



August 2020 Handwriting Analysis Class Transcript Part 1

SUMMARY KEYWORDS

people, handwriting, trait, pooja, fear, success, work, mari, counseling, class, samples, world, change, child, helping, test, talked, handwriting expert, status, interesting

SPEAKERS

Mari, Anuradha, Smriti Tyagi, Monika Gupta, Supreeth, Michael, Pooja Saran, Dian Brown, Bart Baggett, Wendy Carlson, Ruchika Arwani

Pooja Saran 00:00

A very, very, very warm welcome to everyone. This is our maybe somewhere 20 Plus community class. And I'm so looking forward because we have lovely samples and very, very interesting stuff to discuss today. And before we start, I would love to reintroduce I'm sure everyone knows who Bart Baggett is, we already know who he is. And thanks to the video, thank you so much, but it made my job a little easier that you are famous in India. And people know you as the Guru of handwriting analysis. And I'm sure all the Indians will agree. And as far as Indians are concerned, we completely agree to who you are and how much differences you have made in people's lives.

Bart Baggett 00:44

But to say that I think I just outlived all my teachers. So I didn't quit the business. And so now you think I'm very important. So I'll feign a little humility, because it's not that easy to do what we do. But we've had a great team Pooja, if you don't know, she's one of our authorized mentors. And she came to us a couple of years ago, maybe three or four, and she got certified, then she went to the Mentor Program, and with her help this community has been expanded. Worldwide. We've got these authorized trainer classes, or teach people how to teach classes and make money and especially working from home. It's incredibly grateful. And I'm so appreciative that we've got 12 trainers teaching classes every week, and they're making money from home locked in a COVID situation, which is amazing. And of course, this class has been free for all of our graduates and our 301 students. And we hope that you continue to show up like Wendy and Craig and people that maybe we've, you know, didn't have a community when you graduated 10 years ago. So this is the place to do it. We'll continue to do these. We're having a lot of fun.

The video you just watched, I realized that we had, you know, 15 years of really high quality video, and sometimes taking you into those live events reconfirms that there is a community here, but it's really hard to feel that if you're in Singapore, and you're in India, you're in Denver, when you're kind of the only handwriting expert in town.

And so we'll be showing that video before classes and also, you know, throughout different live events to kind of as a buffer in between events. A lot of good lot of good stuff happening around here, of course, Pooja, and those of you that are authors mentor like Craig peoples, I should introduce you to Craig. Craig is one of our latest authorized mentors. He's about to start training on a weekly basis. And of course, not only in Australia and Tasmania, but also across the world. Correct. Say hello to introduce stuff to everybody want that in who's important.

Pooja Saran 02:39

You'll have to unmute yourself, Craig. We can't hear you.

Craig 02:45

There we go. Sorry. I'll try that again. How are we all? We're good?

Pooja Saran 02:52

Good. Perfect.

Craig 02:54

Good. Good to finally meet you too. Fantastic. Yes, I became certified in 2012. Back on the train now and excited to be part of this Mentor Program. And it's good to see your smiling face too Bart. Sorry.

Bart Baggett 03:11

It really is, a really great community here. It's bizarre, because we used to do live in person seminars. And man, it was just like, it's like a Tony Robbins seminar. At the end of those three days, you're like, these are my best friends. I don't want them they leave and that their friends for life. They really are. Wendy, you've been to seminars since 2004. And it's so different now not being able to connect in person, tell those people what they missed, if they're just joining the community, and how much fun it was to hang out with all these great people at dinner and lunches and stuff.

Wendy Carlson 03:40

Oh, my goodness, it was a great time because you receive feedback from everybody around you, you learn something from all of the people that were involved, whether they were new students, or whether they were experienced in long term, people that were involved in this. And so you receive the continual source or sources of feedback and information and different outlooks and different examples and the camaraderie and the support from everybody around you is just really incredible. And so I agree with you this online learning is okay. But in person is so much better, you receive so much more. And it's so much more tangible. And it really builds up in your system, as well as your learning

Bart Baggett 04:29

Well, we all don't have a choice. All of a sudden, within about eight months, we all learned how to be zoom experts. We had to go out and buy microphones and learn how to wear makeup and look good on camera. So that's what we're doing here. So those of you don't have your camera on. I don't like that. I'm mad at you now. So if you can put your camera on it would make me feel more connected. We've got Shandra and Edie and Pallava and I don't care if you're not wearing makeup at home good light. It's a community here and that's the beauty of what we're doing here. So the community class is as follows. Pooja said there's so many people that are loving the home study course they're enrolled, but they don't necessarily have a mentor. They didn't pay the extra 1200 bucks to get that personal counseling.

