

Hypha Edu

Course title: Condition specific: Scar Tissue – Level 2

CE's/hours: Online – 5 CE's/hours

Instructors: Amber Wodtli, LMT, BCTMB
Kellie Chambers L.Ac., DAHM, MAOM

Phone: 541-678-4212

Website/E-mail: www.hyphaedu.org / hyphaedu@gmail.com

Condition Specific: Scar tissue formation (Level 2- Pre-requisite is the Level 1 cupping/gua sha training)

Course Description:

This course will focus on utilizing therapeutic cupping and Gua Sha to effectively treat conditions associated with scar tissue formation. The course consists of on-going interactive online lecture through teachable, as well as a live practical application & demonstration.

Focus:

- Evaluate and assess pain level and function in the body
- Assessing trauma/injury induced versus adhesion/repetitive motion scars
- Demonstration of hands-on technique targeting specific tissue patterns, suction level, and placement of the cups for scar tissue formation
- Fascial layering techniques analyzed, and movement sequencing demonstrated and applied.
- Discuss organ-meridian disturbances and application of cupping sequence and application

Learning outcomes:

The student will be able to:

- Analyze pain patterns in the body associated with scar tissue
- Recognize contraindications and indications for cupping therapy to scar tissue
- Apply specific sequences and methods of cupping to scar tissue
- Implement proper sanitation and safety protocol
- Identify the healing process based on 1st and 2nd intention healing
- Perform manual bodywork utilizing therapeutic cupping and Gua Sha to scar tissue, and evaluate the results

Tools utilized: Slides, videos, handouts, live webinar