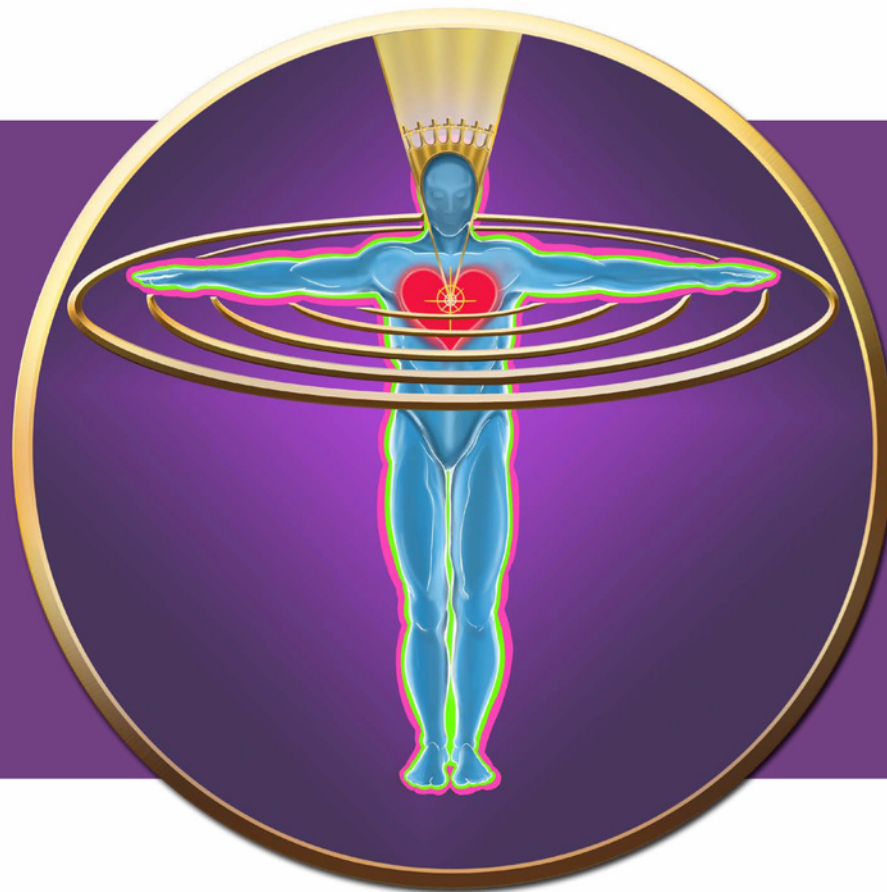


30-DAY
MIRACLE
CHALLENGE

WORKBOOK

Activate your perfect DreamLife NOW!



JAMES MACNEIL

The REAL Love Guru

**You can do anything for 30 days.
Activate your perfect DreamLife.**

**“ Power in the
Physical World is
measured by how
much you can lift up.**

**Power in the
Spiritual World is
measured by how much you can let go.”**

- James MacNeil

Master the next 30 days and master your life.

Congratulations!

Welcome Miracle Magnet!

Congratulations on your commitment to
the 30-Day Miracle Challenge™

I expect you will be enjoying a flow of Miracles very soon...
and lots of them.

The 30-Day Miracle Challenge™ was designed to help you fully
activate your perfect DreamLife now! According to my findings in
the Wisdom Literature your DreamLife is better than anything you
can imagine and it is already approved, prepared and present.
Your DreamLife is ready for you to unlock the vault, and you will
complete this process over the next 30 days.

Fully engage in this process and have fun with it.

Everything is perfect and everything is improving.

You are on schedule and your time is now.



James MacNeil
the REAL Love Guru





The DreamLife Pledge™

**I Am a Creative &
Compassionate Spiritual Being,
currently existing in physical form.**

**I Am Infinitely Valuable,
Exquisitely Unique, & Perfect
in my Personhood.**

**My natural state is in Euphoric
Connection to SourceLove,
& Loving Connection
to All Living Things.**

**Everything is Perfect &
Everything is Improving.**

PURE SPIRITUAL INTELLIGENCE

by James MacNeil

Day 1

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

On a scale of 1(low) – 10(high):

1. How committed are you to this 30-Day Miracle Challenge™?

1 2 3 4 5 6 7 8 9 10

2. How committed are you to living your DreamLife?

1 2 3 4 5 6 7 8 9 10

3. What has motivated you to commit to the 30-Day Miracle Challenge™?

4. List 1-3 Miracles you desire.

Day 1

Today's Lessons:

- How to connect to SourceLove
- The Quantum Breath™ (please see following pages for reference)

Daily Disciplines:

- Our Daily Prayer (please see following pages for reference)
- Your Miracle List
- The DreamLife Pledge™
- The DreamLife Mantras™ (please see following pages for reference)
- The Quantum Breath™
- Walk 'n Water (please see following pages for reference)
- List the insights & discoveries you've experienced today

Exercises:

- **Your DreamLife Vision™**
- **The Big 7 Self-Assessment**
- **Current Reality Form**
- **Miracle List 1-10 with details**

BBAM!

