

# **Living Lessons Transcription: Second Grade Lowercase Letters with Teacher Amy: Lesson 13**

## **Summary**

This document contains a transcription of a lesson conducted by Teacher Amy for second-grade students, focusing on lowercase letters, specifically the letter "M." The lesson includes storytelling, relaxation techniques, and a drawing activity.

## **Introduction**

- Teacher Amy introduces herself and shares her excitement about the lesson on the letter "M," inspired by her trip to Tennessee.
- She engages students by asking if they want to see pictures from her trip.

## **Storytelling**

- The lesson features a story about a boy who climbs a mountain, experiences a fall, and is magically returned to the top by the mountain.
- The boy enjoys a picnic and reflects on how the mountains look smaller from the top compared to when he was at the bottom.

## **Relaxation Exercise**

- Students are guided through a relaxation exercise, encouraging them to breathe deeply and prepare for the lesson.

## **Drawing Activity**

- The lesson transitions into a drawing activity where students use block crayons to create a landscape inspired by the story.
- Teacher Amy demonstrates how to draw mountains, the sun, and other elements like flowers and birds, emphasizing creativity and personal expression.

## **Key Instructions for Drawing**

- Use different colors to create depth and detail in the drawing.
- Students are encouraged to add their own details and make the artwork unique.

## **Conclusion**

- Teacher Amy thanks the students for participating and encourages them to complete their drawings with any additional details they wish to include.

## **Learning Objectives**

- Recognize and write the letter "M."
- Develop listening and comprehension skills through storytelling.
- Enhance creativity and fine motor skills through drawing activities.

This lesson combines literacy, art, and relaxation techniques to create an engaging learning experience for second-grade students.

- 1  
00:00:00.570 --> 00:00:02.240  
Hi friends, I'm Miss Amy.
- 2  
00:00:02.590 --> 00:00:04.660  
I was just getting ready for our lesson
- 3  
00:00:04.670 --> 00:00:08.100  
on the letter M by looking at some  
pictures from my trip to Tennessee.
- 4  
00:00:08.530 --> 00:00:10.520  
I loved the mountains there.
- 5  
00:00:10.890 --> 00:00:12.160  
Do you want to see some pictures?
- 6  
00:00:13.090 --> 00:00:14.440  
Alright, I'll show you.
- 7  
00:00:17.640 --> 00:00:20.730  
The maze through the mountain winds up
- 8  
00:00:20.740 --> 00:00:26.470  
and down, mudslides, maples, marigolds  
brown.
- 9  
00:00:27.480 --> 00:00:30.350  
The boy in our story today climbs up a  
mountain.
- 10  
00:00:31.040 --> 00:00:33.750  
I wonder how many of those things he  
sees.
- 11  
00:00:36.600 --> 00:00:39.110  
As we get started, let's take a moment
- 12  
00:00:39.120 --> 00:00:43.230  
to relax our bodies and our minds to  
prepare for our main lesson.
- 13  
00:00:44.180 --> 00:00:55.310  
Close your eyes, take a deep breath in  
through your nose, hold, and let it out.
- 14  
00:00:56.520 --> 00:00:59.050  
Breathing out as far as you can.
- 15  
00:01:00.520 --> 00:01:01.090  
Good.
- 16  
00:01:02.980 --> 00:01:05.170  
Now we'll listen for our chime.
- 17  
00:01:06.100 --> 00:01:08.530  
When the sound is completely gone, you
- 18  
00:01:08.540 --> 00:01:10.270  
can open your eyes for the story.
- 19  
00:01:32.980 --> 00:01:34.850  
For this drawing, I'm going to be using
- 20  
00:01:34.860 --> 00:01:38.850  
paper and block crayons and maybe  
some  
stick crayons.

21  
00:01:43.070 --> 00:01:46.000  
Today, we're not going to put a frame  
on our picture.

22  
00:01:46.650 --> 00:01:48.900  
So just relax and listen to the story.

23  
00:01:52.640 --> 00:01:55.250  
Once upon a time, there was a little  
mountain.

24  
00:01:55.960 --> 00:01:59.310  
A little boy stood at the top and  
started to climb.

25  
00:02:00.180 --> 00:02:03.130  
He climbed using his hands and his legs.

26  
00:02:03.860 --> 00:02:06.310  
He climbed by grabbing onto the bushes

27  
00:02:06.320 --> 00:02:07.110  
and rocks.