Is there any way we could create some kind of class where they could get some answers? Ask specific questions, bring in a group of people. And so this is that class.

So if you're in the certification course, or your graduate or your mentor, this is where it was to be. If you snuck in as a guest. Well, welcome and hang around. You may like the community and we'd love to have you eventually become part of our family.

I know Mari's there, we've got your test in my inbox. Mari let's start with you start with you. And she's in Norway, my right, Mary, Marie or Mary? How do I pronounce that?

Mari 05:38

Mari.

Bart Baggett 05:39

Mari. She's just finished? Well, I just want to get it right. I mean, you know, I have to apologize. My cat has decided to go crazy at the beginning of class, and I may have to stop and just punish her tremendously for not misbehaving during class. Mari, you just finished all 21 tests, you mailed them in, for the people on the phone that haven't completed the process. And I know some of you are scared to send them in, you're stuck on something. Or you have a fear of success or fear of failure? What was the process like?

And I know you haven't got your grades back, but tell them what that process was like. And you did it in? What, five, six months?

Mari 06:19

Maybe I haven't counted? Well, it was very interesting. Not all those questions. Other analog analysis was I made? It was very interesting process. Of course, it was a lot to do. But when, when you're so excited about this, and you're so interested in that it doesn't feel bad.

Bart Baggett 06:39

Was it a little easier because of the COVID situation where you had nowhere to go? Like you had extra time? Is it a particularly good time to buckle down and make that happen?

Mari 06:50

Not really, it's we don't have any kind of locked down here in Norway, so it doesn't so I go to my daily work, I take extra days off so I can study at home, so I anyway organized some extra time home.

Bart Baggett 07:02

So I thought the whole world had an idiot president that made us all sit in our homes, I forget that we're not alone. And people like New Zealand, my guitar teachers, and usually he's like, what locked down? We don't have any cases here. I'm like, cool, cool, can listen to come over and just run our country for a while. That'd be neat. So well Congratulations, Mari, you're about to pass and be certified. Was there any particular part of the final exam, the written work that you found challenging?

Mari 07:35

No, it was just a lot to do. Like many analogies, which took a lot of time, that's the main thing, but not anything particular.

Bart Baggett 07:46

What and to be fair, she's got a background in neurolinguistics, and hypnosis and some counseling. So what this course really is, it's a psychology course. And it's in, it's a map to help people transform.

And now you've got this extra tool in your tool belt where you can instantly look at handwriting, and you know, the deepest fears were very quickly before you learn this.

Mari, how did you find out their deepest fears? Their core issues, their values? Was it was it a series of questions, was it a long three or four hour process?

Mari 08:16

What did you ask I got before?

Bart Baggett 08:19

Before you discovered the handwriting analysis, you were still helping people transforming them doing counseling? How has it added to your ability to make people transform and have a better life?

Mari 08:30

Well, I find out how people are much faster just looking at their handwriting I already know so much. So it helps when I first time meet those people. I can I already have so much more information about them. So that's amazing thing.

Bart Baggett 08:49

Yeah, it saves me probably four or five hours of inquiry and Pooja. Let us this Pooja is also a trained hypnotherapist and RTT, and as a whole but a whole list of things that she's trained in. And I started when I was 14 with handwriting. And I was so excited about handwriting because it just gave me this insight. What I didn't really realize when I was 14, is that that's the tip of the iceberg because what was I really was getting what I was seeking out about was the fact that I finally figured out that the unconscious mind is the thing I can transform. And in the unconscious mind is the thing that runs people's lives, and they don't know it. And with this handwriting was the first clue sort of little map or sort of like got this map of this world. The handwriting really didn't change my life. It was the idea that the unconscious mind was my friend or my enemy. And I could instantly help people navigate this entire world of personal growth. And so I went on to study NLP and hypnosis and forensics and I said, wow, you know, the handwriting I love and I've always continued to love that. But if you think that graphology is the end game, you're missing the bigger picture which is we can take people on a journey of transferring Question. And in five or 10 years, they can be speakers, they can be authors they can they can be married, they can be, they can be happily married, they can be wealthy. I mean all those are belief systems and changes and things that you can tweak in your brain. No matter what country you're from it can make a profound difference. Pooja, how did you find this journey from the handwriting to the hypnosis to the NLP? Like where do you see it most show up in your clients in your world?