- \$10 dollar/month philanthropic commitment (please see following pages for reference)

Day 1

DreamLife Vision – What does your perfect DreamLife look like?

Write out as much detail as you can. Handwrite in blue ink on white paper (suggested length is one full page 8.5" x 11").

[illegible]



The Quantum Breath™

A micromeditation by James MacNeil

1



“I am present”

Breathe in deeply,
raise arms
to shoulder height
& hold breathe.

2



“I am centred”

Breathe out fully,
bring hands to
prayer position
& pause.

3



**“I am
connected to
SourceLove”**

Breathe in deeply,
raise your hands
to the sky
& hold breath.

4



“I become love”

Breathe out fully,
bring hands to
prayer position
& pause.

5



“I share love”

Breathe in deeply,
open hands
outstretched
& hold breathe.

6



“Thank you”

Breathe out fully &
bring hands to
prayer position.

The Big 7 Self-Assessment

On a scale of 1 (low) – 10 (high), rate yourself according to how **true** the following statements are when you apply each statement's significance to your life currently.

Circle the number that represents where you best fit on the scale

Family

I have a strong support network of related individuals whom I can lean on and go to for anything. We share experiences, learn from each other and share an unbreakable bond.

1 • 2 • 3 • 4 • 5 • 6 • 7 • 8 • 9 • 10

Friends & Fun

I have friends in my life that I can freely share my innermost thoughts and feelings with. Around them, I can be totally "Me". I can be "real".

1 • 2 • 3 • 4 • 5 • 6 • 7 • 8 • 9 • 10

Faith

I am at peace with my current state of progress on my spiritual journey and I'm excited to experience continued clarity, growth and development as this journey continues to unfold.

1 • 2 • 3 • 4 • 5 • 6 • 7 • 8 • 9 • 10

Fitness

I experience a high level of vitality and physical well-being. I practice good health habits, eat nutritious foods, get enough rest and relaxation, and exercise regularly.

1 • 2 • 3 • 4 • 5 • 6 • 7 • 8 • 9 • 10

Farm

I experience the utmost satisfaction from the work I do and the results that I produce and achieve daily.

1 • 2 • 3 • 4 • 5 • 6 • 7 • 8 • 9 • 10

Finances

I have the ability to create the wealth I need to fulfill my mission and greatest destiny. I earn the amount of money I need so that I'm not always worried about "money". I know I deserve to experience prosperity in my life...and I do!

1 • 2 • 3 • 4 • 5 • 6 • 7 • 8 • 9 • 10

"Fillanthropy" (Philanthropy)

I feel fulfilled and humbled as I look at the legacy my life will be leaving behind. I'm always looking for new ways to leave this planet in better shape than I found it and I continually strive for opportunities to contribute and invest in the planet and in people.

1 • 2 • 3 • 4 • 5 • 6 • 7 • 8 • 9 • 10

Current Reality Form

On the **left** side, please write your **current state** under each one of Life's BIG 7
On the **right** side, please write your **desired state** under each one of Life's BIG 7

Current State

Family

Friends & Fun

Faith

Fitness

Farm

Finances

"Fillanthropy" (Philanthropy)

Desired State

Family

Friends & Fun

Faith

Fitness

Farm

Finances

"Fillanthropy" (Philanthropy)

Our Daily Prayer

**SourceLove, thank you
for my blessed life,
this magnificent universe,
and this beautiful new day.**

**Please bless all living things
today with your Love, Grace,
and Abundance.**

**Please flow to me, and
through me, Infinite Love, Joy,
Peace, Purpose and
Prosperity.**

Amen

DreamLife Mantra™



**Everything is
Perfect**

&

**Everything is
Improving**

Walk n' Water

Walk

Walk slowly and silently outdoors for 10 minutes. Sense the rhythm of nature & connect with SourceLove “Now and Zen”.

Water

Drink a minimum of 10 glasses of clean water (approximately 2.5L).

BBAM™

Blessed Blessing Abundance Mentality

A central element in your Perfect DreamLife is your *Abundance Mentality*. That means accepting the truth that you are not a desperately weak victim struggling to survive but rather an ambassador of the abundant riches of infinite wealth and a *Blessed Blessing* on this earth.

