

Private Group In Person Experience
with Laura St John

Malibu Itinerary

Day 1 Release Oct 11th



1145-12

DOORS OPEN!

27450 Calicut Rd
Malibu CA 90265
Gate #6828

noon

Session 1: Set the Intentions
No Labels No Limits - Trust Bucket

Luncheon

Session 2: Nip It Zip It

3pm

Session 3: Draw the Line in the
Sand & Flip It! Customized flips

Session 4: Shrink the Blocks

4pm

Session 5: Ocean Vs Mountains
Release into the Unlimited

5pm

Dinner (photographer)

6pm

The Release... at Beach
(Photographer: capture the moment!)
In front of the iconic "Sunset Restaurant"
6800 Westward Beach Rd,



Attire day 1: beachy casual - comfortable light loose clothes, light movement activity, bring warmer layer for evening at the beach - evening can get chilly!

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Day 2 Create Oct 12th



1030am+

Early Group Meeting @ Beach

noon

Session 6: Clean Slate // Top
Manifesting List
Freedom of Your Heart

LIVE Q&A OVER LUNCH



Session 7: Infinity Paths to
your Dream Life

SNACK

Session 8: The Top Floor
The HOW to achieve your dreams

Session 9: Congrats from Your
Future Self Card



4pm

Session 10: Sound Bath
Connecting to Your Future You

5pm

Change Attire

6pm

Session 11: "FUTURES
DINNER" Congrats Party
CELEBRATION TIME!!

Attire day 2: beachy casual - same as day 1. Bring a special outfit for dinner! You can define YOUR meaningful attire. You are changing into the new you.



Explore the area!

Local Favorites

Activities & Suggestions

OCT 9 IDEAS

OCT 10 IDEAS

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Spa /
Massage

Adrienne Massage 805-630-7437
Valeria Esthetician 818-317-3815
WWW.FACEREZSKINCARE.COM
Spa Relais at Westlake Village Inn

Wellness
Classes

The Mindry
Rafi Lounge

Shopping

Cross Creek shopping complex
aka Malibu Country Mart
upscale shops, cafes, Sunday farmer market

Breakfast

Sunlife Organics smoothies and
acai bowls, Lily's famous
breakfast burritos in Pt Dume
Marmalade Cafe

Lunch/Dinner

Beachside restaurants: Sunset
Restaurant, Nobu

Vineyards

Cielo farms
Calamigos Ranch

Beaches

Westward Beach, Zuma Beach,
El Matador State Park (short
hike down into it on a path)

Hikes

Escondido Falls (3.5mi),
Pt Dume Natural Preserve (1.4mi)

