

KEY VIGNETTES FOR THE USMLE STEP 1



DAY 1

Key Vignettes for the USMLE Step 1

Total Duration: 2 hours, 16 minutes, 40 seconds (2:16:40)

- Introduction to Key Vignettes (6:18)
- Creating an Illness Script (3:52)
- Problem Representation (5:22)
- Tempo of Diseases (1:50)
- Translation Defects (6:07)
- DNA Mutations (11:13)
- Robertsonian Translocation (2:21)
- I Cell Disease (3:55)
- Lipid Metabolism (6:48)
- Peroxisomal Defects (3:39)
- Glycogen Storage Disease (5:15)
- Hypoglycemia (7:45)
- Gluconeogenesis (1:58)
- ETC Pathologies (4:59)
- Vitamin Deficiencies (8:15)
- Amino Acid Derivatives (3:32)
- Malnutrition Disorders (2:59)
- Collagen Defects (3:07)
- Aging (3:30)
- Cardiovascular Disorders (4:25)
- Therapeutic Window (5:59)
- Cardiomyopathies Murmurs (10:28)
- Transudative vs. Exudative (2:36)
- Marfans Syndrome (2:23)
- Ventricular Septal Defect (1:12)
- Cardioplegia (3:08)
- Baroreceptor Firing (7:08)
- Hereditary Channelopathies (1:30)
- Thyroid Prolactin (2:28)
- Anterior Pituitary (2:38)

DAY 2

Key Vignettes for the USMLE Step 1

Total Duration: 1 hour, 57 minutes, 56 seconds (1:57:56)

- Adrenal Cortex (5:26)
- Steroid Receptors (0:54)
- Aldosterone ADH (9:55)
- RAIUThyroid Hormone (7:16)
- Parathyroid Hormone (5:12)
- GI Tract Tumors (3:09)
- PPAR (2:29)
- Pelvic Anatomy (2:34)
- Twinning (2:22)
- Lymph Node Drainage (2:10)
- Reproductive Embryology (7:15)
- Reproductive Hormones (7:36)
- Negative Feedback (1:15)
- Testicular Pathologies (3:55)
- Cardiovascular Arrows (4:26)
- Menopause Prem Ovarian Failure (2:32)
- PCOS Repro Pharm (4:42)
- Retention of Test Taking Strategies (4:05)
- Vesicoureteral Reflux (2:05)
- Renal Perfusion Physiology (4:43)
- Nephrolithiasis (2:32)
- CHF & Acid Base (1:34)
- Renal Pathology (5:18)
- Diuretic Review (3:40)
- Gastric Ligaments (2:59)
- Cirrhosis & Portal Htn (7:10)
- Dentate Line (2:48)
- Diaphragmatic Defects (1:02)
- GERD (3:59)
- Eosinophilic Esophagitis (2:53)

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DAY 3

Key Vignettes for the USMLE Step 1

Total Duration: 2 hours, 5 minutes, 11 seconds (2:05:11)

- Hormones of the GI Tract (3:37)
- Carbohydrate Absorption (1:47)
- Gastric Duodenal Ulcers (3:38)
- Inflammatory Bowel Disease (1:42)
- IBS vs. IBD (1:26)
- Irritable Bowel Syndrome (1:11)
- Adenoma Carcinoma Sequence (4:18)
- Genetic Transformation (1:55)
- Toxic Shock Syndrome (2:30)
- Type 4 HS Granuloma Formation (4:18)
- Neisserial Infections (2:40)
- HIV Viral Co-Receptors (5:52)
- Immunodeficiency (5:48)
- Microbiology Rapid Review (10:12)
- Antibiotic Rapid Review Resistance (5:58)
- Immunosuppressants (3:09)
- Myasthenia Gravis (1:08)
- Chiari Malformations (5:21)
- Neuroanatomy Integrations (14:35)
- Neuropharmacology (9:27)
- Muscle Contraction (7:28)
- Musculoskeletal Rapid Review (9:46)
- Hip Muscle Review (4:56)
- Osteos for the USMLE (4:19)
- Childhood Ortho for the USMLE (1:52)
- Gout (1:31)
- Vasculitis ANCA (3:46)
- Pityriasis Rosea (1:01)

DAY 4

Key Vignettes for the USMLE Step 1

Total Duration: 1 hour, 22 minutes, 40 seconds (1:22:40)

- Nevus Lesions (1:48)
- Precursor Skin Lesions (1:56)
- Cellular Junction Integrations (5:17)
- MSK Pharmacology Rapid_Review (4:07)
- Red vs. Pale_Infarct (2:15)
- O2 Content in Blood (2:52)
- Vocal Cord Anatomy (2:36)
- Restrictive vs. Obstructive Lung Disease (4:14)
- nRDS vs. ARDS (3:15)
- Mechanical Ventilator Cardiovascular Hemodynamics (6:59)
- Cytomegalovirus (0:49)
- Psammoma Bodies (1:34)
- Lung Carcinoma (3:08)
- Respiratory Pharmacology Rapid Review (1:25)
- Porphyria Pathologies (1:59)
- Primary Hemostasis (3:54)
- Lead Poisoning (1:34)
- Aplastic Anemia (Thalassemia) (2:01)
- Inflammation & Anemia (1:38)
- Intravascular Hemolysis (4:51)
- HUS vs. DIC vs. TTP (4:34)
- Myeloid Neoplasms (3:41)
- Congenital Neutropenia (1:00)
- Plasma Cell Dyscrasia (3:57)
- Bortezumib (1:35)
- Non-Hodgkin's Lymphoma (1:57)
- Personality Disorders (0:58)
- Approach to Ingestions (3:21)
- Psychopharmacology Rapid Review (2:17)
- Key Vignettes Outro (1:08)