You live in a perpetual state of “more than you need” and you remind yourself of this truth by giving generously of your Time, Talent & Treasure to meaningful causes, with no hope of reward.

Daily Disciplines Checklist

Everyday please complete the following daily disciplines.

- **The Daily Lesson / Recording**
- **Our Daily Prayer**
- **The DreamLife Manifesto™ * (reread, rework, rewrite)**
- **The DreamLife Pledge™**
- **The DreamLife Mantras™**
- **Your Miracle List**
- **The Quantum Breath™**
- **Walk (10min)**
- **Water (2.5L)**
- **The Pure Meditation Process™***
- **List the insights & discoveries you've experienced today**

- **The DreamLife Manifesto™ is taught on Day #2**
- **The Pure Meditation™ is taught on Day #3**

Day 2

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **Purifying Breath Exercise**

Inhale Light & Love and Exhale Tension & Toxicity.

- **DreamLife Mantra™**

"Everything is Perfect & Everything is Improving"

- **Affirmations**

Personal, present-tense, positive, powerful, proclamations.

Write out your list of miracles as affirmations.

- **DreamLife Manifesto™**

1. Reread, rethink, rewrite your DreamLife Vision
2. Add The DreamLife Pledge™
3. Add DreamLife Mantra™
4. Add Your Miracle List in affirmation form

Today's Exercise:

- **Forgiveness–The Purification Process™ :**

1. Write a long list of possible negative attachments
2. Choose one, or more, to forgive **today**
3. Write one forgiveness letter for each person. Articulate the full impact of this experience, without holding back. Clearly articulate that you have fully forgiven them
4. Burn these letters. DO NOT SEND THESE LETTERS TO ANYONE. This is an exercise only.
5. Complete forgiveness letters for ALL possible negative attachments before the end of the 30-Day Miracle Challenge™

Day 3

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

• Prayer

What is Prayer?

• Meditation

What is Meditation?

• The Pure Meditation Process™ Steps:

1. Sit or lay down in a relaxed-comfortable position
2. Eyes closed
3. Deep diaphragmatic breathing (calm & slow)
4. Relax your muscles
5. Introduce a Mantra (helps you focus)
6. Let Go / Become one with SOURCELOVE
7. Have a gentle alarm set to come back

Day 4

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **Desire Decoding Process will uncover your;**

1. Natural Desires_____
2. Unnatural Desires_____
3. Supernatural Desires_____

- **Desire Decoding Process Awareness**

STEP 1 - Be, Do, Have & Give

1. Be_____
2. Do_____
3. Have_____
4. Give_____

STEP 2 - 3-3-FREE

1. Three months_____
2. Three years_____
3. FREE of time limit_____

Day 4

STEP 3 - Life's BIG 7

F1 - Family _____

F2 - Friends & Fun _____

F3 - Faith _____

F4 - Fitness _____

F5 - Farm _____

F6 - Finances _____

F7 - "Fillanthropy" (Philanthropy) _____

Today's Exercise:

- **Write 30-things for which you are Grateful**
 - **Write 30-things you Desire**
 - **Use the Desire Decoding Process Sheet**
-
- NOTE: In the next couple of pages you will find supporting documents where you can write both lists (Gratitude List & Desires List)

Gratitude List

Write 30-things for which you are **Grateful**

[illegible]

Desire Decoding Process

STEP 1 - Write out 30 Desires

STEP 2 - Categorize them using the three boxes on the right

Term
Long
Med.
Short

Be
Do
Have
Give

Life's
Big
7

F1 - Family
F2 - Friends & Fun
F3 - Faith
F4 - Fitness
F5 - Farm
F6 - Finances
F7 - Fillanthropy"



Day 5

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **101 Desires**
- **2 Shocking Truths:**
 - **1. You have NO IDEA what you want...**
 - **2. You ALWAYS know what you want...**

Today's Exercise:

- **List 101 Desires on DDP Paper**

- NOTE: In the next couple of pages you will find supporting documents to write our 101 Desire List

F1 - Family
F2 - Friends & Fun
F3 - Faith
F4 - Fitness
F5 - Farm
F6 - Finances
F7 - Fillanthropy"



22

Term
Long
Med.
Short

Be
Do
Have
Give

Life's
Big 7

F1 - Family
F2 - Friends & Fun
F3 - Faith
F4 - Fitness
F5 - Farm
F6 - Finances
F7 - Fillanthropy



Term
Long
Med.
Short

Be
Do
Have
Give

Life's
Big 7

F1 - Family
F2 - Friends & Fun
F3 - Faith
F4 - Fitness
F5 - Farm
F6 - Finances
F7 - Fillanthropy



