



# *ExamFacts* Study Guide Information Gathering

## Systematic Approach to information gathering

As you are evaluating the simulation think

- **Acute Situation** (is it emergent)
- **Chronic Situation**
- **Conservative Approach**

This thinking will help direct your information gathering and eventually your decision making as well.

### Choose first always!!

Vitals

- HR
- RR
- Blood Pressure
- Temperature
- SpO2 (Everyone but Burn/Smoke Injuries)

Breath Sounds

Next if logical via information in the scenario or gathering process

- Patient History
- Smoking
- Lifestyle
- Alertness
- Color
- Head \* Neck \* Chest Inspection

Then tests and labs based off information from simulation and responses from initial information

Notes:

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**Tests and Labs** when and what to order.

## **Abnormal HR/Rhythm/Chest Pain**

- EKG
  - Cardiac Biomarkers
    - Enzymes
    - Troponin
    - Electrolytes
    - Pulses distal and edema

## **Abnormal Vitals**

- Temperature
  - Infection
  - Increased WOB
  - CBC
  - Blood Culture
  - Sputum Culture
    - Productive Signs Only

## **Abnormal Lung Sounds**

- ABG
- X-Ray \* CT \* Ultrasounds

## **Alertness**

- LOC
- GCS
  - Gag Reflex
  - Head CT
- ICP

**Inadequate Oxygenation** (color, pedal edema, increased WOB, or numbers)

- Labs
- ABG
- H&H
- CBC
  - MetHb or COHB if evidence suggests

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## **Airway in question?**

- LOC
- Obtunded
  - Maintain Airway
  - NIF? VC?

## **Artificial Airway in place?** Check any of the below if there is an indication

- Endotracheal Tube or Tracheostomy
- Patency
- Placement
- X-Ray
- Difficult Airway
- Capnography
- Weaning Parameters

## **Neonates**

- Premature
  - Maternal History
  - L:S Ratio
  - PG
  - Ballard
  - Apgar
  - Amniotic Fluid
- Abnormal Lung Presentation
  - Transillumination
  - X-Ray
  - CBG
- GFR
- Oxygenation
  - Transcutaneous
  - SpO<sub>2</sub>
- Check Perfusion

Notes:

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