



INTIMACY  
PROFESSIONALS  
EDUCATION  
COLLECTIVE

[www.IPECintimacy.com](http://www.IPECintimacy.com)

[intimacyprofessionals@gmail.com](mailto:intimacyprofessionals@gmail.com)

## Lab Session Agreements

- Take care of yourself.
  - We have planned breaks but please take care of yourself in whatever way you need during the class
- 1/x - we all share the space equally (language from [NSIP](#))
  - What is learned leaves. What is said stays.
- Content Advisories / Disclosure if you want to share a story that may be activating.
  - Your experiences are welcome here.
  - Please be mindful that your story may impact others and give them the opportunity to consent to hearing it and/or take care of themselves.
- Assume good intentions and acknowledge impact.



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- Hold humility in your hearts for one another-  
“Do the best you can until you know better.  
Then, when you know better, do better.”  
-Maya Angelou. We can do this because we will  
hold each other fiercely accountable. You can  
trust your facilitators to do this.
- Credit your sources and share info with their  
consent. The foundation of consent-based  
performance practices was built on the continued  
work of scholars and ancestors, many of whom  
were queer, trans, disabled and people of color.  
Citing your sources ends the cycle of erasure and  
shares their brilliance with intention.



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## **Arriving in space / Checking in:**

- How do I feel physically?
- How do I feel mentally?
- Is there anything I need to shift, change, or address to better engage today?
  - Please take the time to do that, if you can!