Day 6

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

• The Desire Decoding Process™

How to interpret our desires

- **STEP 1 - Short / Mid / Long**
 - Three Months
 - Three Years
 - Free of Time Limits
- **STEP 2 - Be / Do / Have / Give**
- **STEP 3 - Life Big's 7**
- **STEP 4 - Peel the Onion**
 - What's the benefit?
 - What does *that* give you?
- **STEP 5 - Abraham Maslow Hierarchy of Needs**
 - Safety, Security & Survival
 - Love & Acceptance
 - Forgiveness, Conscience & Grace
 - Purpose & Joy
 - Self-Actualization
 - Self-Transcendence, Peace
- **STEP 6 - Egoic Needs & Desires**
- **STEP 7 - Intuition**
 - Whispers from Your Soul

Today's Exercise:

- **Review & Interpret your 101 Desires**

Day 7

SABBATH

**Today is a rest day (there is no lesson today).
Please kindly complete the following daily disciplines.**

- **The Daily Lesson / Recording**
- **Our Daily Prayer**
- **The DreamLife Manifesto™** (reread, rework, rewrite)
- **The DreamLife Pledge™**
- **The DreamLife Mantras™**
- **Your Miracle List**
- **The Quantum Breath™**
- **Walk (10min)**
- **Water (2.5L)**
- **The Pure Meditation Process™**
- **List the insights & discoveries
you've experienced today**

Day 8

**BBAM!
Reminder**
Complete your \$10
dollar/month
philanthropic
commitment
for this Month.

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **New Mantra:**

"I am Living on-purpose & I am living on Schedule."

- **Quantum Visioning Meditation™:**

Today's Exercise:

- **Describe your Quantum Visioning Meditation™ Experience**

DreamLife Mantra™



**I Am
Living-On-Purpose
&
I Am On-Schedule**

Day 9

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **The Self Actualization Process™ Part 1**

"100% of All living things "Go For It""

- **The Heart of Hearts:**

- **Prime Directives (3):**

- **"I Am...":**

Today's Exercise:

- **Complete a full page on your notebook of "I Am" Statements.**

Day 10

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **The Spiritual Metabolization Process™**

"Experiences are the food of the soul..."

- **What is Metabolization?**

- **Everyday Ask**

- **1. For what can I be GRATEFUL?**

- **2. What are my INSIGHTS, DISCOVERIES & LESSONS?**

- **3. Who/What can I FORGIVE?**

Today's Exercise:

- **Take the time to apply and write the G.I.F. Process to your Day**

Day 11

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

**Please bless all living things today with your Love,
Grace, and Abundance.**

**Please flow to me, and through me, Infinite Love, Joy,
Peace, Purpose and Prosperity.**

Amen

Today's Lesson:

• The Power-of-Purpose Model™

1. What are the needs of this World?

Please write a minimum of 10-30 needs of this World

[illegible]

2. To which of them do I feel most emotionally connected to?

Please highlight or mark the ones you feel you most resonate with or "push your buttons".

