
LESSON 1: SONATA FORM

Learning points:

- ☐ Video: What is sonata form?
- ☐ Tutorial: Sonatina exposition
- ☐ Review: cut time
- ☐ Review: modulation
- ☐ Review: I-V notes and chords (tonic/dominant)
- ☐ Technique: B harmonic minor scale
- ☐ Weekly sight reading

Piece of the week:

*Practice the following piece for **four weeks**:*

Sonatina in C (1st movement: exposition)

Difficulty: ***

Key: C

Meter: cut time

Syllabus: RCM 3, List B (full first movement)

Collection: Clementi, op. 36 no. 1

Learning points for week 1: Note all I and V harmonies in the exposition and mark the modulation. Find all technical passages (scale passages, arpeggios, Alberti bass). Play through at a very slow pace, carefully attending to all details (slurs, lifts and rests).

Method book:

None this week.

Technique:

Spend about 5 minutes each day practicing the B harmonic minor scale. Do this exercise toward the end of your practice session.

Sight Reading:

Go through one sight reading exercise per day (5m). Do not exceed this amount of time; put the piece away after five minutes regardless of how “good” it is.

Ear training:

Listen through the sonatina exposition several times, paying particular attention to the “junction” points where there are I-V or V-I harmonies, as well as the point of modulation.

Practice plan:

Lesson tutorials

- ☐ Download all materials from the *Introduction to Lesson 1* section (5m)
- ☐ Watch Sonata Form videos (20m)
- ☐ Watch lesson tutorial video (10m)
- ☐ Watch technique video (5m)

Total: 40m

Sight reading:

- ☐ Day 1: sight reading (5m)
- ☐ Day 2: sight reading (5m)
- ☐ Day 3: sight reading (5m)
- ☐ Day 4: sight reading (5m)
- ☐ Day 5: sight reading (5m)

Total: 25m

Sonatina:

- ☐ Marking in all harmonies/modulation (10m)
- ☐ Listening through piece with sheet music several times (10m)
- ☐ Day 1: Practice exposition (20m)
- ☐ Day 2: Practice exposition (20m)
- ☐ Day 3: Practice exposition (20m)
- ☐ Day 4: Practice exposition (20m)
- ☐ Day 5: Practice exposition (20m)

Total: 2h

Technique:

- ☐ Day 1: B harmonic minor scale (5m)
- ☐ Day 2: B harmonic minor scale (5m)
- ☐ Day 3: B harmonic minor scale (5m)
- ☐ Day 4: B harmonic minor scale (5m)
- ☐ Day 5: B harmonic minor scale (5m)

Total: 25m

Recording:

- ☐ Film sonatina exposition progress (20m)
- ☐ Upload/post video (10m)

Total: 30m

Total learning and practice time:

Total learning: 240 minutes; Four hours (roughly 40m per day, for six days)

Total practice: 200 minutes (3h20m, or 30-35m per day, for six days)