Pooja Saran 10:24

I think I took the same journey when it comes to handwriting. That was the first step that I took in the journey of healing and becoming a therapist or working as a counselor. I was never into counseling, I have been a touch very lucky to work with the big companies and working as trainer, front office trainer. And you know basic how to handle people when they are in complaints and just gracefully listening to their complaints. But handwriting was first thing that started my journey. And as you also said, then it from handwriting, I start from NLP and I went to hypnotherapy. And now I'm training hypnotherapist to see the code issues and handwriting. And trust me it's like, it saves at least two to three hours of understanding what is the code issue? A small thing like a capital K in the writing, you know, there is a PAP issue that's a passive aggressive behavior. That's the first thing you need to sort out. And handwriting we call it as defined. So there's a lot that you can understand that this person can be hypnotized, direct induction, or you need to go for relaxation. The personality type is really helping a lot of hypnotherapist around me when I give them the basic goal of the personality through handwriting. Yes, definitely. It saves a lot of time for me also, because I do RTT that is rapid transformation therapy, jumping directly into the core issue and clearing it off. It saves a lot of time for everyone.

Bart Baggett 11:58

Yeah, and part of the certification process is we ask you the graphic therapy processes, because we want to give you a tool so that you can help people change. And I am still amazed and delighted to hear stories of people only having the one tool, not the tool, the hypnosis, not the other stuff, not the tapping, they have one tool, and they change somebody's writing. And literally the testimonials, you've got 25 years of people saying, I changed my T bar my self-esteem, I change my humps, and my EMS. And now I can approach people, it's still mind boggling to me.

And I know that you guys probably have watched my TED talk about the graph, you know we are for therapy and why the unconscious mind but to me, it's almost mystical. And when I talk about it to scientists, they're still rolled their eyes because it sounds unbelievable. But it's one of those tools that I want you to have. Because for some clients, it will work. It'll work in 30 days. And it's just amazing. Some clients, there's so many issues so layered, it's not going to kick off immediately, as powerful. So we have a small agenda today. We've got a couple of slides you want to start with as far as interesting people, but this is your time for people that are in the course that haven't graduated open up your textbooks. Look through your notes for any question marks. I don't understand that question. I couldn't find the handwriting sample.

There is an assignment about to research. Einstein in Hitler's handwriting. Raise your hand if you've done that assignment or remember that assignment? Raise your hand I'm looking at all you're Okay, one person? Well, the rest of you I'm very upset with you. Did you just not get to it? Or did you just ignore it? Or you don't have access to Google Images? I'm really confused on that. Good because we're gonna give you a cheat sheet today we're going to help you solve that problem. So go to your textbook and it's probably in the chapter on thinking patterns Pooja is or is it in the test? Yes, it's this paper number three as far as I remember. Okay, so go find test paper number three, you should have your binder for those of you in America I think your binders white for those of you around the world I think it has like a little faux leather black binder go to test number three

Pooja Saran 14:01

See and I love it. This is like my life.

Bart Baggett 14:04

Yeah, we have to we had three complaints that some apparently somebody's binder was rusted. And I said you know, our shipping houses in Hyderabad, India, if you've been to Hyderabad, air conditioning is not necessarily required in every room. So give us a little break on that. All right, we'll do our best to get rid of the rest for you for the next time, Pooja. Before we do that there is an interesting handling sample I want to jump into because I promised you I give you some word handwriting samples. We came across a forensic case. And Wendy is a working forensic examiner. So she probably sees as many weird cases as anybody. We of course, as graphologists you get handwriting from friends and family and I say graphology I never call myself graphologists. But since I'm in the forensic field, too, there's some that distinction. The reason I don't use that word is because everyone uses the word across the world and it's kind of like Chinese medicine versus Western medicine. It's really not the same stuff. The stuff we teach is so profoundly different than the average person that reads a book. So I tend to use the word handwriting expert. But I want to share with you this interesting sample because it's somebody's granddad that he was trying to get, you know, some closure on about a last will and testament. And I just found it fascinating. So the guy must have been, this was in 1968. He was a veteran of a couple of wars. From all intents purposes, the grandson thought he was a good man. But I immediately my intent, my intent goals, my intended goals went up. And I thought, Oh, wow, what a mess. So why don't go around the room and I'll pick somebody we'll start with Diane Brown, then schmear TSA then she Paya because I haven't talked to you guys yet. Unmute yourself. Tell me what jumps out about this. And how would you explain to this young man what his grandfather was really like? Gotta unmute yourself, everybody.