28  
00:02:08.300 --> 00:02:10.350  
Finally, he reached the very top.

29  
00:02:11.200 --> 00:02:17.110  
But just when he was looking down to  
see everything below him, he fell and

30  
00:02:17.120 --> 00:02:19.990  
started rolling all the way down the  
mountain.

31  
00:02:21.020 --> 00:02:23.350  
The mountain felt sad that the boy had

32  
00:02:23.360 --> 00:02:27.830  
worked so hard to get to the top and  
could not enjoy the view.

33  
00:02:29.220 --> 00:02:32.150  
So she shifted a bit and stopped his fall.

34  
00:02:33.380 --> 00:02:36.370  
Then she tipped a bit and sent him to

35  
00:02:36.380 --> 00:02:38.030  
the top of the mountain again.

36  
00:02:39.120 --> 00:02:41.170  
The boy was a bit surprised.

37  
00:02:41.740 --> 00:02:44.550  
He thought that perhaps he had hit his  
head and was dreaming.

38  
00:02:45.740 --> 00:02:50.130  
He remembered rolling down the  
mountain, but he did not understand how

39  
00:02:50.140 --> 00:02:51.470  
he got back to the top.

40  
00:02:53.950 --> 00:02:55.660  
At the top, the mountain had placed him

41  
00:02:55.670 --> 00:02:58.920  
right next to a blueberry bush and a  
honey tree.

42  
00:02:59.910 --> 00:03:02.760  
The boy enjoyed a picnic on the side of  
the mountain.

43  
00:03:03.150 --> 00:03:06.360  
And then he looked down at all the  
mountains and hills below him.

44  
00:03:07.410 --> 00:03:09.440  
They all looked so small.

45  
00:03:10.790 --> 00:03:13.080  
They were just little bumps on the ground.

46  
00:03:14.150 --> 00:03:16.980  
They seemed so large when he was down  
at the bottom.

47  
00:03:17.650 --> 00:03:19.360  
And they were all taller than him.

48  
00:03:20.050 --> 00:03:22.280  
But now they just look like little bumps.

49  
00:03:23.730 --> 00:03:27.540  
When the boy returned home, he wanted  
to remember his day on the mountain.

50  
00:03:27.950 --> 00:03:32.980  
So he drew a picture of all the

mountains and hills he had seen from

51  
00:03:32.990 --> 00:03:33.440  
the summit.

52  
00:03:36.800 --> 00:03:38.390  
Now we can begin our picture.

53  
00:03:39.360 --> 00:03:43.010  
I'm using my blue block crayon on the  
mama bear side.

54  
00:03:44.080 --> 00:03:47.530  
And I'm going to draw a letter M.

55  
00:03:48.220 --> 00:03:49.830  
And it's going to look like two

56  
00:03:49.840 --> 00:03:51.470  
mountain peaks.

57  
00:04:01.440 --> 00:04:03.470  
And from the middle, I'm going to pull

58  
00:04:03.480 --> 00:04:11.190  
down one extra line to help my mountain  
peaks look a little bit more separate.

59  
00:04:15.050 --> 00:04:20.940  
With my yellow block crayon, I'm going  
between the two peaks and making a

60  
00:04:20.950 --> 00:04:22.020  
little half circle.

61  
00:04:22.970 --> 00:04:25.580  
That's going to be the sun peeking

62  
00:04:25.590 --> 00:04:26.400  
between them.

63  
00:04:35.800 --> 00:04:40.850  
And I'm gently shading upwards, making

64  
00:04:40.860 --> 00:04:45.230  
the sky yellow between those two peaks.

65  
00:04:47.130 --> 00:04:49.740  
You can see I'm not really going past

66  
00:04:49.750 --> 00:04:50.980  
where that peak is.

67  
00:04:51.150 --> 00:04:53.960  
I'm just continuing that line straight out.

68  
00:05:05.190 --> 00:05:08.560  
And the color I put in my sky is  
lighter than the sun itself.

69  
00:05:12.750 --> 00:05:18.040  
With my blue block crayon, I'm coming  
in to fill in the rest of the sky with

70  
00:05:18.050 --> 00:05:19.140  
a gentle blue.

71

00:05:31.430 --> 00:05:34.540  
With my green block crayon on my papa

72  
00:05:34.550 --> 00:05:40.140  
bear side, I'm making a straight line  
across down under the mountains.

