

EQUIPMENT LIST

LESSON 3 – JUMPING STATIONS

Checklist

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|------------------|--------------------------|-------------------------|--------------------------|
| • Cones | ☐ | • Beams | ☐ |
| • Chalk | ☐ | • Station Cards | ☐ |
| • Benches | ☐ | (printable) | |
| • Gymnastic mats | ☐ | • Rock, Paper, Scissors | ☐ |
| • Spot markers | ☐ | Pike flashcards | |
| | | (printable) | |

Rock, Paper, Scissors Pike

Gymnastics Mats

Rock, Paper,
Scissors Pike
flashcards (printable)

Balance Beam

Chalk
Beams
Benches

Jumping Circuits

Cones
Station Cards (printable)
Benches
Gymnastic mats
Spot markers

Climb the Wall

No equipment