



## **Course Title**

The Anti-Aging and Advanced Peptide Course

## **Course Description**

This course is designed for the nurse practitioner who is looking for the training and information necessary to offer clinical peptide treatment and anti-aging therapeutics in their practice. This course discusses the clinical and business components of offering peptide treatment and anti-aging therapeutics that will include the science, dosing, and various administrative and marketing considerations. The course provides an in-depth review of the physiology, pathophysiology, and pharmacology of peptide treatment and anti-aging therapeutics to include current treatment recommendations and clinical aspects of a variety of peptides and treatment modalities within the anti-aging clinical space. The potential liabilities, legalities, and regulations of peptide therapy will also be reviewed.

## **Course Outcomes**

By the conclusion of this module, the student should be able to:

- Discuss the foundational knowledge of the physiology, pathophysiology, and pharmacology of peptide treatment and anti-aging therapeutics.
- Understand the various clinical aspects of prescribing, dosing, and monitoring of the treatment modalities discussed in the course.
- Understand the regulations, legalities, and risks of treatment in addition to the business considerations of peptide and anti-aging therapeutics.

Contact hours awarded: 7 total hours with 4 hours designated as pharmacy hours

Release date: 09/15/24

Expiration date: 09/14/2027

*The Elite Nurse Practitioner is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.*



## **Course Disclosure**

**Commercial Support** None

It is the policy of The Elite Nurse Practitioner to ensure that commercial support is not accepted regarding the content of our courses.

### **Disclosure Statement**

All those participating in the planning and production of continuing professional development activities administered by The Elite Nurse Practitioner are expected to disclose to the audience any support or relationship(s) with outside commercial interests. During the planning stages of the continuing education activity, participants advised that this activity must be free from commercial bias. It is our policy to identify and resolve conflicts of interest for all individuals participating in this activity and those who can control its content. All individuals involved in this course activity have disclosed that they have no relevant financial relationships pertaining to this course activity.

**The following course participants have stated that they have no significant financial relationship(s) or conflicts of interest pertaining to this course.**

- Justin Allan, FNP
- Justin Groce, FNP
- Amberly Wagner-Connolly DNP, FNP-C

Students of The Elite Nurse Practitioner Courses must pay the associated course fee to obtain the educational credit. To receive credit for this education activity, students must:

1. View the course material in its entirety, including the additional resources section of the course.
2. Complete the pre-course quiz.
3. Complete the post-course quiz.
4. Complete the mandatory course evaluation after you finish this educational activity.

Once the above requirements have been fulfilled, the Certificate of Completion can be downloaded and printed to show you have completed the course requirements, and thus have earned the associated continuing educational credits.

**Contact Information**

The Elite Nurse Practitioner

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