3. What can I do?

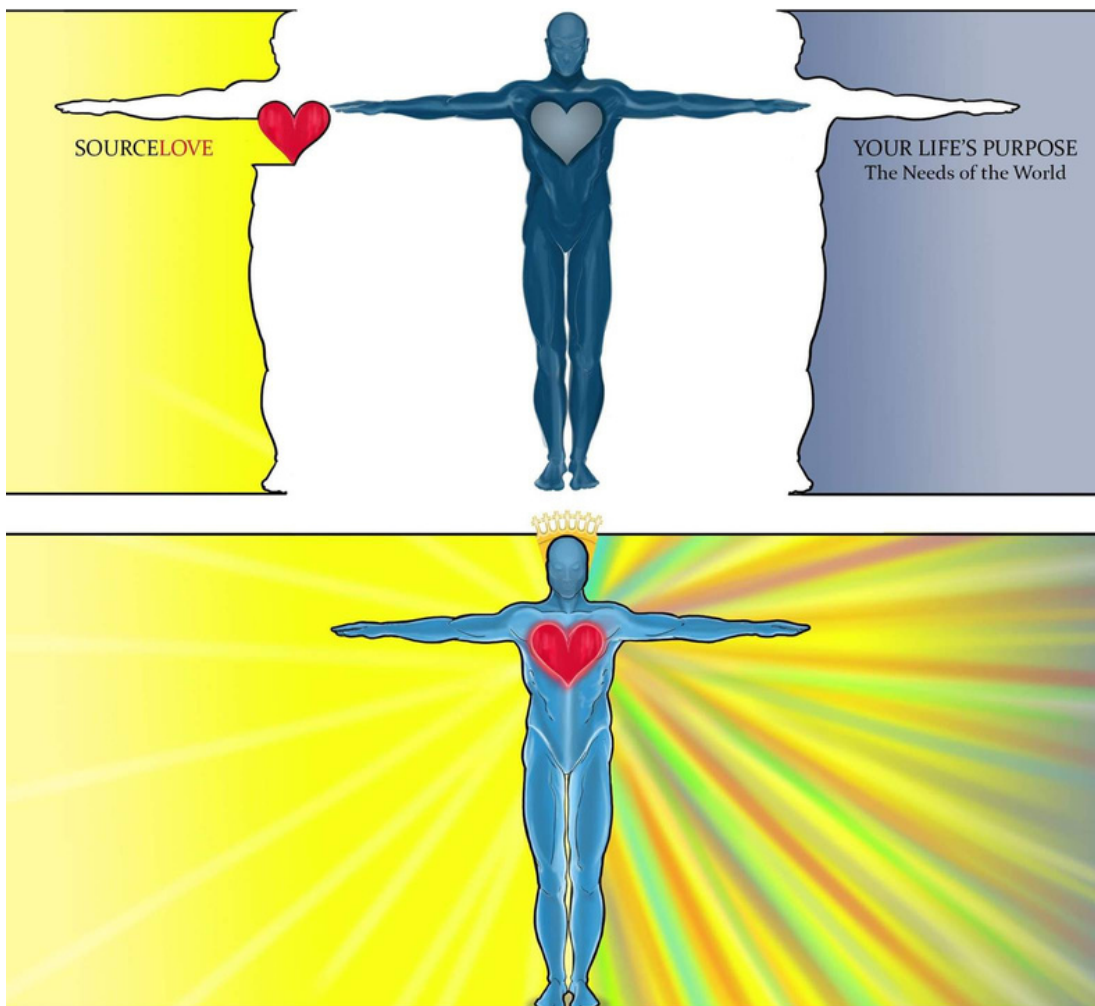
Please write what you are currently & realistically capable of doing

Day 11

4. What would I Love to be Able to Do?

Dream of what would you Love to have the power to do

• The Power of Purpose Model™



Day 12

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **Your Life Map™**

"You must have a functional philosophy"

- **Who am I? What do I want? & Why am I here?**

Today's Exercise:

- In your notebook, please write a full page answering the question:
 - "What is my Philosophy?"
 - Look at this entire Time/Space Experience and ask these Universal Questions:
 - Who?
 - What?
 - When?
 - Where?
 - Why?
 - How?

Day 13

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

• The Habit Elevation Process™

Drop one. Take up One. Every Month.

Today's Exercise:

1. 12 OLD Habits that were "NOT SERVING ME"

- ON YOUR NOTEBOOK, write 12 OLD Habits that are not serving you right now... Once you do, forgive yourself and destroy them (become aware of them).

2. 12 NEW Habits that "SERVE ME & MY DREAMLIFE"

- Write 12 Healthy Habits that support Your DreamLife Vision

3. Which NEW Habits are you going to EMBRACE this Month:

“Who Am I?”

I Am your constant companion.

**I Am your greatest helper or heaviest burden.
I will push you onward or drag you down to failure.**

I Am completely at your command.

**Half of the things you do you might as well turn over
to me and I will do them - quickly and correctly.**

**I Am easily managed - you must be firm with me.
Show me exactly how you want something done
and after a few lessons, I will do it automatically.**

**I Am the servant of great people,
and alas, of all failures as well.**

**Those who are great, I have made great.
Those who are failures, I have made failures.**

**I Am not a machine,
though I work with the precision of a machine
plus the intelligence of a person.**

**You may run me for profit or run me for ruin -
it makes no difference to me.**

**Take me, train me, be firm with me,
and I will place the world at your feet.**

Be easy with me and I will destroy you. Who am I?

I Am Habit.

Day 14

SABBATH

**Today is a rest day (there is no lesson today).
Please kindly complete the following daily disciplines.**

- **The Daily Lesson / Recording**
- **Our Daily Prayer**
- **The DreamLife Manifesto™** (reread, rework, rewrite)
- **The DreamLife Pledge™**
- **The DreamLife Mantras™**
- **Your Miracle List**
- **The Quantum Breath™**
- **Walk (10min)**
- **Water (2.5L)**
- **The Pure Meditation Process™**
- **List the insights & discoveries
you've experienced today**

Day 15

BBAM! Reminder
Complete your \$10
dollar/month
philanthropic
commitment
for this Month.