Dian Brown 16:00

Yeah, hi, everybody. Well, he certainly isn't looking he doesn't realize how he's sabotaging himself. I'd say there's a lot of guilt there he's very persistent. It doesn't look like he lies there's anger and irritation there. He seems open minded.

Bart Baggett 16:34

Where do you see anger?

Dian Brown 16:35

And irritation that's it. And that slant to the right. That slash on the T's

Bart Baggett 16:47

Is it going this way

Dian Brown 16:49

That anger and irritation Well, the anger and the anger and irritation I was seeing is in the slashes on the i, the dots on the eyes of slashes. And over that now will that the data over that i have almost like a checkmark upside down checkmark.

Bart Baggett 17:10

By the way, everything you said is absolutely perfect. As far as the primary traits you get an A plus this very good alright. What I do want you to do on classes like this, especially for people that aren't as advanced as you is say I see domineering in the T bar or I see irritation in the letter I so as a teacher, which I hope you all become teachers we have a path to being a teacher that actually makes you money immediately. But you have to learn how to sort of say it and then define it now when you're analyzing your friends. You don't give away the secrets right? That's not you're gonna tell them that's why they pay you. So but on a class we want to know that especially the more basic classes you guys are on the certification course. What does this mean this really high stroke? Let's go to somebody else Pooja pick somebody with an Indian name and I can't pronounce so that you know we will respect them.

Pooja Saran 18:07

Maybe the banker or Anuradha, Anuradha is Jan than her papers and in fact she's ready for pre-test Anuradha

Anuradha 18:15

Tension seeking trade.

Bart Baggett 18:21

Okay, can you elaborate on that?

Anuradha 18:25

It's going to be slinky Look at me, I'm the

Bart Baggett 18:35

You're gonna have to learn to speak longer sentences. If you and I are going to be friends. You can take the spotlight, it's fine. We don't need it. What is this long down stroke any idea? You can answer in Hindi Pooja will translate it for you.

Anuradha 19:02

The long strokes in the lower zone is for determination. He has fear of success.

Bart Baggett 19:16

Okay, so first of all, you're correct any long down strokes determination but what else does that mean? What about his sex drive? Do you think this guy's physical? Do you think he exercise? You think he's out in the yard working in the farm? Right, but physical drives to remember this is 1969 He's an old man here. So you're probably not I mean, they've sure they had sexual openness and some communications in the 60s or 50s. But normally sexuality was repressed in the 60s. So you're gonna see that outlet either in something devious. You know, within the family. You're going to see it as like working on the farm, but you're going to see some kind of pent up energy because he's got such energy right. Well would you think it's sexual? Or do you think it's totally physical hard to say right?

Anuradha 20:06

Isn't a physical exercise as he is of 60s. So we can say like that he is into more into physical things. Exercise

Bart Baggett 20:14

Okay, you all mentioned this, let me let me stop for a second, raise your hand again, not all your videos are on, I'm going to have to get very upset, I'm going to start, I'm going to start dishing out punishments of some sort if you're not turn your video on, raise your hand if you do not fully understand the fear of success. One, one honest person, to honest persons. Okay, great. So let me go back to the screen here. This is such an important key. And again, if you're new, this is a trait you will not find in other people's books. So it's totally makes sense that you're that you don't know it yet. But it's one of the biggest and most important breakthroughs that Dr. Ray Walker figured out. And in this particular individual, you see it here in the Y. Okay, so I'm not going to explain it, I'm gonna have Mari explain it because she's about to be certified.

Mari 21:14

He says, a fear of success. So they kind of, they go towards some goal. But just before they reach the goal, something happens, they self-sabotage or something that they don't reach that goal, they have unconsciously connected something negative towards the success or something positive towards unsuccessful. So something keeps them stuck in life and not reach the goals.

