



Course Title

Men's Health Essentials: Testosterone Therapy & Clinic Success Course

Course Description

The primary objective of this course is to enhance the competency of nurse practitioners in managing men's health issues by providing comprehensive knowledge and practical skills. Participants will learn to apply evidence-based practices in hormonal therapy, reproductive health, and lifestyle optimization, ultimately improving patient care and engagement in men's health. This course is designed for advanced practice providers.

Course Outcomes

By the conclusion of this module, the student should be able to:

- Identify key men's health trends, disparities, and testosterone regulation mechanisms.
- Diagnose hypogonadism types and determine appropriate TRT candidates.
- Compare TRT modalities, monitoring protocols, and clinical impacts.
- Develop treatment plans for erectile dysfunction, sleep apnea, and metabolic syndrome.
- Evaluate performance optimization therapies including peptides and SARMs.
- Implement treatment approaches for common urological and prostate conditions.
- Apply lifestyle interventions and standardized assessment tools in men's health care.
- Develop strategies for establishing a successful men's health practice.

Contact hours awarded: 16 total hours with 5 hours designated as pharmacology hours

Release date: 9/1/2025

Expiration date: 8/30/2028

The Elite Nurse Practitioner is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.





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Course Faculty

Brendan Tennefoss DNP, AGPCNP-BC, ACHPN, AFMC

Mary Franks MSN, APRN-FPA, CNP, Lead Nurse planner, Accredited Provider Program Director

If any course faculty have a financial relationship to disclose, they will be listed below. All relevant financial relationships, when present, have been mitigated.

Course Completion

Students of The Elite Nurse Practitioner Courses must pay the associated course fee to obtain the educational credit. To receive credit for this education activity, students must:

1. Read the course material in its entirety, including the additional resources section of the course.
2. Complete the pre-course quiz.
3. Complete the post-course quiz.
4. Complete the mandatory course evaluation after you finish this educational activity.

Once the above requirements have been fulfilled, the Certificate of Completion can be downloaded and printed to show you have completed the course requirements and thus have earned the associated continuing education credits.

Contact Information

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