



## **Course Title**

The Advanced Women's Health and Hormone Replacement Therapy (HRT) Course

## **Course Description**

This course is designed for the nurse practitioner who has taken our recently updated Women's Health course (or has previous HRT training from elsewhere) and is now looking to provide more advanced treatments and more comprehensive women's health care. This course will provide training and information necessary to integrate more advanced and comprehensive treatments in Women's health care into your new or already existing practice. This course will build on the information you have already have and help you gain an edge on the competition in this market and set yourself apart. This course discusses the physiology of hormones in women including advanced evaluation and treatment recommendations and clinical aspects. Advanced lab interpretation and alternative and integrative treatments will also be reviewed.

## **Course Outcomes**

By the conclusion of this module, the student should be able to:

- Distinguish reproductive hormone functions & their impacts on each other
- Identify imbalanced hormones & associated issues
- List treatments for imbalanced hormones
- Explain management & follow up for hormone treatment

Contact hours awarded: 8 total hours with 3 designated as pharmacology hours

Release date: 12/12/23

Expiration date: 12/11/26

*The Elite Nurse Practitioner is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.*





## **Course Disclosure**

### **Commercial Support**

None

It is the policy of The Elite Nurse Practitioner to ensure that commercial support is not accepted in regard to the content of our courses.

### **Disclosure Statement**

None of the planners or presenters for this activity have a relevant financial relationship(s) to disclose with ineligible companies.

### **The following course participants were involved with this course**

- Justin Allan, FNP
- Jenni Gallagher, APRN
- Amberly Wagner-Connolly DNP, FNP-C, Accredited Provider Program Director

Students of The Elite Nurse Practitioner Courses must pay the associated course fee to obtain the educational credit. To receive credit for this education activity, students must:

1. Read the course material in its entirety, including the additional resources section of the course.
2. Complete the pre-course quiz.
3. Complete the post-course quiz.
4. Complete the mandatory course evaluation after you finish this educational activity.

Once the above requirements have been fulfilled, the Certificate of Completion can be downloaded and printed to show you have completed the course requirements, and thus have earned the associated continuing education credits.

### **Contact Information**

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