

PLACENTA DELIVERY

After the baby is born, contractions continue to help expel the placenta.

To speed up the process, providers might apply pressure to the abdomen, give postpartum Pitocin via IV, or gently tug on the umbilical cord. These interventions are considered active management of placenta delivery.

Active management is recommended to reduce excessive bleeding; however, it is often applied routinely to all patients without medical necessity.

