

Organ Clock Regulation: Oblique Needling of Tonifying and Reducing Points

by

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Thank you for joining

2 Point Acupuncture

I'm truly grateful that you chose to learn with me.

I feel a deep responsibility to help you master the nuances of the Organ Clock and oblique needling.

In this course, I teach exactly as I do face-to-face. Nothing is held back. You'll learn the specific tonifying and reducing techniques step-by-step. But remember: your mastery depends on your hands.

Consistency in your practice is the key to getting the angle and depth just right.

I say it clearly inside the course, and I'll say it again here:

Acupuncture is simple — let's not complicate it. The Organ Clock is a logical system, and you don't need to overthink it to get results.

If you follow the practice structure I explain in the course, you will quickly gain the confidence to treat those stubborn, time-based symptoms.

Stay committed. Be patient with yourself as you refine your needle technique. And don't give up.

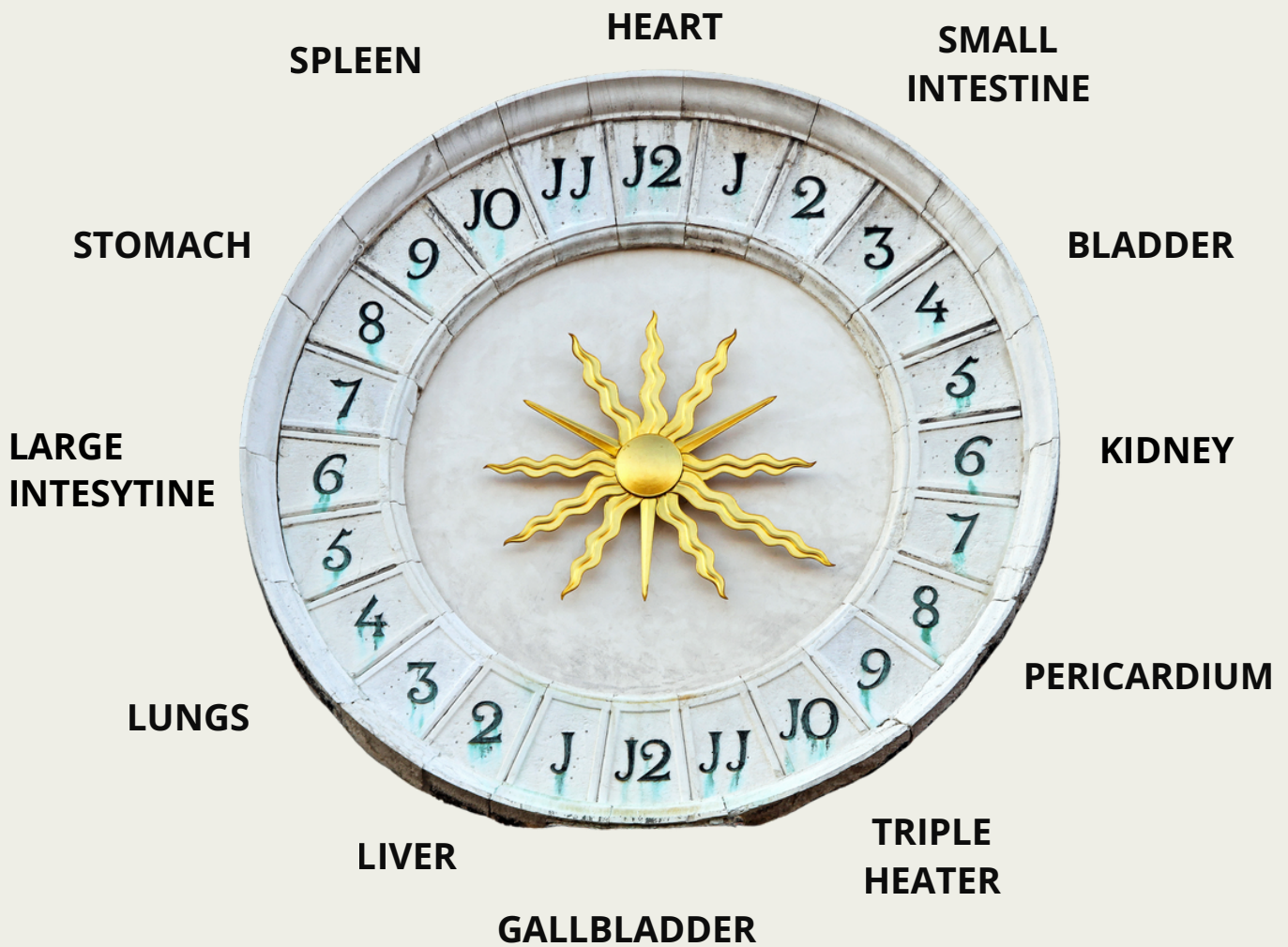
Every step you take here brings you closer to becoming a more precise and effective practitioner.

If you ever need guidance or feel stuck with a complex case — reach out. I'm here to help you succeed.

Good luck and let's begin.

dr Michał Richter

ORGAN CLOCK



OPPOSITION OF MERIDIANS

ORGAN CLOCK HOURS

01:00 - 03:00 LIVER	↔	13:00 - 15:00 SMALL INTESTINE
03:00 - 05:00 LUNG	↔	15:00 - 17:00 BLADDER
05:00 - 07:00 LARGE INTESTINE	↔	17:00 - 19:00 KIDNEY
07:00 - 09:00 STOMACH	↔	19:00 - 21:00 PERICARDIUM
09:00 - 11:00 SPLEEN	↔	21:00 - 23:00 TRIPLE HEATER
11:00 - 13:00 HEART	↔	23:00 - 01:00 GALLBLADDER

	Sedation Point	Tonification Point
GALLBLADDER	Gb 38	Gb 44
LIVER	Liv 2	Liv 8
LUNG	Lu 5	Lu 9
LARGE INTSTINE	Li 2	Li 11
STOMACH	St 45	St 41
SPLEEN	Sp 5	Sp 2
HEART	HT 7	H 9
SMALL INTESTINE	SI 8	SI 3
BLADDER	BL 65	BL 67
KIDNEY	Kd 1	Kd 7
PERICARDIUM	Pc 7	Pc 9
TRIPLE HEATER	Th 10	