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **The Quantum Healing Meditation™**

**"100% of all that has happened
was there to make you Better not Bitter."**

- James MacNeil

- **Quantum Healing Meditation™ Steps:**

1. Gently get into a meditative state (relaxed)
2. Revisit a story that may have had a strong impact in your life.
Allow yourself to "be there"
3. Look at that version of yourself (experiencing that story)
4. With **WISDOM & A NEW PERSPECTIVE**, help the younger version of yourself experience what is happening.
5. Give **LOVE, UNDERSTANDING & ENCOURAGEMENT** to that version of yourself.
6. Revisit the experience from a larger perspective than your own and reconsider the experience of other people & circumstances.
7. Give yourself a **THANK YOU & HEAL** that story.

Today's Exercise:

- **Practice the Quantum Healing Meditation™ with something from your past**

We encourage you to start with smaller things and build up to the bigger ones.

"When you rewrite your past, you rewrite your Future."

- James MacNeil

Day 16

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **The DreamLife Manifesto Template™**

Today's Exercise:

- **Reread & Rewrite your DreamLife Manifesto using this new DreamLife Manifesto Template™**

(Please see next page for template)

The DreamLife Manifesto Template™

I am happy and grateful that:

Everything is Perfect and Everything is Improving
I Am Living-On-Purpose and I Am On-Schedule
I Am Living and Loving my Perfect DreamLife Now!
I Live in a Perpetual State of Love, Joy, Peace, Purpose and Prosperity
+ More DreamLife Mantras

DreamLife Pledge

I Am a Creative and Compassionate Spiritual Being
Currently Living in Physical Form
I Am Infinitely Valuable, Exquisitely Unique and Perfect in my Personhood
My Natural State is in Euphoric Connection to SourceLove and
Loving Connection to All Living Things

I Am Affirmations

Quality of life (Where, How, What?)

Life BIG 7's Affirmations

I'm grateful for... (Family-Love)
I enjoy... (Friends-Fun)
I treasure my... (Faith)
I feel vibrant and healthy now that... (Fitness-Health)
I'm happy that I... (Farm)
I'm proud that... (Finance)
I'm filled with Joy as I watch... (Filllanthrophy)

Success statements & Impact on others statements (why am I here?)

How I serve, influence and transform this planet

What do I want? (anything that hasn't shown up)

Extra cool Achievements, Acquisitions, Accomplishments,
and More for which you are Grateful

NOTE: Write in Positive, Present-Peace, Powerful, Personal language



Day 17

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

• The Self-Actualization Process™ Part 2

1. Self-Esteem:

2. Self-Image:

3. Self-Projection:

Today's Exercise:

1. Write your NEW & Improved Self-Esteem, Self-Image & Self Projection in your notebook.

(One page total)

2. On the 30-Day Miracle Challenge FB Group, please introduce yourself to the world with your NEW Self-Projection.

Please share your name, DAY # of the Miracle Challenge you are at (17) and announce to our loving community your NEW & Loving Self-Projection.

Day 18

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

• The Self-Actualization Process™ Part 3

1. The TRUTH about who you are OUTSIDE this TIME-SPACE CONTINUUM:

2. "Who Am I NOT?":

Today's Exercise:

1. Revisit your I AM statements and have an awareness of which one exist OUTSIDE, and which one exist INSIDE this TIME-SPACE CONTINUUM.

2. Write an entire new page of "Who Am I?".

- First - Write all the positive truths about yourself **THAT ONLY EXIST INSIDE THIS TIME-SPACE CONTINUUM**
- Second - Write all of the positive truths about yourself **NOT ATTACHED TO THIS TIME-SPACE CONTINUUM**

Day 19

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **The Self-Mastery Process™**
- **The Serenity Prayer**

"God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference."

- Reinhold Niebuhr

What is Self-Mastery?:

The Self-Mastery Process™

- 1. NON-Resistance (Calm-Confidence)**
- 2. Responsibility (You are Responsible to the Degree you are able to Respond)**
- 3. Self-Discipline (Give Yourself a Command & Obey it)**

Today's Exercise:

Write down 3-5 NEW positive Self-Disciplines you command yourself to obey:

Day 20

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **Your Perfect Day Meditation™**

What is your Perfect DreamLife Day:

**"The more you make it real, the more you make it REAL."
- James MacNeil**

Today's Exercise:

- **Once you have written your Perfect DreamLife Day, go into a meditative state and imagine your Perfect DreamLife Day.**

