info)

## BOARD'S DEPTH—WITHOUT SINKING YOUR BUDGET.

Table Talk for Boards is a practical, high-impact monthly training series designed to meet real boards where they are. For just \$1200/year (or monthly payments available through Affirm), your board gains access to twelve 90-minute virtual sessions that offer real-time guidance, proven tools and a supportive professional community of practitioners.

## Board Capacity Building Should be Accessible.

If your board is part of a broader network or collaborates with an umbrella organization, you may qualify for deeply discounted enrollment (\$600/year per board). And for under-resourced boards—particularly those serving historically under-served communities—we offer an Access Fund option, reducing the annual fee to \$240 (an 80% scholarship).



**\$1200, You  
& Board, A  
Full Year**

## Deeper Boards, Deeper Impact.

Our model supports boards ready to learn, reflect and deepen—not just the ones with it all figured out. With group learning, values-based facilitation and optional coaching add-ons, Table Talk is a high-value, low-barrier invitation to sustained board excellence.

### Board Training Access & Pricing

Affordable, expert-facilitated board development – monthly, virtual, and mission-aligned.

#### Board essentials | Standard

**\$1200/Year Per Organization**

Full access to 12 monthly live sessions, tools, and board scenarios. Invite 1-3 members. For organizations ready to invest in strategic growth.

#### Partner/Network Rate

**\$600/year**

Discounted access for board-intensive partner organizations, such as an association, network of affiliate charities, a denominational network. A network partner reflects shared investment in non-profit capacity building, promoting this training within its network. Contact Russ to connect your network or receive your discount

#### Access Fund

**Custom**

Sponsorships for boards with limited financial resources. Investors make these scholarships possible for under-resourced non-profits. Minimum participation fee of \$200. Brief application and commitment to attend required—because board development shouldn't be a luxury.

# Table Talk for Boards | Enroll Now



**BOOK NOW**

Need Support | Tap "Book Now" to  
Schedule a Brief Meeting to Discuss  
Your Board's Opportunities.

RussellWest.Info  
CulturallyConsciousBoard.com



- We Meet Every 3<sup>rd</sup> Thursday, 6:15 PM ET.
- Scan to Enroll Now.
- Contact Russ for Bulk Enrollments.

## Russell W. West, Ph.D.

- Executive/Board Coach, Consultant.
- 30+ Years, OD/LD Educator.
- Strengths & Capacity Building Focus.
- Co-Author, *The Culturally Conscious Board*.

# Any Questions?