Bart Baggett 21:49

That is pretty comprehensive, I would have to give you an A plus on that. It's a tricky one, I actually read a book called self-sabotage. And I don't know if you can find it, it was like 1974. And this like half the psychologist in New York City, all his clients were either wealthy or like professional athletes. And he said, and so he was trying to make a case, while even people that were champions or, or the best of still messed up the relationships, still had affairs still had these issues. And it was so difficult to find a pattern. And he had difficulty finding a pattern. And he's a psychologist, right? I feel so grateful that Dr. Walker figured this out and gave a word to it. Because I've always found it to be accurate. There are people that overcame it. And there are people that it only shows up in certain other life, but it is literally a neurological imprint that says not succeeding gives me more emotional benefit than succeeding. And it's kind of like, how would you say it. Almost like an addiction. Like I'm addicted to the feeling of the comfort of not getting what I want, because that's what I got to the childhood, I'm addicted to waking up. Miserable, because I'm alcoholic. Like they know it doesn't feel good. But they can't seem to stop because that's what they're used to.

And so it's really challenging. If you have and this is the kind of stuff we're going to ask you on your final exam. And this is what we want you to have mastery of if you have a client like this, and you don't have an eight, you know, eight month commitment to work with them. You know, how do you manage this?

Is this something that you can say, Hey, Jack, why don't you just change your Y and come back and see me in six months, your life will be great. Like how serious is this?

And how do you as a counselor, really help people break through? Michael haven't heard from you? Do you have an opinion on this trait? And are you familiar with it with some of your clients and your friends?

Michael 24:03

Yes, I'm familiar with your success personally.

Bart Baggett 24:08

How would you help somebody breakthrough it? Would you would you need to work with them eight weeks in a row? Or would you just say change your Y and move on?

Michael 24:15

Are we talking about a single individual or a couple because I've worked with couples in far as having them increase their family? I put this into my test. I have a couple that came to me with one child. They said they wanted to create the second child, but they didn't know what they were doing to create the first child. The second child was a challenge for them as if afraid to succeed. So when I looked at their handwriting's, I changed their handwriting and told them they needed to tackle the problem directly instead of being afraid of it. In other words, they had a child in the house at the same time, they have to get it on with a child in the house. So there was a fear with the child in the house and then at the same time procreating. So helping them figure out what they had done, and allowing them to figure out what to do next. That got a bigger family.

Bart Baggett 25:24

So let me rephrase the question. Did you have either one of them change their Y?

Michael 25:30

Yes.

Bart Baggett 25:32

And how long did that take before it stuck?

Michael 25:37

In it took less than a week. Probably, almost immediately, I would say, if not immediately that day.

Bart Baggett 25:47

Have you checked in with him since then?

Michael 25:50

Yeah.

Bart Baggett 25:51

We're just their Ys, are they right, have maintained the change and not the frowny face?

Michael 25:57

Yeah, I have. Yes, they have. And I have the samples I'm including in my test.

Bart Baggett 26:01

That is the great news. Pooja, has that been your experience that this trait changes in a week? Oh,

Pooja Saran 26:07

Oh, not really. Yes, of course, it changes in the week, if you do a lot of counseling and therapy, like I have seen changes coming but not immediately. It takes time for of course, I as Michael said, the awareness is important. If you've got awareness of something, it's easier to create a new habit. But if it's a therapy done, it will take a little time, I will definitely go for fear of success, maybe 2025 days.

And that too, there is a proper procedure when you remove fear of success. Because when they are very close to getting that habit, that pattern kicks in again, they will leave it even when traffic therapy, they will leave it.

So this is where we use that pattern of getting that fear of success. Okay, you might take 20 more days, when you know that it is like quite close. But you have to make them keep on doing it. Yes, it takes a little time for me. I'm sure Michael did a lot of counseling and a lot of awareness where it helped.

Michael 26:10

These people came to me and actually wanted to change. Yeah, so that was a big hurdle. I didn't have to overcome they wanted to change they were and they were willing to practice the procedure instantly. Like that very moment. They picked it up and change their hair. And I haven't samples that can.

Bart Baggett 27:22

I think most people overlook the fact that this is a neuro exercise. You have to if I'm going to go to the weight gym, I can't go lift weights for five minutes and then do it a week later. I can do it every day repetitively or the muscles don't change. Smriti, I saw you nodding your head, we were talking about this, I wanted to ask you if you've had anybody in your life with the fear of success, and if it was able to change quickly, or they bailed on the program, he had taught me to

Pooja Saran 27:49

Smriti.

Bart Baggett 27:53

Sorry, my pronunciation is not as good as

Smriti Tyagi 27:58

I didn't get the question. Sorry.

