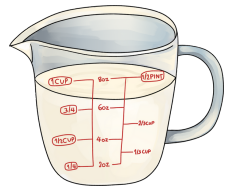




BAKING CONVERSIONS CHART



BASIC INGREDIENTS

ALL PURPOSE FLOUR

1 cup flour = 125 grams
1/2 cup flour = 62 grams
1/3 cup flour = 42 grams
1/4 cup flour = 31 grams
1 Tbsp flour = 8 grams
1 kg = 8 cups = 1000 grams

SUGAR

1 cup sugar = 200 grams
1/2 cup sugar = 100 grams
1/3 cup sugar = 67 grams
1/4 cup sugar = 50 grams
1 Tbsp flour = 12 grams
1 kg = 5 cups = 1000 grams

SYRUPS & HONEY

1 cup = 320 ml = 320grams
1/2 cup = 160 ml = 125grams
1/3 cup = 107 ml = 107 grams
1/4 cup = 80 ml = 80 grams
1 Tbsp = 20 ml = 20 grams

BUTTER

1 cup butter = 227 grams
1/2 cup butter = 113 grams
1/3 cup butter = 75 grams
1/4 cup butter = 57 grams
1 Tbsp butter = 14 grams

YOGHURT, MILK, WATER & OIL

1 cup = 240 ml = 240grams
1/2 cup = 120 ml = 120grams
1/3 cup = 80 ml = 80 grams
1/4 cup = 60 ml = 60 grams
1 Tbsp = 15 ml = 15 grams

INSTANT DRY YEAST

1 Tbsp = 12 grams
1 tsp = 4 grams
1/2 tsp = 2 grams
1/4 tsp = 1 gram
2 1/4 tsp = 7 grams

BAKING POWDER

1 Tbsp = 14 grams
1 tsp = 4 grams
1/2 tsp = 2 grams
1/4 tsp = 1 gram

BAKING SODA

1 Tbsp = 20 grams
1 tsp = 8 grams
1/2 tsp = 4 grams
1/4 tsp = 2 grams

OVEN TEMPERATURE

275 °F = 140 °C
300 °F = 150 °C
325 °F = 165 °C
350 °F = 180 °C
375 °F = 190 °C
400 °F = 200 °C
425 °F = 220 °C
450 °F = 230 °C
475 °F = 240 °C

CUP, Tbsp and tsp TO ML

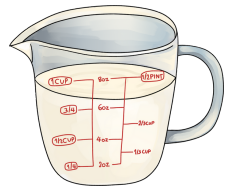
1 cup = 16 Tbsp = 48 tsp = 240 ml
1/2 cup = 8 Tbsp = 24 tsp = 120 ml
1/3 cup = 5 Tbsp = 16 tsp = 80 ml
1/4 cup = 4 Tbsp = 12 tsp = 60 ml
1/8 cup = 2 Tbsp = 6 tsp = 30 ml
1 Tbsp = 3 tsp = 15 ml. 1 tsp = 5 ml

kg = kilograms. **ml** = milliliter. **°F** = Degree Fahrenheit. **°C** = Degree Celsius.
tsp = teaspoon. **Tbsp** = tablespoon



RECIPE CALCULATOR

HALF RECIPE

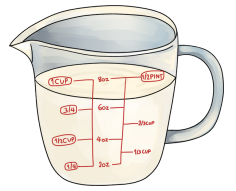


ORIGINAL	HALF
1 3/4 cups	3/4 cup + 1/8 cup
1 2/3 cups	1/2 cup + 1/3 cup
1 1/2 cups	3/4 cup
1 1/3 cups	2/3 cup
1 1/4 cups	1/2 cup + 2Tbsp
1 cup	1/2 cup
3/4 cup	3/8 cup or 6Tbsp
2/3 cup	1/3 cup
1/2 cup	1/4 cup
1/3 cup	2Tbsp + 2tsp
1/4 cup	1/8 cup or 2Tbsp
1/8 cup	1 Tbsp
1 Tbsp	1 1/2 tsp
1 tsp	1/2 tsp
1/2 tsp	1/4 tsp
1/4 tsp	1/8 tsp
1/8 tsp	A pinch

tsp = teaspoon. **Tbsp** = tablespoon



RECIPE CALCULATOR



DOUBLE & TRIPLE RECIPE

ORIGINAL	DOUBLE	TRIPLE
1 $\frac{3}{4}$ cups	3 $\frac{1}{2}$ cups	5 $\frac{1}{4}$ cups
1 $\frac{2}{3}$ cups	3 $\frac{1}{3}$ cups	5 cups
1 $\frac{1}{2}$ cups	3 cups	4 $\frac{1}{2}$ cups
1 $\frac{1}{3}$ cups	2 $\frac{2}{3}$ cups	4 cups
1 $\frac{1}{4}$ cups	2 $\frac{1}{2}$ cups	3 $\frac{3}{4}$ cups
1 cup	2 cups	3 cups
$\frac{3}{4}$ cup	1 $\frac{1}{2}$ cups	2 $\frac{1}{4}$ cups
$\frac{2}{3}$ cup	1 $\frac{1}{3}$ cups	2 cups
$\frac{1}{2}$ cup	1 cup	1 $\frac{1}{2}$ cups
$\frac{1}{3}$ cup	$\frac{2}{3}$ cup	1 cup
$\frac{1}{4}$ cup	$\frac{1}{2}$ cup	$\frac{3}{4}$ cup
$\frac{1}{8}$ cup	$\frac{1}{4}$ cup	$\frac{1}{4}$ cup + $\frac{1}{8}$ cup
1 Tbsp	2 Tbsp	3 Tbsp
1 tsp	2 tsp	1 Tbsp or 3 tsp
$\frac{1}{2}$ tsp	1 tsp	1 $\frac{1}{2}$ tsp
$\frac{1}{4}$ tsp	$\frac{1}{2}$ tsp	$\frac{3}{4}$ tsp
$\frac{1}{8}$ tsp	$\frac{1}{4}$ tsp	$\frac{3}{8}$ tsp

tsp = teaspoon. **Tbsp** = tablespoon