

Handwriting Analysis Class. August 2020

Part 1. AI Summary

Summary

The conversation revolved around the growth and expansion of the handwriting analysis community and training program, as well as the speakers' experiences and insights on utilizing handwriting analysis for personal growth. The speakers discussed the prevalent issue of self-sabotage and its impact on achieving goals, as well as the fear of success and its consequences on habit formation. They emphasized the importance of recognizing and addressing these emotions to overcome them and achieve desired outcomes.

- **Handwriting analysis and community building.**
 - Pooja Saran welcomes everyone to the community class and introduces Bart Baggett as the "guru of handwriting analysis."
 - Bart Baggett thanks Pooja and acknowledges the team's efforts in expanding the community worldwide.
 - Bart Baggett and others discuss the benefits of in-person learning vs. online learning.
 - Participants share their experiences with the Mentor Program, including learning from each other and receiving feedback.
- **Handwriting analysis and its connection to personal growth.**
 - Bart Baggett welcomes a group of people to a community class, offering personal counseling and answering specific questions.
 - Mari from Norway shares her experience completing the certification course, finding it challenging but rewarding, and discusses the final exam process.
 - Bart Baggett and Pooja share their expertise in handwriting analysis, hypnosis, NLP, and personal growth.
 - They help clients transform their lives by navigating their unconscious mind and changing belief systems.
- **Handwriting analysis for personal growth and forensic cases.**
 - Pooja Saran shares their journey from handwriting analysis to NLP and hypnotherapy, finding it helps understand personality types and core issues.
 - Bart Baggett highlights the power of graph therapy in changing people's writing, leading to improved self-esteem and other personal shifts.

- Bart Baggett provides handwriting samples for course participants who need help with an assignment.
- Wendy shares a forensic case with unusual handwriting, demonstrating her expertise as a working examiner.
- Grandson seeks closure on grandfather's last will and testament, handwriting analysis reveals conflicting personality traits.
- **Fear of success and self-sabotage in handwriting analysis.**
 - Baggett observes Indian woman's handwriting, identifies domineering trait.
 - Bart Baggett and Anuradha discuss the long down strokes in the lower zone of the hand, which indicate determination and a fear of success.
 - Mari explains that the fear of success is a trait that Dr. Ray Walker figured out and is not found in other people's books.
 - Mari describes a pattern of self-sabotage, where individuals unconsciously connect negative experiences with success or positive experiences with failure.
 - Bart Baggett and Dr. Walker have identified this pattern, which can be challenging to overcome due to its neurological basis and potential addictive nature.
- **Fear of success and how to overcome it through awareness and repetition.**
 - Michael helped a couple change their "Y" in less than a week, with lasting results.
 - Pooja Saran agrees with the idea that fear of success can be a barrier to change, and that awareness and understanding are key to overcoming it.
 - Speaker 8 also agrees with the idea of fear of success, and notes that it can take time for habits to change, even with awareness and understanding.
- **Fear of success and its impact on children and adults.**
 - Speaker 1 discusses fear of success in children, particularly the eldest child, and how it can be linked to parental behavior and emotional associations.
 - Speaker 9 shares a personal experience of working with a child who feared success, and how counseling and parental awareness helped to change the child's mindset.
 - Speaker 9 shares their experience of helping a child with a fear of success, using cricket as a metaphor to motivate the child.
 - Supreeth discusses the challenge of working with someone who has a fear of success and a low T Bar, and how to address this issue as a mentor.
- **The impact of low self-esteem and vanity on success and relationships.**
 - Fear of success and failure due to low self-esteem and vanity.
 - Bart Baggett discusses the challenges of having too much fame, which can lead to a lack of intimacy and connection.
 - Baggett emphasizes the importance of balance in life, particularly when it comes to meeting one's needs in the areas of money, health, relationships, love, career, and spirituality.