73  
00:05:40.590 --> 00:05:44.060  
I'm turning this into a grassy area.

74  
00:05:46.820 --> 00:05:49.110  
Now that I have the bottom filled in,

75  
00:05:49.240 --> 00:05:57.990  
I'm going to curve up, making kind of a  
waving motion to create hills.

76  
00:05:59.160 --> 00:06:05.550  
I'm coming back with my mama bear side  
to darken up where those hills are.

77  
00:06:08.080 --> 00:06:11.870  
This kind of has an opposite dip to  
what I did with the mountains.

78  
00:06:14.070 --> 00:06:20.980  
With a blue block crayon on the mama  
bear side, I'm gently coloring in the  
mountains.

79  
00:06:23.660 --> 00:06:27.330  
I'm going to add other layers of color,  
so I'm just doing it lightly.

80  
00:06:31.500 --> 00:06:37.790

With my soft orange or marigold color,  
I'm going to pull out rays from the sun.

81

00:06:38.400 --> 00:06:41.270

I'm using my baby bear side of my  
crayon for this.

82

00:06:42.200 --> 00:06:44.870

You could also use a stick crayon if  
you prefer.

83

00:06:48.590 --> 00:06:52.900

I'm showing how those rays are kind of  
peeking just a little bit out from

84

00:06:52.910 --> 00:06:54.200

behind the mountaintop.

85

00:07:13.470 --> 00:07:16.640

With my purple block crayon, I'm coming

86

00:07:16.650 --> 00:07:19.440

in to add a little bit of shadow to the  
mountain.

87

00:07:20.650 --> 00:07:23.020

The sun is coming from the center, so

88

00:07:23.030 --> 00:07:26.740

I'm darkening the areas away from the  
sun.

89

00:07:29.490 --> 00:07:32.160

You can see how I didn't go all the way

90

00:07:32.170 --> 00:07:33.460

quite across the mountain.

91

00:07:33.750 --> 00:07:35.460

I left a little bit of space where it's

92

00:07:35.470 --> 00:07:41.820

more blue than purple to show that it's  
darker there and lighter towards the  
center.

93

00:07:46.230 --> 00:07:52.220

I'm using my mama bear side and I'm  
pressing just a little more firmly to

94

00:07:52.230 --> 00:07:56.400

create some darker lines on the outside  
of those peaks.

95

00:07:59.130 --> 00:08:03.380

With my yellow block crayon, I'm doing  
the opposite by coming into the center

96

00:08:03.390 --> 00:08:07.600

and brightening up the peaks where the  
sun would be touching it.

97

00:08:08.130 --> 00:08:13.290

I'm coming back with my purple.

98

00:08:13.900 --> 00:08:15.750

I'm going to shade that line that's

99

00:08:15.760 --> 00:08:18.210

separating our mountain peaks.

100  
00:08:19.040 --> 00:08:21.750  
I'm going to add in another layer of

101  
00:08:21.760 --> 00:08:22.570  
shadow there.

102  
00:08:24.380 --> 00:08:28.510  
Still remembering to keep my line of

103  
00:08:28.520 --> 00:08:30.430  
blue where it would be lighter.

104  
00:08:35.610 --> 00:08:37.600  
With my block crayons, I'm going to add

105  
00:08:37.610 --> 00:08:38.420  
in some flowers.

106  
00:08:38.810 --> 00:08:40.620  
You can choose whatever colors you'd like.

107  
00:08:40.690 --> 00:08:46.140  
I'm making some little red flowers down in our grassy area below the mountains.

108  
00:08:55.560 --> 00:08:57.670  
I'm not making them perfect flowers.

109  
00:08:58.060 --> 00:09:00.030  
I'm just creating the idea of a flower

110  
00:09:00.040 --> 00:09:03.730  
by kind of swirling and scribbling a little bit.

111  
00:09:05.140 --> 00:09:10.570  
You can make whatever type of flowers you buy, whatever type of plants or grasses.

112  
00:09:16.610 --> 00:09:20.300  
With my blue, I'm going to add a couple little birds to the sky.

113  
00:09:34.360 --> 00:09:36.530  
That's where I'm going to call it complete.

114  
00:09:37.720 --> 00:09:39.770  
You can add any other details you would

115  
00:09:39.780 --> 00:09:40.710  
like to your picture.

116  
00:09:41.840 --> 00:09:43.670  
Thank you for joining me for this lesson.