Pooja Saran 28:00

Have you ever met anyone with fear of success? Or do you agree with this trait? Have you ever come across with I

Smriti Tyagi 28:06

I was nodding my head? Yeah, I was nodding my head because I agree with Pooja. Because within a week, according to me, it's not possible to change the train. That's why I was nodding my head.

Pooja Saran 28:18

Yeah, but I completely agree. Thank you so much for that. I completely agree to Michael also. Because when you're aware, sudden awareness, okay, oh, this is why it was not happening, then it's easier for you to do yoga every day, you know, because now suddenly you realize if you don't exercise, now, you're going to die. And then from tomorrow onwards, you're going to gym, right. So this is where the habit changes, again, a lot of understanding and awareness comes into picture. Yes.

Smriti Tyagi 28:48

So I'm working with small kids as well. So I don't know maybe there is a difference between kids and adults. So whenever I'm teaching them, I'm like, stubbornness and all that I'm telling them to improve that. So they're not going to do it in a way that it is taking at least two or three months for them to pick up this trait.

Pooja Saran 29:06

Absolute speed.

Monika Gupta 29:08

You see Pooja.

Pooja Saran 29:10

Yeah.

Monika Gupta 29:10

I just want to ask if we see fear of success. So directly, we should try to change the Y.

Pooja Saran 29:18

Yes, of course, you have to see what exactly the very first thing is this question. When you're seeing these kinds of trades. It's a kind of a question what had happened in their lives that they developed this field. So usually, as far as my understanding comes, and as many handwriting have seen, when fear of success comes it's usually the eldest child of the house. I don't know how true it is for people around who same fear of success. Because as the child is always asked to take care of the lower child, you know, the younger one, and the mother likes, it's like okay, if you are losing every time but meanwhile, I am not getting into this mess. You're handling it on their own, then Okay, then then the child feels association with losing, fear, the failure and negative association with success because every time both the kids are fighting, right? And no one comes and complains, the mother gets very angry or let me walk, you know, why you can't handle he's the smaller one you can keep on losing.

So when you give that awareness to the elder child, then the starting of awareness, oh, it was not that I wanted to lose. It was I always wanted to win. It just had the association with the mother, it was not fitting in the mother or the parents will, then you start changing, it's always a good idea to start talking about it first, ask them the questions, did this happen? What happened? And then start changing in it?

Monika Gupta 30:48

But then again, if I'll change that, Y, yeah, how the mother's behavior will change?

Pooja Saran 30:53

Yeah, I love this question. And maybe we'll agree to it, stubbornness doesn't go, because you clean the child, send them back, and they are back in the muddy waters. Right? And they come back, they come back with line loops. Now they come in now I completely agree. That's where it's very important to bring in the parents. Also, if you're working with kids, it's very important to bring in the parents, tell them what is happening. In fact, go back and understand the parents stuff also, you know, our parents are not intentionally doing bad to us, they do what they know. Right? If they know better, they will do better. So your responsibility here comes to tell them on give them something more to know so that they can act better, if that makes sense to you.

Ruchika Arwani 31:41

Which I've had. I've had an experience, same experience. I had a kid with fear of success, she was an elder sibling. So I had a word with the parent and parent was actually not aware that indirectly, because she was doing what she was taking the blame on herself to save her younger sibling. So then a lot of counseling, and then to change a fear of success. Everything actually helped.

Pooja Saran 32:08

Yeah, so I hope Monika, you got the answer from Ruchika. It's always a better idea. If you're working with a child who's below 12. To get the parents first speak to the parents after you see the writing. And then you speak to the child. In fact, you should not even tell the child that you're changing these traits work around the child as if the child is like in cricket.

You tell them if you change your why's your cricket will become better, you will become full you will be more focused in your work. And this actually happens. You're not lying, but you're helping them you give motivating them in something that they want to do.

Monika Gupta 32:43

But also what about elders? Elders won't accept it.

Pooja Saran 32:47

They will accept it if you ask them questions, and if it's coming from there, and rather than giving a judgement, that you know, I think you're doing like that. No. Do you think this has happened to you? What happened to you? So go back and ask them what's happened to them. And that's the belief system they're carrying on. So you need to break the root from the break the cause from the root.

