

ADI Part 3 Marking Sheet – Explained

The marking sheet measures how well you plan, manage risk, and teach in real time.

There are 17 competencies, grouped into three sections:

Lesson Planning (4 competencies)

Risk Management (5 competencies)

Teaching & Learning Strategies (8 competencies)

The examiner scores you from 0–3 on each, watching how you interact, adapt, and keep everyone safe.

GLOSSARY – Key Terms on the Marking Sheet

Lesson Planning

Pupil's goals

What the learner wants or needs to work on – ideally agreed together.

Learning needs

Gaps in knowledge, understanding, skill, or confidence that affect progress.

Lesson structure

Logical, progressive steps that move the pupil forward safely.

Route selection

Choosing roads that match the skill being taught – neither too easy nor too demanding.

Adapting the plan

Changing focus mid-lesson based on performance or risk.

Risk Management

Shared responsibility

Instructor and pupil both taking appropriate responsibility for safety.

Intervention

Instructor stepping in verbally or physically to prevent danger.

Risk discussion

Talking through hazards before, during, and after situations.

Forward planning

Spotting developing risks early and preparing the pupil.

Judgment of safety

Knowing when something is becoming dangerous and acting promptly.

Teaching & Learning Strategies

Client-centred learning

Involving the pupil in decisions and reflections.

Guided discovery

Asking questions so the pupil works out answers rather than being told everything

Feedback loop

Giving feedback – hearing their thoughts – adjusting the lesson.

Questioning technique

Open questions (“What did you notice...?” rather than “Did you see that?”).

Clarity of instruction

Simple, calm, well-timed directions and explanations.

Encouragement & support

Helping confidence without glossing over mistakes.