



Course Title

The Chronic Functional Medicine Course

Course Description

This course is designed to teach nurse practitioners about functional medicine so they can integrate it into their practice or for those who already have a solid understanding of functional medicine but would like more advanced education on chronic disease. By evaluating the patient's cardiometabolic well-being, the astute nurse practitioner can then identify the root cause of a variety of bothersome symptoms and diseases the patient can be experiencing and then treat that root cause to bring the patient back into optimal health. This course is not merely a learning experience; it's a paradigm shift towards patient care that truly makes a difference.

Course Outcomes

By the conclusion of this module, the student should be able to:

- Describe the intricacies of functional medicine utilizing a holistic, comprehensive, and root cause approach to promoting overall health.
- Explain the concepts of functional medicine related to cardiometabolic health.
- Distinguish the various clinical aspects and treatments in chronic health from a functional perspective.
- Recognize how to appropriately utilize a functional approach to evaluate and treat chronic conditions such as diabetes, heart disease, obesity, and inflammatory related diseases.

Contact hours awarded: 7 total hours, with one hour designated as pharmacy hours.

Release date: 1/25/24

Expiration date: 1/25/2027

The Elite Nurse Practitioner is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.





Course Disclosure

Commercial Support

None

It is the policy of The Elite Nurse Practitioner to ensure that commercial support is not accepted regarding the content of our courses.

Disclosure Statement

All those participating in the planning and production of continuing professional development activities administered by The Elite Nurse Practitioner are expected to disclose to the audience any support or relationship(s) with outside commercial interests. During the planning stages of the continuing education activity, participants advised that this activity must be free from commercial bias. It is our policy to identify and resolve conflicts of interest for all individuals participating in this activity and those who can control its content.

All individuals involved in this course activity have disclosed that they have no relevant financial relationships pertaining to this course activity.

The following course participants have stated that they have no significant financial relationship(s) or conflicts of interest pertaining to this course.

- Justin Allan, FNP
- Amberly Wagner-Connolly DNP, FNP-C
- Lisa Vasile, MS-ANP

Students of The Elite Nurse Practitioner Courses must pay the associated course fee to obtain the educational credit. To receive credit for this education activity, students must:

1. View the course material in its entirety, including the additional resources section of the course.
2. Complete the pre-course quiz.
3. Complete the post-course quiz.
4. Complete the mandatory course evaluation after you finish this educational activity.

Once the above requirements have been fulfilled, the Certificate of Completion can be downloaded and printed to show you have completed the course requirements, and thus have earned the associated continuing educational credits.

Contact Information

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