



Infinite Pathways

100 Hour Teacher Training



The Art, the Music, the Journey

Created and refined in Egypt over 25 years by Keti Sharif, A-Z Bellydance™ is one of the world's most established and comprehensive teacher training systems inspired by Egyptian bellydance. Developed with guidance from legendary artists including Mahmoud Reda and Farida Fahmy, the methodology honours the richness of Egyptian culture through the energy of live music, featuring over 100 original compositions recorded in Cairo, while embracing both traditional artistry and contemporary expression.

Delivered across 5 Levels and 40 modules, the A-Z Bellydance™ Teacher Certification deepens dancers' connection to rhythm, musicality, and embodied movement, while building confidence in improvisation, choreography, teaching, and performance. As participants expand their movement vocabulary and repertoire of hundreds of embodied movement pathways, they unlock greater creativity, versatility, and expressive freedom.

Grounded in a professional, somatic approach, the training bridges the worlds of art, education, and wellbeing, offering both a powerful international teaching methodology and a lifelong movement practice. With graduates in over 40 countries, A-Z Bellydance™ blends tradition with innovation, guiding dancers on a transformative journey to become skilled teachers, expressive performers, and inspiring artists. Alongside professional development, the training fosters personal growth, empowering dancers to become confident leaders within their communities and meaningful ambassadors who connect people through the shared language of dance, arts, and culture.



Level 1: Foundations

8 modules | 20 hours | Completed in 4-8 Weeks

- Somatics for Bellydancers
- 120 Essential Bellydance Moves
- 40 Arabic Rhythms ~ Live Percussion
- Musicality for Bellydancers ~ Live Orchestra



Level 2: A-Z Original

10 modules | 25 hours | Completed in 5-10 Weeks

- A-Z Original Bellydance (26 sequences/6 choreos)
- Alkawakib (the Planets) ~ Sufi Ensemble
- AstroBelly ~ Dance the Zodiac (12 sequences)
- Nawara with Dof ~ Bedouin Band



Level 3: A-Z Advanced

10 modules | 25 hours | Completed in 5-10 Weeks

- A-Z Advanced Bellydance (26 sequences/6 choreos)
- Reda Drills ~ Live Percussion (8 time signatures)
- Neo Raqs ~ Modern & Fusion Bellydance
- Lotus Theatre Performance



Level 4: Teaching and Performing

6 modules | 15 hours | Completed in 3-6 Weeks

- Teaching Bellydance ~ all Levels
- Props & Formations for Choreography
- Professional Performance
- Dancing with the Orchestra - Live Music

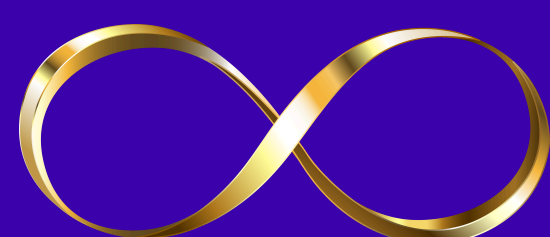


Level 5: Bellydance for Wellbeing

6 modules | 15 hours | Completed in 3-6 Weeks

- Somatic Bellydance for Longevity
- Pulse8 Bellydance Fitness
- Pregnancy, Seniors, Physical Limitations
- Career, Community & Creativity

Enrol any time ~ no pressure
Study at your own pace ~ no rush
Lifetime course access & library



www.a-zbellydance.com