Day 21

SABBATH

**Today is a rest day (there is no lesson today).
Please kindly complete the following daily disciplines.**

- **The Daily Lesson / Recording**
- **Our Daily Prayer**
- **The DreamLife Manifesto™** (reread, rework, rewrite)
- **The DreamLife Pledge™**
- **The DreamLife Mantras™**
- **Your Miracle List**
- **The Quantum Breath™**
- **Walk (10min)**
- **Water (2.5L)**
- **The Pure Meditation Process™**
- **List the insights & discoveries
you've experienced today**

Day 22

**BBAM!
Reminder**
Complete your \$10
dollar/month
philanthropic
commitment
for this Month.

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **The Wealthy-by-Nature Formula™**

1. I am Wealthy by Nature:

2. I live in the Money-Zone:

3. Is it Right?:

4. Self-Actualization & Money:

5. Add meaning to Money for Motivation:

6. My Prosperity Purpose:

7. I Am a Good Money Steward:

Today's Exercise:

- **Write out:**

1. Your past story / relationship with MONEY

2. Why you should be entrusted with Wealth / Abundance

Day 23

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

**Please bless all living things today with your Love,
Grace, and Abundance.**

**Please flow to me, and through me, Infinite Love, Joy,
Peace, Purpose and Prosperity.**

Amen

Today's Lesson:

• Learning List & Skills Development Plan

"You can't HAVE IT, if you can't HANDLE IT."

- James MacNeil

Today's Exercise:

Make a list of 10-15 activities & knowledge you commit to learning to SUPPORT your DreamLife:

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Day 24

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **The Transcendent Mind Process™**

1. Awareness of Limiting Beliefs

2. How to Transcend Limiting Beliefs:

- **Rewrite**

- **Reframe**

- **Rethink**

Today's Exercise:

- **Create a list of Self-Limiting beliefs and go through The Transcendent Mind Process™ by Rewriting, Reframing and Rethinking each one of them**

Day 25

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **Goal setting & A.S.A.P. (As Soon As Perfect)**

Setting Goals:

- **Measureable**

- **Positive**

- **Clear, concise & singular**

- **Time Limit on your part**

Today's Exercise:

- **Write out 3 GOALS you can accomplish and control within the next:**
 - **3 months**
 - **3 years**
 - **FREE of time**

Day 26

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **The Prayer of Attraction**TM

Please see following page for The Prayer of AttractionTM

The Prayer of Attraction™

Thank You, SourceLove for my Perfect DreamLife!
Thank You for this Magnificent Universe and Thank You for this beautiful day.
Please bless All Living Things with Your Love, Grace and Abundance.
Please flow to me, and through Me Infinite Love, Joy, Peace, Purpose & Prosperity.

Thank You that:

Everything is Perfect and Everything is Improving
I Am Living-On-Purpose and I Am On-Schedule
I Am Living and Loving my Perfect DreamLife Now!
I Live in a Perpetual State of Love, Joy, Peace, Purpose and Prosperity

Thank You that:

I Am a Creative and Compassionate Spiritual Being
Currently Living in Physical Form
I Am Infinitely Valuable, Exquisitely Unique and Perfect in my Personhood
My Natural State is in Euphoric Connection to SourceLove
and Loving Connection to All Living Things

Thank you that "I Am Affirmations"

Quality of life (Where, How, What?)

Life BIG 7's Affirmations

Thank You for... (Family-Love)
Thank You that I enjoy... (Friends-Fun)
Thank You for Our Connection wherein I... (Faith)
Thank You that I feel vibrant and healthy now that... (Fitness-Health)
Thank You that I... (Farm)
Thank you for Blessing me with... (Finance)
Thank You that I have the honour of... (Fillllanthropy)

Success statements & Impact on others statements (why am I here?)

Thank you for allowing me to (serve, influence and transform this planet)

What do I want? (anything that hasn't shown up)

I'm over the moon grateful for (these Achievements, Acquisitions, Accomplishments, and More) and More for which you are Grateful

