



Functional Approach to Psychiatric Treatment Course

Course Description

This course is designed to equip Nurse Practitioners of diverse disciplines with the skills needed to elevate mental health care. Participants will develop a sophisticated knowledge of functional medicine's relationship to psychiatry, unlocking new diagnostic and therapeutic tools. Exploring the relationship between genetics, hormones, lifestyle, nutrition, and emotional challenges, this course forges new paths in the mainstream understanding of psychiatric well-being.

Course Outcomes

By the conclusion of this module, the student should be able to:

- Recognize how to implement integrative, functional, and orthomolecular therapies without disregarding standard of care.
- Outline how to work collaboratively with your patients to create realistic and effective treatment plans.
- Distinguish what treatments are embraced by mainstream medicine and psychiatry.
- Identify treatments that are evidence based but often disregarded by mainstream psychiatry.
- Recognize the role and contributions of Functional Providers in Mental Health
- Recognize how to select, interpret, and apply various lab and diagnostic tests relevant to specific mental health conditions.
- Identify when it's safe and appropriate to implement functional interventions based on thorough assessment, accurate diagnosis, and patient preferences.
- Distinguish the acceptance, scientific basis, and standard of care associated with functional interventions compared to conventional psychiatric approaches.
- Indicate the risks associated with functional medicine and how to educate patients to navigate them safely.
- Recall strategies for incorporating functional medicine elements into your private practice to enhance business potential and improve patient experiences.
- Explain essential factors for creating a successful psychiatric practice grounded in functional medicine principles.

Contact hours awarded: 6 total hours with 2 hours designated as pharmacology hours

Release date: 08/16/24

Expiration date: 08/15/27

The Elite Nurse Practitioner is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.





Course Disclosure

Commercial Support

None

It is the policy of The Elite Nurse Practitioner to ensure that commercial support is not accepted in regard to the content of our courses.

Disclosure Statement

None of the planners or presenters for this activity have a relevant financial relationship(s) to disclose with ineligible companies.

The following course participants were involved with this course

- Nicholas Goodwin DNP, PMHNP
- Amberly Wagner-Connolly DNP, FNP-C, Accredited Provider Program Director

Students of The Elite Nurse Practitioner Courses must pay the associated course fee to obtain the educational credit. To receive credit for this education activity, students must:

1. Read the course material in its entirety, including the additional resources section of the course.
2. Complete the pre-course quiz.
3. Complete the post-course quiz.
4. Complete the mandatory course evaluation after you finish this educational activity.

Once the above requirements have been fulfilled, the Certificate of Completion can be downloaded and printed to show you have completed the course requirements, and thus have earned the associated continuing education credits.

Contact Information

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