Bart Baggett 33:09

If you could figure out how we can change our parents we would all buy that course right now? I promise you that would be a big deal. Let me shift gears one second before we get to the two Handwriting samples Pooja brought up super brief. This is one of our new authorized, mentors. He's now on his fourth class, you just enrolled your first students this week, so good for you. Congratulations. If you guys don't know as part of the mentor program, we run all the ads, we do all the marketing Supreeth shows up and there's 10 people there. And it's a really cool system to be able to make money from home. Supreeth what I want to ask you, and this is a very advanced question. So listen up for you guys that aren't certified. I have talked to people that have employees with this fear of success. And they go man, this is really interesting. That's one of the hardest workers I've got. That's a really that's a winner. You know, it's an it's a winner. And it's because people with that they get close to that baseline, right? And if they get enthusiasm if they got big wise, they're going to work really hard. My question to you Supreeth, what if you find somebody with a fear of success? And a really low T Bar? What are those two fears? Explain that as if you're a teacher because you are one of our teachers? And what is the resulting emotion this person constantly feels? Hard questions. Sorry to put you on the spot, but I think you can do it.

Supreeth 34:29

Oh, yeah. Good evening, everyone. The first thing which I can tell about those two traits, especially when it comes to T, could not able to handle his success. At the same time he fears of getting some change. So when it comes to the relationship or handling few things, he always thinks back or goes back to his past. Before he actually has that fear of not actually getting the church and even he cannot actually pay extra to the failure there, before he start off something, he feels that, okay, I'm about to start something. So I don't know how far I can go ahead. But I will definitely not succeed. That's what that's one of the back backend thoughts which runs down in his mind

Monika Gupta 35:20

Because of low self-esteem

Pooja Saran 35:23

Okay, it's fear of failure, fear of success, both.

Bart Baggett 35:26

Yeah, the word that comes to mind when I think of that is the emotion of feeling stuck. You have the accelerator on, and then you have this fear of crossing the finish line. But then you're like, if I, if I succeed, then its change. And then if I'm not worthy, it's basically two polarizing emotions, and both of them end up in a bad place. And remember, people with low self-esteem and vanity are high achievers. Let me repeat that. Look at President Trump. He's got high self-esteem and vanity but think about people with vanity. They're run by ego. Right? They're one by what people think of me if you have a low self-esteem.

And again, I'll leave politics out of this. Think about it. And you'll meet people they are high achievers, because they want what people with tall, tall D stems, what did they want dip pen car had I do I did to get on that day I said they want status, a recognition, status, and recognition. That is a huge motivating factor for everyone in society.

By the way, you could say that that's a lot, especially with Instagram. And you can say that's a play for status. But when they've got the vanity in there, D, that is the only thing that matters, money is secondary of love is secondary connection is secondary, their value of status.

Now, they may not admit it, because part of being vain is also having self-deceit, you won't necessarily see it in the O's. But when you interact with these people, and I have a lot of close friends with this trait. I have to manage them differently than I do that people that don't have it.

The reason I have to manage them differently is they're not seeing the world through clear eyes. But if you've got low self-esteem and vanity, now you got somebody with a lot to prove what a hire those people sure, because they'll work there, they'll work their butt off, because they want the trophy, they want the plaque on the wall, right? They want the Employee of the Month in the wall. But it's not necessarily a healthy combination. So if you're someone that has it, be mindful. It's not something you're going to change quickly in your writing. But the self-esteem will go a long ways to helping that. Obviously, the more spiritual you are, and you realize that status in the end doesn't feed you one of the interesting things that I believe I wrote about in the rich and happy but maybe I have to revise it is that? Uh, no, it's in the prison, I think I've talked about a lot in the prison course is that if people get too much status, they no longer have intimacy, because status creates fame, fame creates separation. And then you have to create literally bodyguards physically if you're super famous. And then you lack the connection. So connection is a human need.

And so with status, right. So if you get too much of one, you lose the other. And that is the real challenge with getting too much as too much fame. And the other side, if you have no recognition, then you have the ability to connect. But sometimes people don't want to connect with you because you don't have enough authority and recognition. It's an interesting balance. Because when you're trying to get all your needs met, you're basically getting a little of each and you're trying to stay balanced. So we have the life wheel like we're trying to stay balanced and all the quadrants and money and health and relationships and love and career. Spirituality. We got to keep it balanced. We get too far in other directions. It's get difficult. Mike you can handle too much fame. Good for you, my friend. I'd be glad to help you get there. You let me know when you pass your test. We've got it. We had a class waiting for you with students every week on it.