



ATTACH™
ATTACHMENT ♥ CHILD HEALTH

NEWSLETTER



Fall 2025

In This Issue

Page 1

ATTACH™ Facilitator Training

Page 2

Palix Foundation
ATTACH™ For Youth
Project Updates

Page 3

Featured ATTACH™ Facilitator
ATTACH™ International

Page 4

ATTACH™ at the 17th IFNA
Conference
Upcoming & Stay Tuned

Page 5

Thank You to Partners &
Funders
Follow Us on Social Media

ATTACH™ Facilitator Training

We are excited to share that our recent group of 9 future facilitators completed the 3 day in-person ATTACH™ training in Calgary, Alberta!

From June 2-4, 2025, we had the pleasure of training 9 facilitators from seven partner agencies across Alberta and Saskatchewan, including: Fort Vermilion School District, Family Resource Network Hub YW Calgary, Mackenzie Family Resource Centre, Prairie Rose School Division, Children's Cottage, Radiance Family Society, and Saskatoon Family Services.

We look forward to finalizing their certification and continued partnership!



Palix Foundation

We are grateful to have received a generous grant from The Palix Foundation. With this, we trained 6 facilitators from across Alberta in the ATTACH™ in-person and online program. This will ensure that the program can reach more families across the province, and support professionals with the passion for helping at-risk families.



ATTACH™ for Youth

ATTACH™ for Youth Program is coming soon!

Aiming at youth between the ages of 11-17, the program facilitator will work directly with the young person with the goal of building their mentalization reflective functioning skills! Stayed tuned for more information on this new extension of our program and how your agency can get involved.



ATTACH™ PROGRESS

ATTACH™ Online

The ATTACH™ online project continues to find success in delivering and testing the program's virtual delivery with 12 agencies recruiting and administering the program. Of the 48 recruited parents, 30 are currently receiving the program and 18 are awaiting their first session.



Project Updates

Great News! We have completed all data collection for the ATTACH In-Person Study (excluding some 3 month follow up data), and we are very happy to report an 85% retention rate! These are exciting results, and we could not have accomplished this without our partner agencies!

FEATURED FACILITATOR: IRENE MCDOWALL

An Amazing ATTACH™ Facilitator!

I am a Canadian Certified Counsellor, currently working toward Provisional Psychologist status. I have a passion for working with the young families at Kindred and strive to help them pursue secure attachment relationships with their babies and little ones. I hope my clients would describe me as empathetic, warm, calm and a little bit funny. I have loved being a part of the ATTACH™ study, learning alongside my clients. I can't wait to see what the future of ATTACH™ holds!



ATTACH™ INTERNATIONAL

Upcoming International Training in Paris, France

Our program continues to go international, and our next stop is Paris, France!

We are in the midst of translating our program into French and preparing our future facilitators at Theraplay France and Ensemble pour la Petite Enfance for in-person training in October 2025.

À bientôt, France!



Celebrating Our First ATTACH™ Trainers in Denmark

We are thrilled to recognize the University of Copenhagen team for successfully completing the ATTACH™ Train-the-Trainers program. This milestone marks the first cohort of ATTACH™ Master Trainers in Denmark, with:

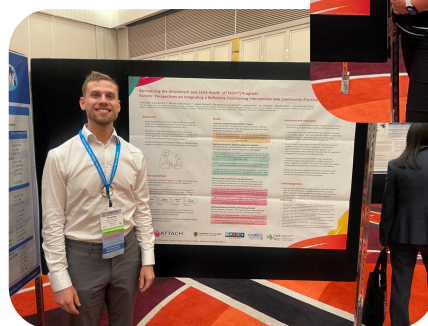
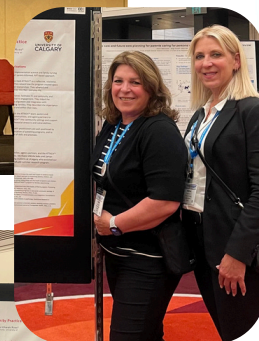
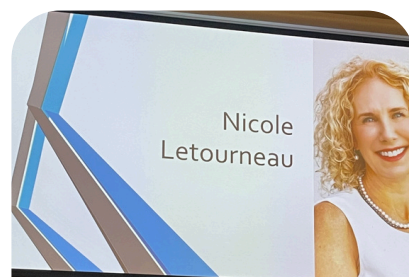
- 4 Certified Master Trainers
- 6 Certified ATTACH Facilitators

ATTACH™ AT THE 17TH IFNA CONFERENCE IN AUSTRALIA

We were thrilled to represent the ATTACH™ program at the International Family Nursing Association's 17th International Conference held in Perth, Australia from June 17–20, 2025.

Dr. Nicole Letourneau delivered a powerful presentation on ATTACH™ and was honored with an award in recognition of her leadership and contributions to family nursing and child development.

Our team member, Alex, presented a poster showcasing our latest ATTACH™ research, which sparked meaningful conversations and drew wide interest in our work. It was an incredible opportunity to share knowledge, build partnerships, and celebrate the global impact of family-focused interventions.



UPCOMING AND STAY TUNED

ATTACH™ For Youth Launch

Fall 2025

ATTACH™ Facilitator Training

Calgary, AB

Fall 2025

ATTACH™ Denmark Meet-Up

Copenhagen, Denmark

October 2025

ATTACH™ Facilitator Training

Paris, France

October 2025

**ATTACH™ Online Project
Quarterly Meeting**

Virtual

October 9, 2025

11 a.m-12 p.m.

THANK YOU TO OUR PARTNER AGENCIES AND FUNDERS FOR YOUR CONTINUED COLLABORATION



Follow us on social media!

@attachprogram

