
LESSON 1 CHECKLIST

General points for the week:

The following points are the *least you need to know* from this week's lesson. When you're comfortable with these concepts, you can move on to lesson 2.

- ☐ Understands shifting hand positions (how to prepare the hand)
- ☐ Understands 5ths and can easily find this interval on the keyboard and in music
- ☐ Understands ostinato
- ☐ Can play all white-key major and minor 5-finger scales

Daily checklist:

Day 1

Lesson:

- ☐ Watch the video lessons for the week and download all materials, printing them and putting them in a class binder, if desired.

Total time: approx. 30 minutes

Session 1:

- ☐ Spend 5 minutes on the first sight-reading exercise.
- ☐ Spend 5 minutes working on ear training (I recommend listening through the piece you'll be learning several times).
- ☐ Spend 15 minutes working through a small segment of the piece you've chosen (up to m.5 in Royal Fanfare to begin practicing the hand position shift, and up to m. 4 of Fairy Tale).
- ☐ Spend 5 minutes practicing the technique exercises.

Total time: 30 minutes

Day 2

Session 1:

- ☐ Spend 5 minutes on the second sight-reading exercise.
- ☐ Spend 5 minutes working on ear training (at any point in your practice session, where relevant. Decide what you'll work on first).

- ☐ Spend 15 minutes practicing the next session of your piece and do a quick review of the previously-learned part from yesterday. (Royal Fanfare up to around m. 9 – Fairy Tale up to around m. 8, paying attention to expressive details since it's an almost-identical part.)
- ☐ Spend 5 minutes practicing the technique exercise.

Total time: 30 minutes

Session 2:

- ☐ Practice *Sakura* from Piano Adventures 3a for 15 minutes (optional).

Total time: 15 minutes

Day 3

Session 1:

- ☐ Spend 5 minutes on the third sight-reading exercise.
- ☐ Spend 5 minutes working on ear training (at any point in your practice session, where relevant. Decide what you'll work on first).
- ☐ Spend 15 minutes practicing the next session of your piece and do a quick review of the previously-learned part from yesterday. (Royal Fanfare up to around m. 13 – Fairy Tale up to around m. 12.)
- ☐ Spend 5 minutes practicing the technique exercise.

Total time: 30 minutes

Session 2:

- ☐ Practice *Sakura* from Piano Adventures 3a for 15 minutes (optional).

Total time: 15 minutes

Day 4

Session 1:

- ☐ Spend 5 minutes on the fourth sight-reading exercise.
- ☐ Spend 5 minutes working on ear training (at any point in your practice session, where relevant. Decide what you'll work on first).
- ☐ Spend 15 minutes practicing the next session of your piece and do a quick review of the previously-learned part from yesterday. (Royal Fanfare up to around m. 17 – Fairy Tale up to the end.)
- ☐ Spend 5 minutes practicing the technique exercise.

Total time: 30 minutes

Session 2:

- ☐ Practice *Sakura* from Piano Adventures 3a for 15 minutes (optional).

Total time: 15 minutes

Day 5

Session 1:

- ☐ Spend 5 minutes on the fifth sight-reading exercise.
- ☐ Spend 5 minutes working on ear training (at any point in your practice session, where relevant. Decide what you'll work on first).
- ☐ Spend 15 minutes practicing your piece: Royal Fanfare – finish to the end, and Fairy Tale – work at playing entire piece evenly, at a consistent moderate tempo).
- ☐ Spend 5 minutes practicing the technique exercise.

Total time: 30 minutes

Session 2:

- ☐ Practice *Sakura* from Piano Adventures 3a for 15 minutes (optional).

Total time: 15 minutes

Day 6

Session 1:

- ☐ Spend 20 minutes playing your piece, aiming for rhythmic accuracy and evenness. Isolate any sections you stumble on and drill the area for around 2 minutes. Note expressive details (something you've hopefully been doing all week) and try to execute them in your performance.
- ☐ Spend 10 minutes reviewing *Sakura* for recording (optional).
- ☐ Spend 5 minutes practicing the technique exercise.

Total time: 35 minutes

Session 2:

- ☐ **Recording session:** Spend 20 minutes recording your piece(s) for the week.

Total time: 20 minutes