NOTE: write in Positive, Present-Peace, Powerful, Personal language



Day 27

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

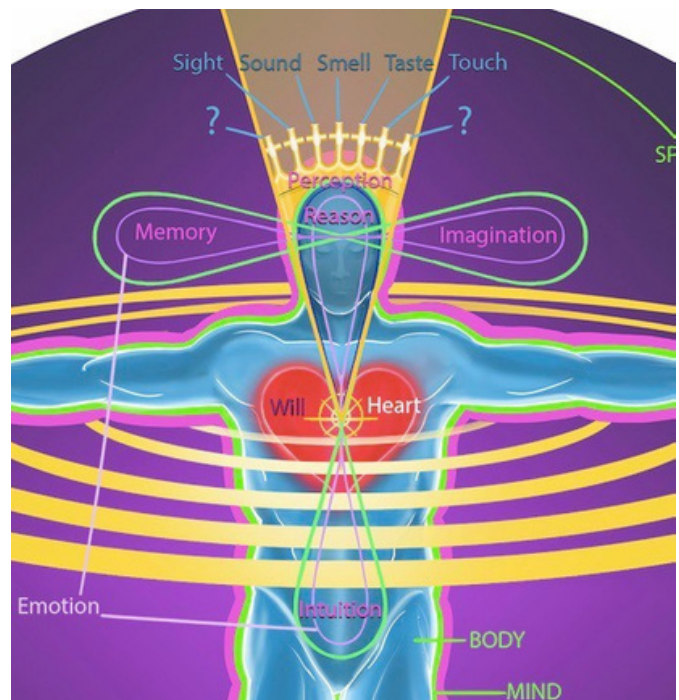
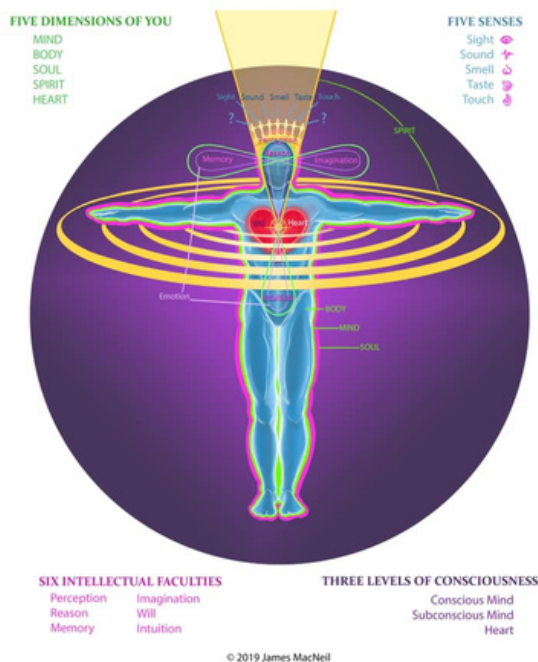
Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

• Your Spiritual Anatomy Map™



Today's Exercise:

- Write our 10 miracle-memories from your life that prove that miracles happen and are in your life.

Day 28

SABBATH

**Today is a rest day (there is no lesson today).
Please kindly complete the following daily disciplines.**

- **The Daily Lesson / Recording**
- **Our Daily Prayer**
- **The DreamLife Manifesto™** (reread, rework, rewrite)
- **The DreamLife Pledge™**
- **The DreamLife Mantras™**
- **Your Miracle List**
- **The Quantum Breath™**
- **Walk (10min)**
- **Water (2.5L)**
- **The Pure Meditation Process™**
- **List the insights & discoveries
you've experienced today**

Day 29

BBAM! Reminder
Complete your \$10
dollar/month
philanthropic
commitment
for this Month.

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

• The Quantum Leap Formula™

1. Level of Beliefs:

2. Incongruent Beliefs & Incongruent Desires:

3. 3 Primer Directives + 3 Questions:

a. Self-Actualization – Is it ME?

b. Conscience – Is it RIGHT?

c. Survival – Is it REAL?

Today's Exercise:

- Look at you DreamLife Manifesto and on a separate sheet of paper write the answer to the three questions:

- Is it ME?
- Is it RIGHT?
- Is it REAL?

Day 30

Our Daily Prayer

SourceLove, thank you for my blessed life, this magnificent universe, and this beautiful new day.

Please bless all living things today with your Love, Grace, and Abundance.

Please flow to me, and through me, Infinite Love, Joy, Peace, Purpose and Prosperity.

Amen

Today's Lesson:

- **The DreamLife GPS™**

"Roughly 80% of your results come from only 20% of your behaviors."

- Alfredo Pareto

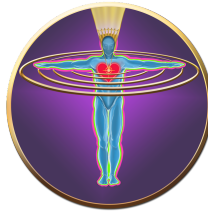
Gratitude:

Preparation:

Service:

Today's Exercise:

- **Look at you DreamLife Manifesto and on a separate sheet of paper write how you can allow Gratitude, Preparation & Service into your DreamLife Manifesto**



THANK YOU

for completing the 30-Day Miracle Challenge.™
Please remember that:

You are here not here to just "make it",
You are here to MAKE IT BETTER"

JOIN US in the DreamLife Tribe Membership which includes
the complete Pure Spiritual Intelligence Course
(12 Chapters) and much more!

Join now at:

<https://jamesmacneil.com/psi>